



*Educating Children of Color Summit*  
Colorado College – Colorado Springs  
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## MINDFUL REFLECTION AS A PROCESS FOR DEVELOPING CULTURALLY RESPONSIVE PRACTICES

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### AGENDA

Introduction

Responding to Cultural Differences in the Classroom  
Behavior Problem Checklist (activity)

Understanding Culture  
What is Culture?  
Dimensions of Variability  
Respecting Diversity – Mindfulness

Checking Our Assumptions  
Attribution Theory  
Mindful Reflection Process

Wrap-up

**STUDENT BEHAVIOR CHECKLIST**

Attention/Order	Personal/ Emotional	Interpersonal/ Social	Adult Relation/ Authority	School Adaptation	Language
<ul style="list-style-type: none"> <li>• Short attention span</li> <li>• Distractible</li> <li>• Talks excessively</li> <li>• Daydreams</li> <li>• Unable to wait turn</li> <li>• Loud and noisy</li> <li>• Constant need for stimulation</li> <li>• Hyperactive</li> <li>• Demands immediate gratification</li> <li>• Disorganized</li> <li>• Unable to stay on task</li> <li>• Appears confused</li> </ul>	<ul style="list-style-type: none"> <li>• Sad/Unhappy</li> <li>• Nervous/Anxious</li> <li>• Shy/Timid</li> <li>• Short tempered</li> <li>• Poor self-confidence</li> <li>• Extreme mood changes</li> <li>• Cries easily</li> <li>• Unusual mannerisms or habits</li> <li>• Fearful</li> <li>• Easily excitable</li> <li>• Inappropriate emotional responses</li> <li>• Immature</li> <li>• Toileting problems</li> <li>• Difficulty in adjusting to new situations</li> <li>• Cruel</li> <li>• Uncooperative</li> <li>• Loses control</li> <li>• Overreacts</li> </ul>	<ul style="list-style-type: none"> <li>• Has few friends</li> <li>• Verbally aggressive</li> <li>• Denies responsibility for actions</li> <li>• Instigates misbehaviors in others</li> <li>• Easily influenced</li> <li>• Bossy</li> <li>• Demands attention</li> <li>• Inconsiderate</li> <li>• Selfish</li> <li>• Lies</li> <li>• Steals</li> <li>• Jealous</li> <li>• Can't keep hands to self</li> <li>• Manipulates others</li> <li>• Suspicious</li> <li>• Cannot handle criticism</li> <li>• Avoids competition</li> <li>• Prefers to be alone</li> <li>• Physically aggressive</li> </ul>	<ul style="list-style-type: none"> <li>• Talks back to adults</li> <li>• Intimidated by authority</li> <li>• Overly anxious to please</li> <li>• Passively uncooperative</li> <li>• Distrustful of adults</li> <li>• Refuses to accept limits</li> <li>• Defiant</li> <li>• Ambivalent toward adults</li> <li>• Uses profanity</li> <li>• Clings to adults</li> <li>• Overly dependent</li> <li>• Seeks constant praise</li> <li>• Rebellious</li> <li>• Needs teacher direction and feedback</li> </ul>	<ul style="list-style-type: none"> <li>• Disrupts other students</li> <li>• Speaks out of turn</li> <li>• Does not complete assignments</li> <li>• Cannot work independently</li> <li>• Copies other's work</li> <li>• Exerts little effort</li> <li>• Lacks interest/apathetic</li> <li>• Frequently tardy or absent</li> <li>• Gives up easily</li> <li>• Cannot manage time</li> <li>• Lacks drive</li> <li>• Disorganized</li> <li>• Unable to tolerate change</li> <li>• Sporadic academic performance</li> <li>• Makes excuses</li> <li>• Destructive</li> <li>• Does not initiate</li> <li>• Needs reminding</li> </ul>	<ul style="list-style-type: none"> <li>• Speaks excessively</li> <li>• Speaks infrequently</li> <li>• Uses gestures</li> <li>• Speaks in single words or phrases</li> <li>• Refuses to answer questions</li> <li>• Does not volunteer information</li> <li>• Comments inappropriately</li> <li>• Poor recall</li> <li>• Poor comprehension</li> <li>• Poor vocabulary</li> <li>• Difficulty sequencing ideas</li> <li>• Difficulty sequencing events</li> <li>• Unable to tell or retell stories</li> <li>• Confuses similar sounding words</li> <li>• Poor pronunciation</li> <li>• Poor syntax/grammar</li> </ul>

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