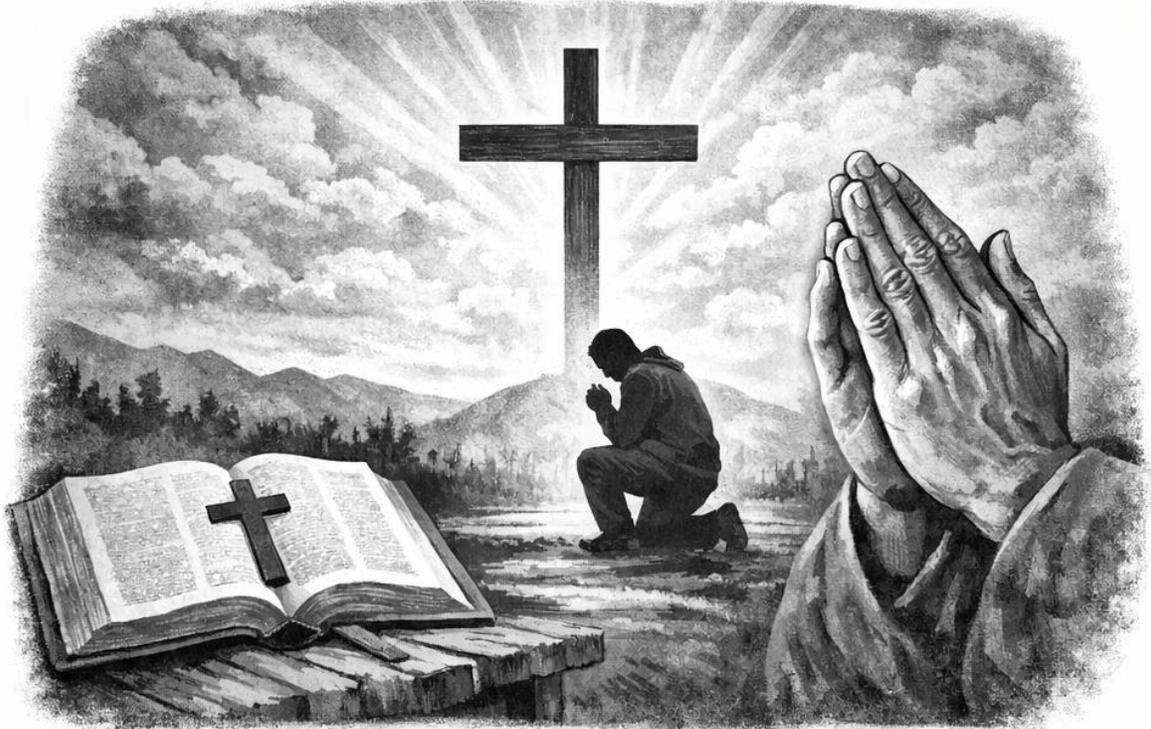


21 DAY

FAST & CONSECRATION

WEEK 1: MARCH 01 - MARCH 07, 2026



CHRISTIAN FELLOWSHIP CHURCH

GLOBAL MINISTRIES

Prayer Each Night 8:00 - 9:00PM

ZOOM: ID Code - 440 502 1378

Pass Code - Master

cfcgmi.org

21 DAY FAST, PRAYER, AND CONSECRATION

MARCH 01, 2026 to MARCH 21, 2026

FAST:

The Daniel Fast is a 21-day, plant-based partial fast based on biblical scripture (Daniel 10:2-3) designed for spiritual focus, prayer, and fasting. It consists of fruits, vegetables, whole grains, legumes, nuts, and seeds, while strictly eliminating all meat, dairy, sugar, artificial sweeteners, processed foods, leavened bread, caffeine, and alcohol.

- What to Eat: All fruits (fresh, frozen, dried, or canned in juice), all vegetables, whole grains (brown rice, oats, quinoa), legumes (beans, lentils), nuts, seeds, and healthy oils (olive, avocado)
-
- What to Avoid: All animal products (meat, fish, eggs, dairy), sweeteners (honey, sugar, stevia), refined/processed foods, deep-fried foods, leavened bread, solid fats (butter, margarine), and solid fats.
-
- **Beverages:** Water is the primary drink, with NO tea or coffee
-
- How many times a day do you eat on a Daniel Fast? Since the Daniel Fast is considered a partial fast, that means **it doesn't limit how many meals you choose to eat or how frequently you eat throughout the day**
-
- No, you cannot eat eggs on a traditional Daniel Fast because they are an animal product, and the fast is a vegan-based spiritual discipline that restricts all meat, dairy, and eggs.
-
- **PLEASE AVOID SOCIAL MEDIA ENTERTAINMENT AND T.V. EXCEPT JOB RELATED WORK**

PRAYER CHALLENGE

READ & MEDITATE: Beginning with PROVERBS Chapter 1 read a chapter a day.

BIBLE STUDY: 1 HOUR EACH DAY - CFCGMI.ORG

PRAYER: 8:00PM each night on ZOOM

DAY 1

THE PURPOSE OF CONSECRATION

Consecration means:

- the action of making or declaring someone sacred.
- setting apart or dedicating someone or something for a sacred purpose or to God, separating it from the profane or unclean.
- removing oneself from worldly distractions, sin, or anything that hinders a relationship with a holy God, creating space to hear His voice.
- a complete surrender and devotion to God's will, laying down personal agendas to pick up His.

The word “**consecration**” is in the **Old Testament**, “**sanctification**” is used in the **New Testament**.

What does **sanctification, sanctify, sanctified mean:**

In **your own words, why is sanctification important to believers:**

John 17:15-19,

What does Jesus sanctify the disciples from and why:

What does Jesus use to sanctify the disciples and why:

How does Jesus demonstrate the importance of being sanctified:

1 Thessalonians 5:22 – 24

In this scripture who carries out the process of sanctifying believers and why:

What part of the believer is being sanctified:

How do believers participate in the process of being sanctified:

What is the goal of sanctification:

What are the costs of sanctification:

What are the benefits of sanctification:

What **do you need to have sanctified from your life:**

Prayer:

Father, I ask you to open my eyes and understanding to recognize the things and people I need to separate from my life. Help me come before you with a sincere heart and desire to come closer to you. In Matthew 7:7 it says: "Ask and it shall be given..." I am asking to experience the sanctifying power of the Word and the Spirit, in my body, soul and spirit.

I can't blame anyone else for my distance from you in my heart. Please forgive me for all sinful acts, thoughts and things that have kept me from loving you fully. Help me let go of affections and desires that interfere with genuine devotion to you.

Lord, I am grateful for your promise to forgive me of all my sins through my faith in Jesus Christ and His blood that was shed for me. Your grace and mercy have been released in my life and heart. I can't earn anything and definitely don't deserve your love and favor. I thank you for all your Son Jesus has done for me. Amen

DAY 2

SINCERE REPENTANCE

Matthew 27:3-5 KJV Then Judas, which had betrayed him, when he saw that he was condemned, **repented himself**, and brought again the thirty pieces of silver to the chief priests and elders, (4) Saying, I have sinned in that I have betrayed the innocent blood. And they said, What is that to us? see thou to that. (5) And he cast down the pieces of silver in the temple, and departed, and went and hanged himself.

Repentance:

- the action of repenting; sincere regret or remorse.
- a profound, heart-centered change involving sorrow for sin, a shift in mindset and attitude, and a determined turning away from wrongdoing to God, resulting in transformed actions, seeking forgiveness, making amends, and pursuing a holy life.

The text says, Judas repented:

What was right about his repentance:

What was wrong with his repentance:

Luke 24:45 – 48

According to Jesus, what is foundational to make repentance effective:

What are the 4 things Jesus said about repentance in vs. 47

Acts 11:15-18

What was a sign that the family of Cornelius repentance had been accepted by GOD:

Why does repentance play such a critical role in experiencing this sign:

Acts 20:20, 21

What and why is the proper direction of repentance and faith:

Acts 26:19, 20

What are the 3 steps Paul says that he received in a vision to preach:

What does “works meet for repentance” mean and why is it important:

What are examples of works meet for repentance:

ROMANS 2:1-4

How and why do the believers finally understand their need for repentance:

In **your personal experience** what the LORD used to lead **you** to repentance.

What **do you** need to repent for but have refused, and why:

Prayer:

Our Father in heaven, I thank you for your great mercy that has sustained me through all the years of my life when I was living in disobedience to your word. It is by your grace that I have come to accept your truth about the way I was living. Sin had ruled in my life, but now I am free from sin by the blood of Jesus. It is the blessing of your love that has changed my life and destiny. I am grateful that you have brought me to repentance and deliverance for my sins. Amen.

DAY 3

CALLING IS ESSENTIAL

1 Peter 2:9-10 KJV But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that **ye should shew forth the praises of him who hath called you** out of darkness into his marvellous light: (10) Which in time past were not a people, but are now the people of God: which had not obtained mercy, but now have obtained mercy.

CALLED, pp. Invited; summoned; addressed; named; appointed; invoked; assembled by order; recited.

Why are we called:

What should our response be to being called:

What are believers called to:

John 10:3-5

What does Jesus say about the called:

How are the called distinguished from the others:

Ephesians 4:1-3

What is expected of the called:

What does it mean to walk worthy of the vocation:

Explain why each of these qualities important:

What is the difference between this call and the call in 1 Peter 2:9, 10

1 Corinthians 1:25-29

What is the message of this text:

Why is it important for the believer to understand the roll and purpose of GOD in calling them:

Philippians 3:13-15

What are 2 critical qualities essential to reach the expectations that come with our calling:

Why is it a danger not to have these qualities:

2 Timothy 1:7-9

For the called to experience the full benefits of the calling what must be believed:

What is the basis for the calling:

What type of calling is it and what is it designed to accomplish in the called:

Why **do you** believe or why don't you believe you are called:

How **do you** view your calling:

What do **you** need to experience the full benefits **of your calling**:

Can **you** identify anything or anyone that is hindering **you** from following the call given by the LORD:

2 Peter 1:3-11

- **Read, reread, reread again, and meditate on this scripture**

What insight to **your calling do you** receive from this text that will change your attitude:

Prayer:

Gracious and holy Father, I thank you for the wonder of your glory and the majesty of your power. I have benefited from your love and compassion. Grant me the wisdom to live in agreement with your will for my life.

Open my eyes to see the beauty of your perspective in the affairs that impact my destiny. Help me surrender and submit to the call you have issued to me. I desire to please you and experience a divine impartation of the Holy Spirit.

Guide me into a more intimate relationship with you and mature into a faithful, obedient believer in your Son Jesus Christ. Reveal to me the blessedness of honoring the call you have placed before me. I thank you for life, health, peace and joy in Christ Jesus. Amen.

DAY 4

RENEW YOUR MIND TO TRANSFORM & CONFORM YOUR LIFE

- ‡ Conform means to adapt to a pattern or mold. Transform means to change from one thing into another entirely.
- ‡ Conformity is outside-in (external pressure shapes behavior). Transformation is inside-out (internal renewal changes actions).

Romans 12:1-2 KJV I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. (2) And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Transform:

- make a thorough or dramatic change in the form, appearance, or character
- a profound, internal change of nature and character, from the inside out, like a caterpillar becoming a butterfly (metamorphosis), rather than just outward behavior change; it's about becoming like Christ through the power of the Holy Spirit, renewing the mind and aligning one's being with God's will, often described as being "born again" or a "new creation".

What is the difference between “changing the mind” and “renewing the mind”.

Why is the body important for the process of transformation:

Why is the mind vital to transformation:

Which is the most difficult **for you**, “presenting your body” or “renewing your mind” and why:

Romans 8:26-29

Conform:

- to be shaped or molded to a specific pattern

What is the role of the Holy Spirit in the believer's conforming to the image of Christ:

What mindset must the believer have to experience true conformation:

What are the 2 perspectives the believer must maintain during the process of conformation:

In **Romans 12:1, 2**, what is the goal:

In **your life**, how are **you** experiencing the process of transformation:

In **Romans 8:26-29**, what is the goal:

How do **you** view **yourself** when compared to the image of Christ:

Philippians 4:8, 9

Read and meditate

Prayer:

Lord you are the only wise God and Father that has birth us into your kingdom. Give me the understanding that flows from your Spirit to navigate successfully through this life. I pray for an impartation of spiritual knowledge to correctly honor your presence in my life. Open the windows of heaven and fill me with the glory of your divine power.

Make me a new creation through the Spirit of Christ in me. Strengthen me to resist the temptations and seductions of the enemy. Search my heart and mind to reveal anything that is resisting your will for my life. I surrender and submit to your will in Jesus' name. Amen.

DAY 5

THE BEAUTY OF GOD'S GRACE

Ephesians 2:1-9 KJV And you hath he quickened, who were dead in trespasses and sins; (2) Wherein in time past ye walked according to the course of this world, according to the prince of the power of the air, the spirit that now worketh in the children of disobedience: (3) Among whom also we all had our conversation in times past in the lusts of our flesh, fulfilling the desires of the flesh and of the mind; and were by nature the children of wrath, even as others. (4) But God, who is rich in mercy, for his great love wherewith he loved us, (5) Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;) (6) And hath raised us up together, and made us sit together in heavenly places in Christ Jesus: (7) That in the ages to come he might shew the exceeding riches of his grace in his kindness toward us through Christ Jesus. (8) For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: (9) Not of works, lest any man should boast.

Grace:

- the free unmerited love and favor of God, the spring and source of all the benefits men receive from him.
- the unmerited favor and free gift of God's love, forgiveness, and blessing, given to humanity despite being undeserved and unearned.

According to this scripture, why is GOD'S grace so important:

What was the condition of all humans before coming to Christ:

What makes anyone worthy of GOD'S grace:

What is the purpose of GOD'S grace:

Hebrews 4:14-16

What is the throne of grace:

What is the purpose of the throne of grace:

Who benefits from the throne of grace and why:

Romans 3:23-26

What does justification mean:

Why is grace important for the believers' justification:

What does redemption mean:

What does propitiation mean:

Why is grace so critical in all these aspects of the believers' deliverance:

How does GOD'S grace impact **your** relationship with GOD:

Ephesians 2:1-9 KJV

Prayer:

Spend time meditating, pondering and expressing gratitude for the wonder and blessings of GOD'S grace.

DAY 6

UNITY WITH CHRIST JESUS

2 Corinthians 5:17-21 KJV Therefore if any man be **in Christ**, he is a new creature: old things are passed away; behold, all things are become new. (18) And all things are of God, who hath reconciled us to himself by Jesus Christ, and hath given to us the ministry of reconciliation; (19) To wit, that God was in Christ, reconciling the world unto himself, not imputing their trespasses unto them; and hath committed unto us the word of reconciliation. (20) Now then we are ambassadors for Christ, as though God did beseech you by us: we pray you in Christ's stead, be ye reconciled to God. (21) For he hath made him to be sin for us, who knew no sin; that we might be made the righteousness of God in him.

"In Christ":

- describes the intimate, spiritual union between a believer and Jesus, where the individual is identified with His death, resurrection, and righteousness.
- Believers are spiritually joined with Jesus, making them members of His body. It means God sees the righteousness of Christ rather than the individual's imperfections.

Explain, a new creature:

What does it mean, "old things are passed away":

Explain, "all things are become new":

What does reconcile mean:

Why is reconciliation important to unity with Christ:

What does this phrase mean, "that we might be made the righteousness of God in him":

Romans 8:1, 2

What is the benefit of being “in Christ”:

Define condemnation:

Why is condemnation a threat:

Is there another means of escaping condemnation, if so, how:

Is it possible to be a carnal believer and experience condemnation:

Is it possible to experience condemnation in this life and not in eternity:

2 Corinthians 11:3, 4

What is he believers’ responsibility to maintain unity with Christ:

What are somethings **you** have listened to that may have interfered with **your** unity with Christ:

Galatians 3:25-29

Prayer:

Father help me remain unified with you by the gospel of Jesus Christ. May my fellowship with my LORD grow stronger and stronger each day. Manifest your presence in my life until the light of the Spirit of Christ shine brightly in me and through me. Reveal to me the wonder of the blessings of being in Christ Jesus. Amen.

DAY 7

THE BELIEVERS' CONFESSIONS

Matthew 10:32-33 KJV Whosoever therefore shall confess me before men, him will I confess also before my Father which is in heaven. (33) But whosoever shall deny me before men, him will I also deny before my Father which is in heaven.

Confess:

- to openly acknowledge, agree with God, or declare the truth, particularly regarding one's sins or faith in Jesus Christ.
- It is not just admitting an action, but agreeing with God's perspective on it, resulting in repentance.

Why does Jesus demand that we be willing to confess about our relationship with Him:

Why is the confession of relationship with Jesus public:

Romans 10:8-11

Why is the heart important to confession of faith in Jesus:

Why is the mouth important to confession of faith in Jesus:

1 John 1:7-10

Why is confession of sin critical to believers:

Who is the believer making confession of sin to and why:
