



Nature's Life Project

At Nature's Life Project we care & are passionate about human well-being, fitness & health and see them as inseparable from the well-being & health of our planet. It is maybe challenging to change policies and unite governments to achieve net zero, but many things are achievable via our actions and choices. Programs dedicated to act as a catalyst of change via united, diverse and conscious actions in human habits from the heart of the cause, building climate resilient communities person by person family by family to achieve faster change. We do not need to wait for catastrophes and illnesses to make different choices and achieve change.

The nature's laws of compensation wisdom and balance are: "Where the cause there is effect" and "Where the will there is a way"

Achieving net zero, sustainability and diversification to solve global hunger



- ▶ The UN reports that the world is not on track to solve Sustainable Development Goal #2 of achieving Zero Hungry by 2030. Global population is projected to reach 8 billion by November 2022 nearly 10 billion by 2050. We are passionate about achieving net zero and ending hunger - and it is has never been so important as the population continues to grow and the world experiences turbulent times. Our current system of raising meat is destroying the planet along with vehicle and plastic pollution, and a worldwide innovation continues to compete to find a new way to provide sustainable and nutritious food to help solve global hunger solution is an old approach and maybe not as easy solution as one think. Although food innovation maybe useful for the future it will not be solution we need
- ▶ While the current system dismisses the importance and influence of NatalDNA diet and continues to believe we need more food, accelerated ageing in young people is progressing as fast as climate change, leading to a faster decline, which will inevitably cause illnesses that are usually developed in older age to appear in the younger generation. Global diseases, severe mental health, physical disability and pandemics are result of DNA deformation via food source and indication of net zero emergency on toxicity overload within human body which will only grow to a point where the balance tips. There will be fewer healthy people who are inevitably unable to sustain those who are unwell. The economy inevitably will crash, if there are not enough healthy people to sustain it. Just like the health condition of the planet is at breaking point, the health condition of the human race urging for the system to restore the wisdom of harmony, balance and nature's given building blocks of life among all.
- ▶ Humans are the only creatures on the planet who are seriously lost track of NatalDNA nature's given food diet. Imagine dolphins or other animals having manmade processed food for breakfast and drinking fizzy drinks. In contrast, their primary food is fish, and their fluid is water. What would happen to their health and ability to use 30% of their brain or keep their ultrasonic abilities should they move to a manmade diet? Imagine lions consuming zebra or other animals 3 to 5 times per day instead of once every 27 hours as nature intended? The Law of nature: overconsumption of anything breaks the rules of order and balance, creating chaos and resulting in high waste toxicity. Humanity, too been gifted with nature-given, individually allocated food composition to avoid hunger and promote health. Just like CO₂ accumulates in the atmosphere and harms the planet, waste and toxicity are created and accumulated within the human body due to the wrong diet for them. One is not hungry because more food is needed, but because the incorrect food composition is consumed, causing a clash of elements and self-inflicted deficiencies, which further results in the cell's hunger signalling for more food on repeat, inevitably causing the flood of food continuously within the body, these will leave no time to self-recycle, illuminate waste and repair, leading into accelerated ageing and early decline. The same applies to the need for water and the principles of hydration. The answer lies not in more food and more fluids but in the culture of conscious eating where less is more, with unique food composition for each NatalDNA genome. Consuming an exact recipe of ingredients the type of Genome needs in the correct frequency and order will create a natural balance between the elemental supply chain, time to recycle old and repair for new. The same principles are visible in the health of the planet. Naturally, When we create and bury into the ground more waste than the earth has the capacity and ability to recycle, inevitably, we asking for nutritional deficiencies within the soil. It is simply unable to repair in time to produce nutritional elements, inevitably causing the system to struggle to cope, resulting in the crash of nourishing abilities and laps of the ecosystem. Natural elements should always exceed manmade ones. As for the climate emergency, THE BEST TIME TO take notice and to act was 30 years ago, and THE SECOND BEST TIME IS NOW. Humanity, too, has to connect to Gaia's reality because we are no different to worms in playing our part in the ecosystem. Gaia's reality is the reality of human health heading directly for mass extinction as in the eyes of nature we became pests.



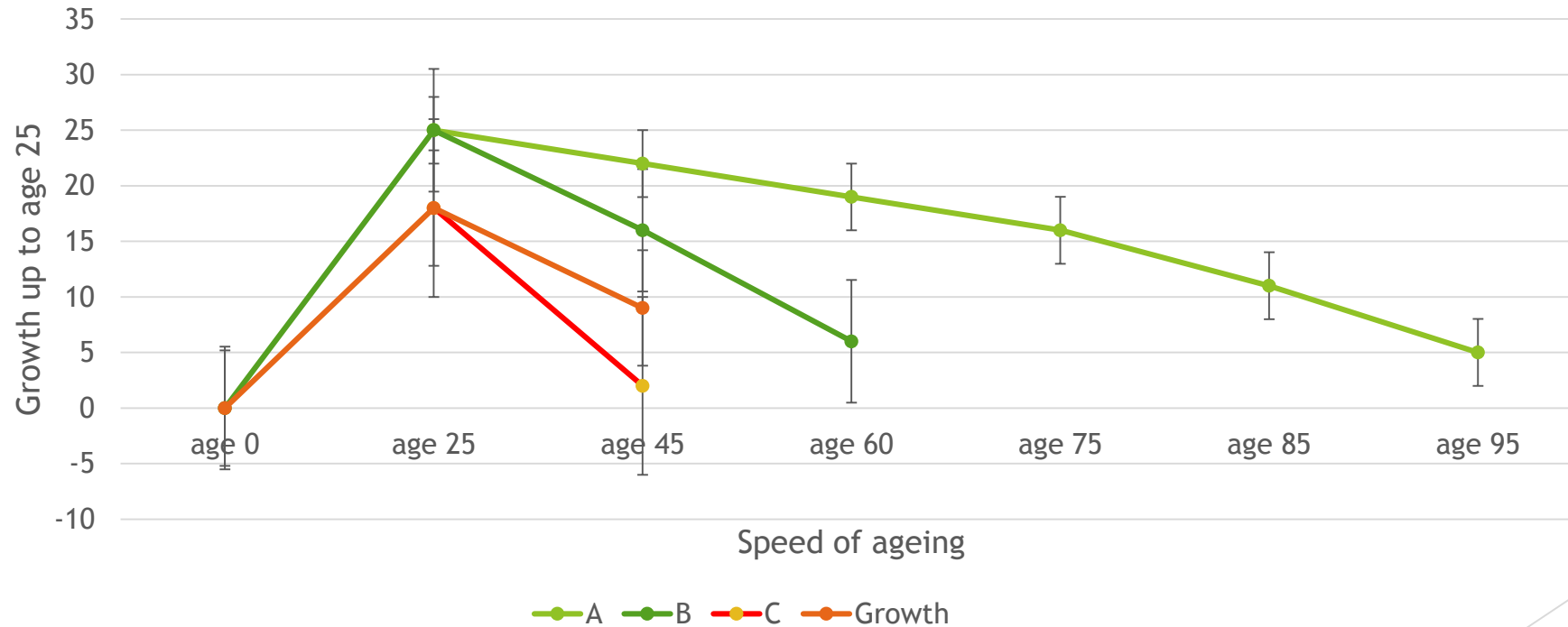
Project Outline

The Vision and The Solution

- ▶ Within the last decade, more young adults come to my practice with the signs of accelerated ageing and the same health conditions in their 20th that their parents have in their mid 40th. What it means is when we overlook particulars we miss the bigger picture: when we get excited over early development in a child, we do not consider accelerated ageing, which inevitably will lead to early decline. If nothing is done, already existing mental health, fertility and disability issues will only get bigger and numbers will increase until the balance tilts to pass net zero in human body where humanity can lose abilities to produce healthy children and have no working class with mental abilities to use fancy tech we create. These are already happening and visible in recruitments and will only grow. Please see the chart on the next page.
- ▶ At Nature's project we care and are passionate about human health and the health of this planet. All conditions start from within. We are the cause, and we are the solution. Our health resembles the planet's health, and our habits, behaviour and values correspond to the environment. "Where the cause there is an effect." While we now finally understand the urgency of climate action, we have yet to discover that the tip of the 'iceberg' is accelerated ageing and a fast decline in human health among the population exceeding those capable of working, especially in the younger population, resulting in early illnesses, mental health, disabilities and so on, which we cannot fix with a magic pill. Change has to start now.
- ▶ The solution program has been developed, tested and created to regain abilities to connect with nature ways at heart on ego-centric and world centric levels, accelerate and elevate personal growth, educate and change habits naturally and almost immediately at the root of the cause, grow and sustain itself nationally and globally. The program intends to act as a catalyst of change creating a ripple effect of health transformation for humanity and the climate from the heart of the cause.
- ▶ The model is designed by people for people where systems take an individual approach, create balance, promote reasonable and conscious living, remove what does not serve, focus on wellness for humanity and the planet. We are not for profit CIC with adoptable strategies for partnerships worldwide, which will help to restore the harmony and the balance between human health's and planet's health contributing to the Net Zero the fastest way possible.

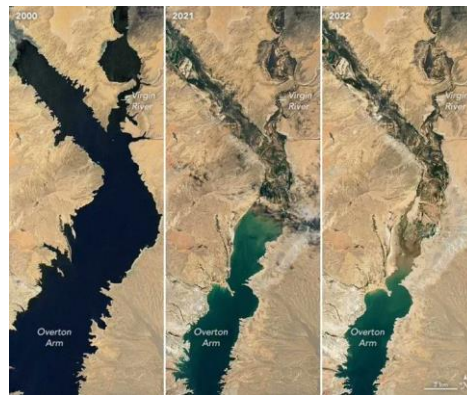
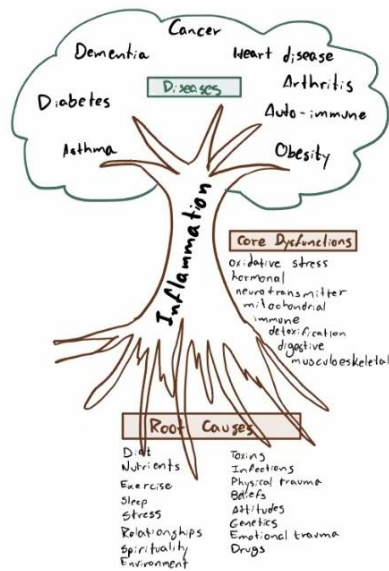
Early development or accelerated ageing
 Definition and factors that influence steep & speed of decline.
 Entanglements among Nutrition & Genetics. Solution and Action
 steps towards reversibility

Speed & Line of Ageing driven by wrong nutritional choices



Nature = Human Health.

1. Abundance of food without knowledge of personal NatalDNA food composition result in malabsorption of nutrients into the cells which inevitably cause higher deficiencies reducing human abilities to relate or connect to nature including abilities to understand urgency. Malabsorption result in inflammation, rarely determined by blood test. Planet has the same problem with soil accumulation of chemicals + plastic in land faster than its breakdown
2. Inflammation inevitably cause accumulation of waste and toxicity overload within human body. The same visible within natural and ocean life by rise of acidity.

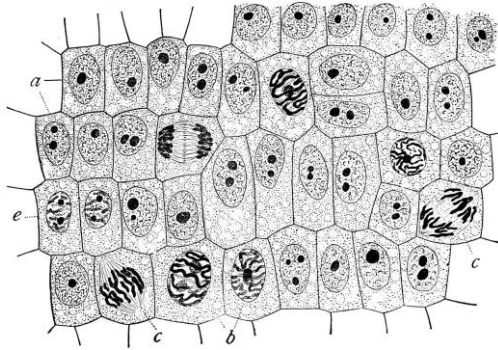


Human Health = Nature Health.

1. Next time you see an image of sea life swimming among plastic understand it is exactly what is happening inside your body only to your cells and your biological network of cells fighting for their life and trying to survive searching for nutrients within the mass of elements they do not understand
2. Inflammation inevitably cause accumulation of waste and toxicity overload within human body. The same visible within natural and ocean life by rise of acidity.



NatalDNA Food = Planet Health + Human Health.





Health - Skin - Weight Management - Ageing

Project offers innovative and transformative approach into many human habits on many levels, inevitably creates restorative ripple effect on the health of the planet and overview, behaviour and choices of future humanity. Our aims is to subsidise costs for families with low income, schools and pre natal education for conscious conception.

Nature's Life project offers three main branches:

1. NatalDNA Health and Longevity: Protocols and NatalDNA food composition tests are of holistic and scientific nature. Natural origin offering easy implementation and promote results via natural root. Suitable for all ages including children, pre-existing health conditions where possible. Includes well-being and self care therapeutic programs as preventative, restorative and rehabilitation. Re-wild for humanity
2. Skin4Life none invasive - anti-ageing wellness: self operated, membership based model. Available for health clubs, hotels and clinics
3. Many conditions begin in the womb as a result of clash of elements i.e. agricultural chemicals, E numbers and wrong food compositions. Many foods provide rusting effects on human body where by accumulation over time, just like CO2 causes defects. NatalDNA for Natal Health - provide Natal health education to promote nurturing of healthy and conscious reproduction: pre conception, pregnancy and post natal guidance. The Essence of this branch is to restore reproductive health and quality of holistic and natural pass ways to human health and life style in children

Further information on the project, integration, technical findings and project financials can be provided upon request.