



**Queensbury
Veterans of Foreign Wars
Post 6196 and Auxiliary
QVFWP6196.org**

Volume 34 Issue 8

August 2026
Mike Varmette, Commander
Kelly Sweet, Editor
Rebecca Sweet, Co-Editor

VFW Messenger

Commander's Message

Loyalty, Honor, Service

Comrades,

I hope everyone had a safe and Happy Independence Day!

State of the Post: Various outside small fixtures are taking place this month. If interested please contact us. Tuesday Night Bingo is going well but we could use a couple of volunteers to help sell cards, work the floor and set-up. Secondly, if there are any volunteers to help with our bottle collection, clean up or just help around the Post, let us know! This month we will be installing new carpet (Aug 5th and 6th), in the Canteen and our next Post improvement.

August Calendar Highlights!

Aug 4th, 11th, 18th, 25th VFW Bingo Every Tuesday (Doors Open at 4pm, selling at 5pm, games start at 6:30pm)

Aug 6th – WIC 11-5pm.

Aug 6th – You're Not Alone 6pm.

Aug 10th – Veteran's Lunch 11:30-1:00

Aug 10th – Post/Aux Meeting 6:30pm

Aug 16th – [Fan Club](#) Show 2-6pm

Aug 20th – Cornhole Amateur Tournament 5-8pm

Aug 22nd – Canteen Karaoke 6-10pm

Aug 28th – Canteen Ladies Nite 5-10pm

POST BBQ! Post BBQ September 12th!!!!!!

Other planned events so far: Cornhole, Friday Night Dinners, Bingo, Canteen Football Nights, Dart League, etc., more to follow!

We are looking at two Poppy Drive Events: Texas Roadhouse. We will need volunteers, let us know

Until we all get together again, my wish is for everyone to have a safe and enjoyable August with family and friends! See you at our next event.

Commander Mike Varmette





Auxiliary Message

Unwavering Support For Uncommon Heroes



Lest We Forget.

Hello Brother and Sister,

I hope this finds everyone well, and enjoying the Summer.

On to some fun facts.

1941 the first Jeep rolled off the assembly line.

In 1990 the World Wide Web was conceived.

1934 Adolf Hitler declares himself the Führer.

1884 workers lay the cornerstone for the Statue of Liberty on Bedloe's Island

1924 Little Orphan Annie comic strip debuts.

1957 American Bandstand hosted by Dick Clark premieres.

1945 U.S. Warships drop the Atomic Bomb on Hiroshima, Japan.

1944 Smokey the Bear debuts as the spokesperson for wildfire prevention.

1914 The Panama Canal officially opens.

1872 Montgomery Wards issued the first mail order calendar.

In 1866 the Civil War was formally declared over by President Andrew Jackson.

The flowers of the month are Gladiolas and Poppys.

Now on to the Auxiliary Business:

First off please do not talk about our meetings to the VFW until I have a chance to talk to the Commander. We need to start using the chain of command properly. If something needs to be convened to the post commander please let me present it. If someone has something to say to the Commander, come to me first. As the Auxiliary President it is my position to take it up to the Commander.

August 14th, the National President of the Auxiliary, along with the State President and other officers will be at the Post around 6pm for a supper that we are hosting so please come and support this event.

Thank you all for helping around the Post. Please stay healthy and enjoy your Summer.

Thank You.

Bob Brooks

Auxiliary President

Email bobyluv@frontiernet.net

Cell 518-683-2458





WE HAVE BINGO TUESDAYS !!!!

Regular Tuesday Night Bingo!!

For August @ 6:30 pm

4th, 11th, 18th, 25th

Food and Snacks available

Come and enjoy yourself!

VFW MOTTO

"Honor the dead by helping the living"

VFW POST DONATIONS

July 2026 Total: \$600.00

Rib Rally Benefit	\$500.00
Children's National Home	\$100.00

AUXILIARY DONATIONS

July 2026 Total: \$0.00

\$0.00



CHAPLAINS CORNER

All Members,

Randy Rose is our Post Chaplain. You can reach her via the Post phone number 984-422-2940.

Auxiliary Chaplain is Sherri Sherman. She can be reached at 518-792-7806.

Please remember those of our members who reside in area Nursing facilities. Keep our ill comrades and sisters in your prayers.

If you know of any member in distress or that needs cheering, you can always leave a message at the Post by calling 518-793-7535.

If you hear about anyone who is having health problems (VFW or AUX) please use one of the above numbers or the Chaplains box to let us know. There is a very good chance that we do not know about it. Our Chaplain will be glad to send a get well card to a member or a sympathy card to the families.

RESERVATIONS FOR HALL RENTAL

Post Office: 518-793-7535

Diane Perry: 518-636-8470



FARMERS' MARKET NUTRITION PROGRAM (FMNP)

Not every farmer or vendor at the market will accept FMNP coupons. Look for vendors with the sign that says, "We Gladly Accept New York State Farmers' Market Coupons." You can also contact the market to ask if they participate in the nutrition program. Coupons can be used at any market that accepts FMNP.

Important Dates:

September 30th-Last day to **pick up** Farmers' Market coupons

November 30th-Last day to **use** Farmers' Market Coupon

WARREN COUNTY

Bolton Landing Farmers' Market

7 Goodman Ave
Fridays starting June 26 to September 4
9am-1pm

Brant Lake Farmers' Market

6752 State Route 8
Saturdays May thru August
9am-2pm

Chestertown Farmers' Market

6307 State Route 9
Wednesdays starting June 10 to September 9
10am-2pm

Glens Falls Farmers' Market

South Street Pavilion
Saturdays Starting June 13 to October 24
8am-12pm

Accepts: FMNP coupons/Fresh Connect/SNAP

Lake George Village Farmers' Market

1 Canada St
Wednesdays thru August 21
3pm-7pm

North Creek Farmers' Market

21 Railroad Pl
Thursdays starting June 18 to September 17
2pm-5:30pm

Accepts: FMNP coupons

Warrensburgh Riverfront Farmers' Market

180 River Street
Fridays starting May 29 to October 9
3pm-6pm

Accepts: FMNP coupons

HAMILTON COUNTY

Indian Lake Community Farmers' Market

6345 NYS Route 30
Saturdays starting July 4 to September 26
10am-2pm

Long Lake Farmers' Market

Mt. Sabattis Lower Parking Lot, 6 Pavilion Rd
Thursdays
10am-2pm

Speculator Farmers' Market

2834 Route 30
Thursdays starting June to September
2pm-4pm

Accepts: FMNP coupons

OFA Farmers' Market Coupons Outreach Events*

*Dates are subject to change

7/10/2026	11:30-12:30pm	White Water Manor
7/10/2026	12:30-1:00pm	Johnsburg Meal Site
7/13/2026	11:30-12:30pm	Solomon Heights
7/14/2026	11:00-12:00pm	Cedars Meal Site
7/16/2026	11:30-1:00pm	Wells Meal Site
7/17/2026	3:00-5:00pm	Warrensburg FM
7/21/2026	11:30-1:00pm	Indian Lake Meal Site
7/30/2026	10:30-11:30am	Stichman Towers
7/30/2026	12:00-1:00pm	Cronin Hi-Rise



Have you joined us for Cornhole?

AUGUST 20th

5-8pm



Each month we host a Veterans lunch for all veterans. Please come join us next month and meet other fellow local veterans. Our next lunch is on

August 10th at 1130am






WOMEN VETERANS

Stand Up Event

— CONNECTING, EMPOWERING & SUPPORTING WOMEN WHO SERVED —

★ SPONSORED BY: ALBANY COUNTY VETERANS SERVICE BUREAU & ALBANY VA ★

DATE:
FRIDAY, SEPTEMBER 18, 2026

TIME:
10:00 AM – 2:00 PM

LOCATION:
420 WESTERN AVENUE, ALBANY
(former St. Rose campus)

RSVP: REGISTER WITH THE QR CODE

PLEASE DIRECT QUESTIONS TO:
alyssa.gibbons@va.gov

SERVICES INCLUDE:

- VETERANS SERVICE OFFICER
- LEGAL SERVICES
- HOUSING SERVICES
- COMMUNITY WOMEN'S AGENCIES
- FOOD BANK
- VETERANS SERVICE ORGANIZATIONS
- WHOLE HEALTH
- VA RESOURCES

ALL WOMEN VETERANS ARE WELCOME!





Queensbury Veterans of Foreign Wars

Post 6196 and Auxiliary

32 Luzerne Road

Queensbury, New York 12804

518-793-7535

qvfw6196.org

August 2026

Pray for our troops at home and overseas

God Bless America

UNWAVERING SUPPORT



FOR UNCOMMON HEROES™



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>Tuesday Bingo: Doors Open-4pm Card Sale-5pm Calling-6:30pm</i>				1
2	3	B I	5	6 WIC 11AM-5 pm "You're Not Alone" 6 pm	7	8
9	10 Veteran's Lunch 11:30—1pm VFW/AUX MTG 6:30pm	11 N G	12	13	14 VFW National President Honorary Din- ner 6-10pm	15
16 Fan Club 2PM	17	18 O 5	19	20 Canteen Amateur Cornhole VIETNAM TRAVELING MEMORIAL WALL AUG 21-23 CRANDALL PARK, GLENS	21	22 Karaoke 5-10pm
23/30	24/31	25 P M !	26	27	28 Canteen Ladies Nite! 5-10pm	29

“Hail and Farewells”

Welcome

William Trackey

Warren County Veterans' Services Outreach Initiative... “You Are NOT Alone”

We will be collecting items for “care” boxes to be sent to Soldiers currently serving overseas. Below is a list of needed items for the “care” boxes. Usually two boxes are sent to every soldier every month but supplies are low, especially with food and fun items.

It would be extremely helpful if you could drop off your items ~ 1340 State Route 9, Human Services Bldg., Lake George NY 12845, **Monday - Friday from 10am - 4pm.**

It's important to donate items that are **Individual Sized** that will fit in a postal box and that a soldier can put in his/her pockets and take with them on missions.

~ You Are NOT Alone ~

Troop Support Group

Support Our Troops! Every Day! Every Mission!

* If you know someone serving overseas, please contact Rob McAvoy directly at the address or phone number listed.

**Monetary donations are accepted: Donations are used to cover postage. Please make checks payable to: VFW Post 6196 (in the memo write You Are Not Alone - Troop Support Group) and send to the address listed above.*

Boxes are packed the 1st Thursday of every month at 6pm at VFW Post 6196 ~ 32 Luzerne Road, Queensbury NY 12804. **Contact person: Rob McAvoy 518.338.8758.**

CONTACT INFORMATION

Commander	Mike Varmette	540-379-4212	tmvarmette@gmail.com
Qmstr.	Keith Lotich	518-793-7535 (post)	kalotich@yahoo.com
Service Off.	Denise DiResta	518-761-6342	direstad@warrencountyny.gov
Adjutant	Kelly Sweet	518-879-6655	luvkel@yahoo.com
President	Bob Brooks	518-683-2458	robertebrooksiii@gmail.com
Treasure	Bobbye Cauffiel	518-645-8474	mosher8099@aol.com

Queensbury VFW Post 6196
32 Luzerne Road
Queensbury, New York 12804

Non-Profit Org.
U.S. Postage
PAID
Glens Falls, New York
Permit No. 37

