



**JIU-JITSU**  
— ACADEMY —

# Weekly Academy Calendar

● Little Champs 5-6 Jiu-Jitsu ● Kids 7-9 Jiu-Jitsu ● Juniors 10+ Jui-Jitsu ● Adult Jiu-Jitsu ● Judo

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30am							<b>Kids &amp; Juniors Judo</b> 9:30am - 10:30am
10:00am						<b>Open Mat</b> 10:00am - 11:30am	<b>Adult Judo</b> 10:30am - 12:00pm
11:30am	<b>Adult Gi</b> 11:30am - 12:30p	<b>Adult Gi</b> 11:30am - 12:30p	<b>Adult Gi</b> 11:30am - 12:30p	<b>Adult NoGi</b> 11:30am - 12:30p	<b>Adult Gi</b> 11:30am - 12:30p		
4:15pm	<b>Little Champs &gt; Gi</b> 4:15pm - 5:00pm	<b>Little Champs &gt; Gi</b> 4:15pm - 5:00pm	<b>Little Champs &gt; Gi</b> 4:15pm - 5:00pm	<b>Little Champs &gt; NoGi</b> 4:15pm - 5:00pm			
5:00pm	<b>Kids &gt; Gi</b> 5:00pm - 5:45pm	<b>Kids &gt; Gi</b> 5:00pm - 5:45pm	<b>Kids &gt; Gi</b> 5:00pm - 5:45pm	<b>Kids &gt; NoGi</b> 5:00pm - 5:45pm			
5:45pm	<b>Juniors &gt; Gi</b> 5:45pm - 6:30pm	<b>Juniors &gt; Gi</b> 5:45pm - 6:30pm	<b>Juniors &gt; Gi</b> 5:45pm - 6:30pm	<b>Juniors &gt; NoGi</b> 5:45pm - 6:30pm			
6:30pm	<b>Adult Gi</b> 6:30pm - 8:00pm	<b>Adult Gi</b> 6:30pm - 8:00pm	<b>Adult Gi</b> 6:30pm - 8:00pm	<b>Adult NoGi</b> 6:30pm - 8:00pm	<b>Adult Judo</b> 6:45pm - 8:00pm		