

A teal-colored circle is positioned behind the word "Level" in the text "Level 1".

Level 1

REASONABLE
EXPECTATIONS



Reasonable Expectations

REASONABLE:

fair and sensible; as much as is appropriate.

EXPECTATION:

a state of thinking something should happen a certain way.

"The *truth* is, we all know what it's like to have other people expect great and impossible things from us. We all know what it's like to fail miserably and repeatedly at those unreasonable expectations, leaving us scarred on the inside."



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Reasonable Expectations

1. FAMILY RULES

2. INDIVIDUAL FREEDOM TO CHOOSE

3. ACCOUNTABILITY VS. RESPONSIBILITY

4. REDEMPTION : A WAY BACK



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Reasonable Expectations

REDEMPTION

ACCOUNTABILITY

AGENCY

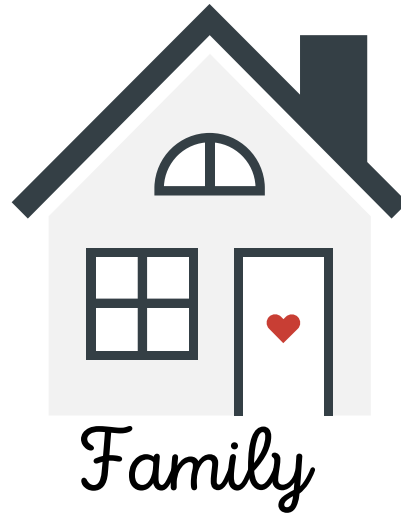
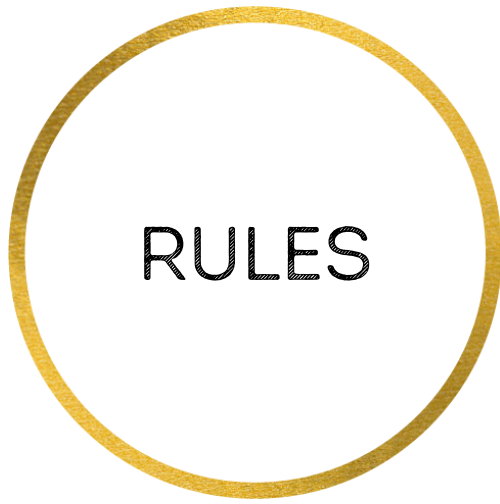
RULES



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Reasonable Expectations



1. REQUEST & RESPOND
(INSTEAD BEING BOSSY, AND IGNORING)
2. USE KIND WORDS
(KEEP YOUR HANDS TO YOURSELF)
3. LET OTHERS CHOOSE FOR THEMSELVES
(WITHIN SAFETY BOUNDARIES)
4. EAT RAINBOW FOODS (BEFORE JUNK FOOD)
5. SLOW DOWN (THINK BEFORE REACTING)

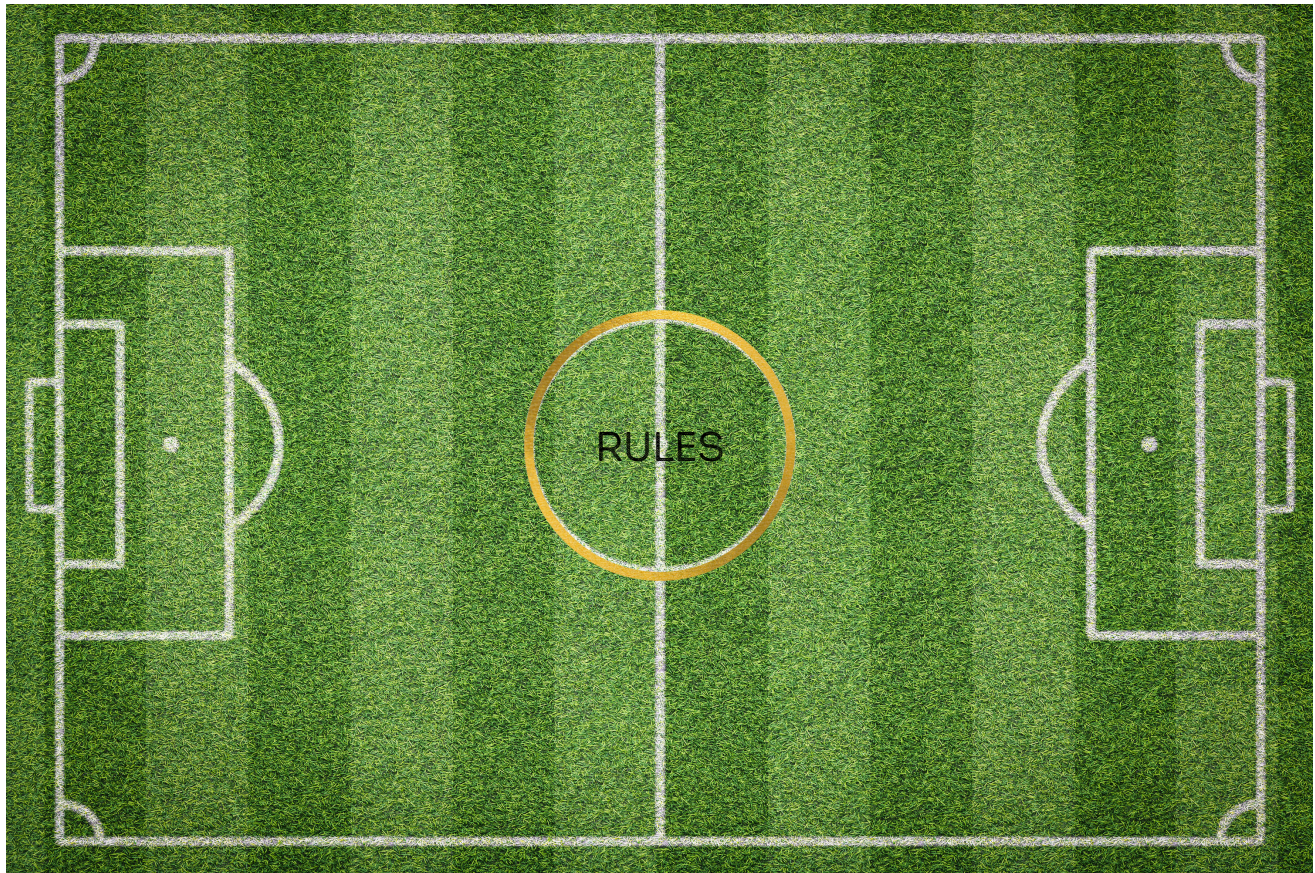


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Reasonable Expectations

PARENTS SHOULD ACT AS A REFEREE; CALLING FOULS, AND ENFORCING BOUNDARIES AND CONSEQUENCES...



DURING THE "PLAY" IS NOT THE TIME TO LECTURE. NEVER BLAME OR SHAME! KIND AND LOVING TEACHING SHOULD BE DONE BY EXAMPLE AND DURING FAMILY MEETINGS AND OTHER TEACHING MOMENTS.



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Reasonable Expectations



"AS PRECIOUS AS LIFE ITSELF IS
OUR HERITAGE OF INDIVIDUAL
FREEDOM, FOR MAN'S FREE AGENCY
IS A GOD-GIVEN GIFT."

(David Q. McKay)



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R Reasonable Expectations



"PARENTS OFTEN ROB THEIR CHILDREN OF AGENCY BECAUSE OF WELL MEANING, BUT UNREASONABLE EXPECTATIONS. THE ONLY TIME A PARENT SHOULD INTERFERE IS WHEN SAFETY IS THREATENED , OR RESPECTFUL BEHAVIORS OR RULES ARE BEING VIOLATED. "



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R Reasonable Expectations

ACCOUNT-
ABILITY



"YOU HAVE AGENCY, AND YOU ARE FREE TO CHOOSE. BUT THERE IS ACTUALLY NO FREE AGENCY. AGENCY HAS ITS PRICE. YOU HAVE TO PAY THE CONSEQUENCES OF YOUR CHOICES."

(Dieter F. Uchtdorf)



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Reasonable Expectations



A WAY BACK.

NO MATTER WHAT, THERE IS ALWAYS
A WAY TO COME BACK FROM ANY
MISTAKE AND BE FORGIVEN.



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True or False

1. It's always reasonable to be kind.
2. It's always reasonable to feel *any* emotion; positive or negative.
3. It's always reasonable to make mistakes.
4. It's always reasonable to apologize and to be forgiven.



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True or False

1. It's always reasonable to be kind.

TRUE

2. It's always reasonable to feel *any* emotion; positive or negative.

TRUE

3. It's always reasonable to make mistakes.

TRUE

4. It's always reasonable to apologize and to be forgiven.

TRUE



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