Tumbles Academy Progression Chart

PRE-SCHOOL

PRE SCHOOL (2 -4yrs)

GYMNASTICS

STAGE 1 (Level 5 & 6)

STAGE 2 (Level 7 & 8)

STAGE 3 (Level 9 & 10)

PRE-SQUAD

FLIPSTARS (min age 5)

TWISTARS (min age 6)

TUMBLING

STAGE 1

STAGE 2

STAGE 3

CLUB

NDP

Gymnasts in any programme may transition to tumbling or take it as a second class. Placement would be evaluated based on tumbling skill level

ACADEMY

NOVICE

INTERMEDIATE

ADVANCED

Progress from one level to the next:
1. Required scores achieved in current level
2. Required skills mastered for level being entered

CLASSIC

TIN (min age 7)

ZINC (min age 8)

COPPER (min age 9)

National Levels

BRONZE (min age 10)

SILVER (min age 12)

GOLD (min age 14)

FIG (English, British)

OTHER PROGRAMMES

NINJA GYMNASTICS

ACROBATIC GYMNASTICS

TUMBLES