



Queensbury
Veterans of Foreign Wars
Post 6196 and Auxiliary
QVFWP6196.org

Volume 33 Issue 8

August 2025
Mike Varmette, Commander
Kelly Sweet, Editor
Rebecca Sweet, Co-Editor

VFW Messenger

Commander's Message

Loyalty, Honor, Service

Comrades,

I hope everyone had a safe and Happy Independence Day!

State of the Post: Various outside small fixtures are taking place this month. If interested please contact us. Tuesday Night Bingo is going well but we could use a couple of volunteers to help sell cards, work the floor and set-up. Secondly, if there are any volunteers to help with our bottle collection, clean up or just help around the Post, let us know!

August Calendar Highlights!

Aug 5th, 12th, 19th, 26th **VFW Bingo** Every Tuesday (Doors Open at 4pm, selling at 5pm, games start at 6:30pm)

Aug 7th – WIC 11-5pm.

Aug 7th – You're Not Alone 6pm.

Aug 8th – WIC 8-5pm.

Aug 11th – Veteran's Lunch 11:30-1:00

Aug 11th – **Post/Aux Meeting 6:30pm**

Aug 14th & 28th – Veteran's Group 3-5pm

Aug 14th – **Military Appreciation Day** at Saratoga Race Track Free for Veteran

Aug 17th – [Fan Club](#) Show 2-6pm

Aug 21st – Cornhole Amateur Tournament 5-8pm

Aug 22nd – S'mores 6-8pm

Aug 23rd – Polsun's Show 5-10pm

THE DATE HAS CHANGED FOR THE POST BBQ! Post BBQ September 14th!!!!!!

Other planned events so far: Women's Pool League, Cornhole, Friday Night Dinners, Bingo, Canteen Football Nights, Dart League, etc., more to follow!

We are looking at two Poppy Drive Events: Adirondack Balloon Festival and Texas Roadhouse. We will need volunteers, let us know

Until we all get together again, my wish is for everyone to have a safe and enjoyable August with family and friends! See you at our next event.

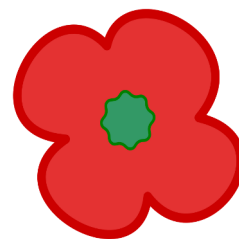
Commander Mike Varmette





Auxiliary Message

Unwavering Support For Uncommon Heroes



Lest We Forget.

Hello Brother and Sister,

As summer is underway, I hope that everyone is enjoying their summer. The weather has been warm, but it is time to enjoy family and friends. I hope everyone one takes a moment out of their gatherings to thank the one that paid the ultimate sacrifice so we all can enjoy this freedom. Now that being said let's move onto some fun facts...

Francis Scott Key wrote the Star-Spangled Banner. After witnessing the British bombardment of Fort McHenry, he was enthralled to see the American Flag still flying over the fort at day-break. He wrote the poem originally entitled Defense of Fort McHenry which became the Us National Anthem in 1913.

August 2, 1776 in Philadelphia, most of the 55 members of the Continental Congress signed the parchment copy of the Declaration of Independence.

August 2, 1990, the Iraqi Army invaded Kuwait amid claims that Kuwait threatened Iraq's Economic existence by over producing oil and driving prices down on the world market. This resulted in Desert Shield, the massive, allied military buildup and later known as the 100 Hour War against Iraq, Desert Storm.

August 5 President Abraham Lincoln signed into law the first Federal Income Tax, A three percent tax on incomes over 800.00 dollars, as an emergency war time measure during the Civil War. However, the tax was never actually put into effect.

August 18, 1920, the 19th Amendment to the Us Constitution was ratified, granting women the right to vote.

Now on to our Auxiliary business:

During our last meeting Membership was discussed, Membership is down so if you know anyone that qualifies for the VFW or the Auxiliary please encourage them to join. There are applications in the Memorial Room and the mailboxes feel free to hand them out.

Also, the Post picnic is coming up in September, so we need to start thinking on how we are going to support the post.

We also need three new community heads so please consider signing up to be one.

At this time, I would like to congratulate two members of our Auxiliary for 45 plus years of service. Thank you, Lillian Phinney and Lillian Wood, for their dedication and hard work over the years. It was an honor to hand these two ladies their 45-year pin. Thank you again.

I would also like to thank everyone that takes time out of their day to support the post. Cleaning, preparing the food, doing the dishes and supporting all the activities that goes on.

In closing I hope each and every one of you are enjoying summer. So please stay safe and healthy.

Bob Brooks
Auxiliary President

Email bobylov@frontiernet.net

Cell 518-683-2458

Home 518-696-5265





WE HAVE BINGO TUESDAYS !!!!

Regular Tuesday Night Bingo!!

For August @ 6:30 pm

5th, 12th, 19th, 26th

Food and Snacks available

Come and enjoy yourself!

VFW MOTTO

"Honor the dead by helping the living"

VFW POST DONATIONS

July 2025 Total: \$425.00

NYS Sheriff's Institute	\$100.00
High Peaks Hospice	\$100.00
ACTT Naturally	\$225.00

AUXILIARY DONATIONS

July 2025 Total: \$0.00

\$0.00



CHAPLAINS CORNER

All Members,

Mary Jo White is our Post Chaplain. You can reach her via the Post phone number 518-793-7535.

Auxiliary Chaplain is Kathleen Hayward. She can be reached at 518-858-6018

Please remember those of our members who reside in area Nursing facilities. Keep our ill comrades and sisters in your prayers.

If you know of any member in distress or that needs cheering, you can always leave a message at the Post by calling 518-793-7535.

If you hear about anyone who is having health problems (VFW or AUX) please use one of the above numbers or the Chaplains box to let us know. There is a very good chance that we do not know about it. Our Chaplain will be glad to send a get well card to a member or a sympathy card to the families.

RESERVATIONS FOR HALL RENTAL

Post Office: 518-793-7535

Diane Perry: 518-636-8470

FARMERS' MARKET NUTRITION PROGRAM (FMNP)

Not every farmer or vendor at the market will accept FMNP coupons. Look for vendors with the sign that says, "We Gladly Accept New York State Farmers' Market Coupons." You can also contact the market to ask if they participate in the nutrition program. Coupons can be used at any market that accepts FMNP.

Important Dates:

September 30th-Last day to pick up Farmers' Market coupons

WARREN COUNTY	HAMILTON COUNTY
<p><u>Bolton Landing Farmers' Market</u></p> <p>7 Goodman Ave, Bolton Landing Fridays starting June 27 to September 5 9:00am-1:00pm www.boltonlandingfarmersmarket.com</p> <p><u>Chestertown Farmers' Market</u></p> <p>6307 State Route 9, Chestertown Wednesdays starting June 11 to September 10 10:00am-2:00pm www.facebook.com/chestertownfarmersmarket.com</p> <p>Accepts: FMNP coupons</p> <p><u>Glens Falls Farmers' Market</u></p> <p>South Street Pavilion, Glens Falls Saturdays Starting June 7 8:00am-12:00pm Accepts: FMNP coupons/Fresh Connect/SNAP *Check website for winter schedule* glensfallsfarmersmarket.com</p> <p><u>Lake George Village Farmers' Market</u></p> <p>1 Canada St, Lake George Wednesdays starting June 18 to August 20 3:00pm-7:00pm</p> <p><u>North Creek Farmers' Market</u></p> <p>21 Railroad Pl, North Creek Thursdays starting June 19 to September 18 2:00pm-5:30pm www.northcreekfarmersmarket.org Manager: Beth Maher Contact: 518-251-5210 Accepts: FMNP coupons</p> <p><u>Warrensburgh Riverfront Farmers' Market</u></p> <p>180 River Street, Warrensburgh Fridays starting May 30 to October 10 3:00pm-6:00pm www.facebook.com/people/Warrensburgh-Riverfront-Farmers-Market/ Manager: Teresa Whalen Contact: 518-466-5497 Accepts: FMNP coupons</p>	<p><u>Indian Lake Community Farmers' Market</u></p> <p>6345 NYS Route 30, Indian Lake Saturdays starting July 5 to September 27 10:00am-2:00pm www.facebook.com/IndianLakeFarmersMarket Manager: Jennifer Bine Contact: 703-533-2436</p> <p><u>Long Lake Farmers' Market</u></p> <p>Mt. Sabattis Lower Parking Lot, 6 Pavilion Rd, Long Lake Thursdays June 26 to August 28 10:00am-2:00pm www.mylonglake.com/event/farmers-market/ Contact: 518-624-3077</p> <p><u>Speculator Farmers' Market</u></p> <p>2834 Route 30, Speculator Thursdays starting June 19 to September 4 12:00pm 4:00pm www.facebook.com/SpeculatorChamber Contact: 518-548-4521 Accepts: FMNP coupons</p> <p>Information gathered from www.adirondackharvest.com</p> <p><u>OFA Farmers' Market Coupons Outreach Events*</u></p> <p>*Dates are subject to change</p> <p>7/8/2025 1:00-3:00pm Solomon Heights 7/10/2025 11:30-1:00pm Cedars Meal Site 7/11/2025 11:30-1:00pm White Water Manor 7/15/2025 11:00-12:00pm Village Green Apts 7/15/2025 11:30-1:00pm Wells Meal Site 7/18/2025 3:00-5:00pm Warrensburgh FM 7/24/2025 10:30-11:30am Cronin Hi-Rise 7/24/2025 12:00-1:00pm Stichman Towers 7/29/2025 11:30-1:00pm Indian Lake Meal Site TBD 10:00-12:00pm Chestertown FM</p>



Have you joined us for Cornhole?

AUGUST 21st

5-8pm



Each month we host a Veterans lunch for all veterans. Please come join us next month and meet other fellow local veterans. Our next lunch is on

August 11th at 1130am



SARATOGA
MILITARY APPRECIATION DAY
Presented by **RIVERS**
THURSDAY, AUGUST 14
FREE ADMISSION FOR ACTIVE MILITARY AND VETERANS
Special ceremonies, military groups on track, Demonstrations, and more!
NYRA.COM

A photograph of three sailors in white uniforms standing in front of a red background.




Queensbury Veterans of Foreign Wars

Post 6196 and Auxiliary

32 Luzerne Road

Queensbury, New York 12804

518-793-7535

qvfw6196.org

UNWAVERING SUPPORT



FOR UNCOMMON HEROES™



August 2025

Pray for our troops at home and overseas

God Bless America

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>Tuesday Bingo: Doors Open-4pm Card Sale-5pm Calling-6:30pm</i>			1	2
3	4	B I	6	7 WIC 11AM-5 pm "You're Not Alone" 6 pm	8 WIC 8AM-5 pm	9
10	11 Veteran's Lunch 11:30—1pm VFW/AUX MTG 6:30pm	12 N G	13	14 Veteran's Group 3-5PM Military Appreciation Day at Saratoga Race Track	15	16
17 Fan Club 2PM	18	19 O 5	20	21 Canteen Amateur Cornhole 5PM	22 SMORES 6-8PM	23 Polsun's Country Show 4-10pm
24/31	25	26 P M !	27	28 Veteran's Group 3-5PM	29	30

“Calm Seas and Fair Winds”

FAREWELL

Jay W. Jennings

Warren County Veterans' Services Outreach Initiative... “You Are NOT Alone”

We will be collecting items for “care” boxes to be sent to Soldiers currently serving overseas. Below is a list of needed items for the “care” boxes. Usually two boxes are sent to every soldier every month but supplies are low, especially with food and fun items.

It would be extremely helpful if you could drop off your items ~ 1340 State Route 9, Human Services Bldg., Lake George NY 12845, **Monday - Friday from 10am - 4pm.**

It's important to donate items that are **Individual Sized** that will fit in a postal box and that a soldier can put in his/her pockets and take with them on missions.

~ You Are NOT Alone ~

Troop Support Group

Support Our Troops! Every Day! Every Mission!

* If you know someone serving overseas, please contact Rob McAvoy directly at the address or phone number listed.

**Monetary donations are accepted: Donations are used to cover postage. Please make checks payable to: VFW Post 6196 (in the memo write You Are Not Alone - Troop Support Group) and send to the address listed above.*

Boxes are packed the 1st Thursday of every month at 6pm at VFW Post 6196 ~ 32 Luzerne Road, Queensbury NY 12804. **Contact person: Rob McAvoy 518.338.8758.**

CONTACT INFORMATION

Commander	Mike Varmette	540-379-4212	tmvarmette@gmail.com
Qmstr.	Keith Lotich	518-793-7535 (post)	kalotich@yahoo.com
Service Off.	Denise DiResta	518-761-6342	direstad@warrencountyny.gov
Adjutant	Kelly Sweet	518-879-6655	luvkel@yahoo.com
President	Bob Brooks	518-683-2458	robertebrooksiii@gmail.com
Treasure	Bobbye Cauffiel	518-645-8474	mosher8099@aol.com

Queensbury VFW Post 6196
32 Luzerne Road
Queensbury, New York 12804

Non-Profit Org.
U.S. Postage
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Glens Falls, New York
Permit No. 37

