



**Queensbury  
Veterans of Foreign Wars  
Post 6196 and Auxiliary  
QVFWP6196.org**

Volume 34 Issue 2

February 2026  
Mike Varmette, Commander  
Kelly Sweet, Editor  
Rebecca Sweet, Co-Editor

# VFW Messenger

## Commander's Message

**Loyalty, Honor, Service**

Comrades,

**State of the Post:** We have been conducting Bingo every Tuesday regularly, we thank all our volunteers and especially our Auxiliary for the support of Bingo. Some of the ongoing events so far: Bingo, Friday Night Dinners, Karaoke, Canteen Superbowl Gathering, Cornhole etc., more to follow. If there are any volunteers to help with Post cleanup or just help around the Post, let us know!

### February Post Calendar Highlights!

Feb 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, VFW Bingo (Doors Open at 4pm, selling at 5pm, games start at 6:30pm)

Feb 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>—Friday Night Dinner (4pm to 7pm)

Feb 8<sup>th</sup> — Canteen Super Bowl Gathering (5pm)

Feb 9<sup>th</sup> — Veteran's Lunch (11:30 to 1:00pm)

Feb 9<sup>th</sup>— Post/Aux Mtg (6:30)

Feb 14<sup>th</sup> — Polsun's Valentine Show (5—10pm)

Feb 16<sup>th</sup> - Presidents' Day (Closed)

Feb 19<sup>th</sup>— Canteen Amateur Cornhole (5pm – 8pm)

Feb 23<sup>rd</sup> – ADK Bluegrass Show (1pm - 5pm)

Feb 28<sup>th</sup> – Canteen Karaoka(5pm - 9pm)

Let's keep the momentum going for recruiting new members to the Post and Auxiliary, thank you for all the efforts up to date. Until we all get together again, my wish is for everyone to have a safe and enjoyable January with family and friends! See you at our next event.

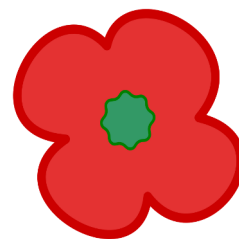
*Commander Mike Varmette*





## *Auxiliary Message*

### *Unwavering Support For Uncommon Heroes*



**Lest We Forget.**

Greetings Brothers and Sisters,

Well, we have made it through the holidays I hope everyone had a good time with family and friends also hope to find everyone healthy. I would like to thank everyone that helped last year to make our mission a success. Let's put our best foot forward and have a better year this year.

Here are a few fun facts

Feb. 3rd, 1870, the 15th Amendment to the U.S. Constitution was ratified, guaranteeing the rights of citizens to vote, regardless of race, color or previous condition of servitude.

Feb. 3rd, 1913, the 16th Amendment to the U.S. Constitution was ratified granting congress the authority to collect income taxes.

Feb. 4th, 1861 Apache Chief Cochise was arrested in Arizona by the U.S Army for raiding a ranch. Cochise then escaped and declared war, beginning the period known as The Apache Wars, which lasted 25 years.  
Feb. 6th, 1788 Massachusetts became the sixth state to ratify the new U.S. Constitution by a vote of 187-168.

Feb 7th, 1795, the 11th Amendment to the U.S. Constitution was ratified limiting the powers of the Federal Judiciary over the states by prohibiting Federal lawsuits against individual states.

Now on to some Auxiliary news. We have a lot going on this year. Starting out we are hosting the gold Start Parents Tea. Which takes place on May 17th at the post. I would like to thank the members that stepped up for that committee.

Also, we have had a change in officers I would also like to thank the members that stepped up and filled these positions.

Senior Vice Rebecca Sweet  
Junior Vice Bub Sherman  
Conductor Beth Mosher  
Chaplin Sheery Sherman  
Guard Penny Liberty  
Three-year trustee Lizz Hennessey  
Patriotic instructor Lilian Phinney

I'm looking forward to working with you.

In closing I would like to send my condolences to all the members we have lost this year. And thank you to everyone for the support you have shown me.

Bob Brook Auxiliary President  
Email [bobyluv@frontiernet.net](mailto:bobyluv@frontiernet.net)  
Home phone 518-696-5265  
Cell phone 518-683 -2458





# WE HAVE BINGO TUESDAYS !!!!

## Regular Tuesday Night Bingo!!

For February @ 6:30 pm

3rd, 10th, 17th, 24th

Food and Snacks available

Come and enjoy yourself!

## VFW MOTTO

*"Honor the dead by helping the living"*

### VFW POST DONATIONS

January 2026 Total: \$250.00

Angel Flight NE	\$200.00
Cornerstone Soup Kitchen	\$ 50.00

### AUXILIARY DONATIONS

January 2026 Total: \$0



## CHAPLAINS CORNER

All Members,

Mary Jo White is our Post Chaplain. You can reach her via the Post phone number 518-793-7535.

Auxiliary Chaplain is Sherri Sherman. She can be reached at 518-812-1820

Please remember those of our members who reside in area Nursing facilities. Keep our ill comrades and sisters in your prayers.

If you know of any member in distress or that needs cheering, you can always leave a message at the Post by calling 518-793-7535.

If you hear about anyone who is having health problems (VFW or AUX) please use one of the above numbers or the Chaplains box to let us know. There is a very good chance that we do not know about it. Our Chaplain will be glad to send a get well card to a member or a sympathy card to the families.

## RESERVATIONS FOR HALL RENTAL








Post Office: 518-793-7535

Diane Perry: 518-636-8470

## OTHER FEBRUARY INFORMATION



### Key Contact Information

	<b>VA Medical Center and main number:</b> <b>Albany VA Medical Center</b> <b>518-626-5000</b>
	<b>Caregiver Support Program (CSP) phone number:</b> <b>518-626-6020</b>
	<b>Patient Advocate phone number:</b> <b>518-626-5307</b>
	<b>Bene-travel contact number:</b> <b>518-626-6385</b> <b>Bene-travel claims:</b> <a href="https://eauth.va.gov/accessva/?cspSelectFor=bts">https://eauth.va.gov/accessva/?cspSelectFor=bts</a>
	<b>CSP Locator tool link:</b> <a href="https://www.caregiver.va.gov/support/New_CSC_Page.asp">https://www.caregiver.va.gov/support/New_CSC_Page.asp</a>
	<b>Caregiver Support Line (CSL):</b> <b>1-855-260-3274</b>
	<b>Veteran's Crisis Line:</b> <b>Dial 988, then press 1</b>

*The Caregiver Support Program promotes the health and well-being of family caregivers who care for Our Nation's Veterans, through education, resources, support, and services.*





Have you joined us for  
Cornhole?

If not February 19th is  
your next chance.



Each month we host a Veterans  
lunch for all veterans. Please come  
join us next month and meet other  
fellow local veterans. Our next lunch  
is on February 9th at 1130 am.



★ JOIN US FOR A  
**SUPER BOWL PARTY**  
★

**Sunday Feb. 8th  
5pm to 9pm**

**Taco Bar, Chili, & other snacks  
available while they last!**



Queensbury Veterans of Foreign Wars

Post 6196 and Auxiliary

32 Luzerne Road

Queensbury, New York 12804

518-793-7535

qvfw6196.org

UNWAVERING SUPPORT



FOR UNCOMMON HEROES™



# February 2026

Pray for our troops at home and overseas

God Bless America

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>Tuesday Bingo: Doors Open- 4pm Card Sale-5pm Calling-6:30pm</i>				
1	2	<b>B</b>  <b>I</b>	4	5  WIC 11AM-5 pm  "You're Not Alone" 6 pm	6  WIC 8AM-2:30pm  Friday Dinners 4-7pm	7
8 Adirondack Bluegrass Mtg 12PM  Super Bowl Canteen 6PM	9  Veteran's Lunch 11:30—1pm  VFW/AUX MTG 6:30pm	10  <b>N</b>  <b>G</b>	11	12	13  Friday Dinners 4-7pm	14  Polsun's Show 5-10pm  Valentine's Day
15	16  Presidents Day	17  <b>O</b>  <b>6</b>  <b>P</b>	18	19  Canteen Amateur Cornhole 5PM	20  Friday Dinners 4-7pm	21
22 Adirondack Bluegrass Show 12PM	23	24  <b>M</b>  <b>!</b>	25	26	27  Friday Dinners 4-7pm	28  Karaoke Canteen 5-9pm

## HAIL AND FAREWELLS

Hail:

**“FAIR WINDS AND FOLLOWING SEAS COMRADE!”**

### **Warren County Veterans' Services Outreach Initiative...** **“You Are NOT Alone”**

We will be collecting items for “care” boxes to be sent to Soldiers currently serving overseas. Below is a list of needed items for the “care” boxes. Usually two boxes are sent to every soldier every month but supplies are low, especially with food and fun items.

It would be extremely helpful if you could drop off your items ~ 1340 State Route 9, Human Services Bldg., Lake George NY 12845, **Monday - Friday from 10am - 4pm.**

It's important to donate items that are **Individual Sized** that will fit in a postal box and that a soldier can put in his/her pockets and take with them on missions.

**~ You Are NOT Alone ~**

**Troop Support Group**

**Support Our Troops! Every Day! Every Mission!**

\* If you know someone serving overseas, please contact Rob McAvoy directly at the address or phone number listed.

*\*Monetary donations are accepted: Donations are used to cover postage. Please make checks payable to: VFW Post 6196 (in the memo write You Are Not Alone - Troop Support Group) and send to the address listed above.*

Boxes are packed the 1st Thursday of every month at 7pm at VFW Post 6196 ~ 32 Luzerne Road, Queensbury NY 12804. **Contact person: Rob McAvoy 518.338.8758.**

### CONTACT INFORMATION

Commander	Mike Varmette	540-379-4212	tmvarmette@gmail.com
Qmstr.	Keith Lotich	518-793-7535 (post)	kalotich@yahoo.com
Service Off.	Denise DiResta	518-761-6342	direstad@warrencountyny.gov
Adjutant	Kelly Sweet	518-879-6655	luvkel@yahoo.com
President	Bob Brooks	518-683-2458	robertebrooksiii@gmail.com
Treasure	Bobbie Cauffiel	518-645-8474	mosher8099@aol.com

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Queensbury, New York 12804

Non-Profit Org.  
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Glens Falls, New York  
Permit No. 37

