



**Queensbury
Veterans of Foreign Wars
Post 6196 and Auxiliary
QVFWP6196.org**

Volume 33 Issue 7

July 2025
Mike Varmette, Commander
Kelly Sweet, Editor
Rebecca Sweet, Co-Editor

VFW Messenger

Commander's Message

Loyalty, Honor, Service

Comrades,

I wish everyone a Happy and Safe 4th of July! This is the time that many go on a well-deserved vacation...if you do, please be aware of your surroundings, always drive defensively with tourist season upon us, and watch the heat index while outdoors.

State of the Post: Main parking lot has been repaved and repainted. Our current stage curtains have been replaced by a special person having donated to the replacement of. A "Big Thank You" to several members for taking care of the grounds outside.

July Calendar Highlights!

VFW Bingo Every Tuesday (Doors Open at 4pm, selling at 5pm, games start at 6:30pm)

July 2nd – You're Not Alone 6pm

July 3rd – WIC 11-5pm

July 4th – Independence Day

July 10th – Veteran Group Mtg 3-5pm

July 13th – District 3 Picnic at Ballston Spa Post 358, 1pm.

July 14th – Veteran's Lunch 11:30-1pm

July 14th – Post/Aux Mtg 6:30pm

July 17th – Veteran's "Cup of Joe" SPoTCoffee 4:30-6:30:30

July 18th – SMORES Night 6-8pm

July 20th - Fan Club 2pm

July 24th – Veteran Group Mtg 3-5pm

I want to put in everyone's calendar our **Post Picnic/BBQ for September 7th at 1PM!!!!**

I am honored to proud to be your commander at the Post and look forward to another great year around such excellent people! Until we all get together again, my wish is for everyone to have a safe and enjoyable 4th of July weekend with family and friends

Until then everyone stays healthy and safe! See you at our next event.

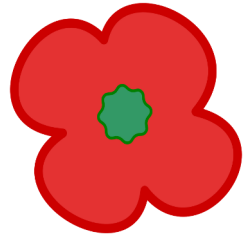
Commander Mike Varmette





Auxiliary Message

Unwavering Support For Uncommon Heroes



Lest We Forget.

Hello Brother and Sister,

I hope this finds everyone well and happy due to the warm weather is here. Now on too some fun facts.

July 4, 1776 Congress accepted The Declaration Of Independence written by Thomas Jefferson, formally ending links with Britain.

July 25, 1814 The chief engineer at Killingworth Colliery, George Stevenson, unveils Blucher , a steam powered locomotive that can haul eight carriages load with 30 tons of coal at the breaking speed of 4 miles an hour.

July 13, 1923 The British Parliament passes a law banning the sale of alcohol to anyone under the age of 18.

July 22, 1946. More than a year after the end of World War Two, bread is rationed in Britain. The shortage is blamed upon Harvest and Drought.

July 21, 1969 The Eagle lands on the moon and US. Astronaut Neil Armstrong is the first man to walk on its powdery surface.

It was brought to my attention that there was a mistake in last month's Newsletter. The assassination of JFK was November 22, 1963. Thank you for the correction Mary.

Now on the some Auxiliary Business.

In the next few weeks when it is time to order Bingo Dabbers we will be switching vendors. The vendor we are switching to will deliver to the post on Wednesdays with no shipping cost.

For all that did not attend the last meeting there was a discussion about everyone getting along and working together. This is something that really needs to start happening. We are not doing any good for ourselves, the Post, or the Veteran's. Also, we need help with cleaning, kitchen work, and Bingo. There are only a handful of full of members doing it. With close to a hundred members the same few should not have to do it all, let's share the wealth.

I would like to congratulate all the officers that were sworn in. I would also like to thank everyone for in trusting in me again as President. I'm hoping in the next year we can bring new ideas in and grow the Auxiliary.

I will be in Albany on the 13th and 14th for the Department Convention. I hope to get some questions answered that everyone is asking. Also, I will bring back any information back to share.

In closing I would like to wish everyone a safe and happy Fourth of July. Please remember what this holiday represents an, and please enjoy your family and friends take care and thank you.

Bob Brooks
Auxiliary President

Email bobyluv@frontiernet.net
Cell 518-683-2458
Home 518-696-5265





WE HAVE BINGO TUESDAYS !!!!

Regular Tuesday Night Bingo!!

For July @ 6:30 pm

1st, 8th, 15th, 22nd, 29th

Food and Snacks available

Come and enjoy yourself!

VFW MOTTO

"Honor the dead by helping the living"

VFW POST DONATIONS

June 2025 Total: \$2400.00

Hole in One for Heros	\$100.00
Salvation Army	\$50.00
Annual Shriner Circus	\$250.00
Glens Falls Symphoney	\$500.00
High School Scholarship	\$1500.00

AUXILIARY DONATIONS

May 2025 Total: \$0.00

\$0.00



CHAPLAINS CORNER

All Members,

Mary Jo White is our Post Chaplain. You can reach her via the Post phone number 518-793-7535.

Auxiliary Chaplain is Kathleen Hayward. She can be reached at 518-858-6018

Please remember those of our members who reside in area Nursing facilities. Keep our ill comrades and sisters in your prayers.

If you know of any member in distress or that needs cheering, you can always leave a message at the Post by calling 518-793-7535.

If you hear about anyone who is having health problems (VFW or AUX) please use one of the above numbers or the Chaplains box to let us know. There is a very good chance that we do not know about it. Our Chaplain will be glad to send a get well card to a member or a sympathy card to the families.

RESERVATIONS FOR HALL RENTAL

Post Office: 518-793-7535

Diane Perry: 518-636-8470

FARMERS' MARKET NUTRITION PROGRAM (FMNP)

Not every farmer or vendor at the market will accept FMNP coupons. Look for vendors with the sign that says, "We Gladly Accept New York State Farmers' Market Coupons." You can also contact the market to ask if they participate in the nutrition program. Coupons can be used at any market that accepts FMNP.

Important Dates:

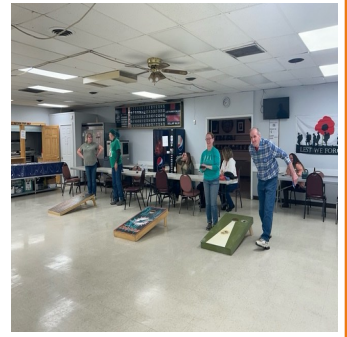
September 30th-Last day to **pick up** Farmers' Market coupons

WARREN COUNTY	HAMILTON COUNTY
<p><u>Bolton Landing Farmers' Market</u></p> <p>7 Goodman Ave, Bolton Landing Fridays starting June 27 to September 5 9:00am-1:00pm www.boltonlandingfarmersmarket.com</p> <p><u>Chestertown Farmers' Market</u></p> <p>6307 State Route 9, Chestertown Wednesdays starting June 11 to September 10 10:00am-2:00pm www.facebook.com/chestertownfarmersmarket</p> <p>Accepts: FMNP coupons</p> <p><u>Glens Falls Farmers' Market</u></p> <p>South Street Pavilion, Glens Falls Saturdays Starting June 7 8:00am-12:00pm Accepts: FMNP coupons/Fresh Connect/SNAP *Check website for winter schedule* glensfallsfarmersmarket.com</p> <p><u>Lake George Village Farmers' Market</u></p> <p>1 Canada St, Lake George Wednesdays starting June 18 to August 20 3:00pm-7:00pm</p> <p><u>North Creek Farmers' Market</u></p> <p>21 Railroad Pl, North Creek Thursdays starting June 19 to September 18 2:00pm-5:30pm www.northcreekfarmersmarket.org Manager: Beth Maher Contact: 518-251-5210 Accepts: FMNP coupons</p> <p><u>Warrensburgh Riverfront Farmers' Market</u></p> <p>180 River Street, Warrensburgh Fridays starting May 30 to October 10 3:00pm-6:00pm www.facebook.com/people/Warrensburgh-Riverfront-Farmers-Market/ Manager: Teresa Whalen Contact: 518-466-5497 Accepts: FMNP coupons</p>	<p><u>Indian Lake Community Farmers' Market</u></p> <p>6345 NYS Route 30, Indian Lake Saturdays starting July 5 to September 27 10:00am-2:00pm www.facebook.com/IndianLakeFarmersMarket/ Manager: Jennifer Bine Contact: 703-533-2436</p> <p><u>Long Lake Farmers' Market</u></p> <p>Mt. Sabattis Lower Parking Lot, 6 Pavilion Rd, Long Lake Thursdays June 26 to August 28 10:00am-2:00pm www.mylonglake.com/event/farmers-market/ Contact: 518-624-3077</p> <p><u>Speculator Farmers' Market</u></p> <p>2834 Route 30, Speculator Thursdays starting June 19 to September 4 12:00pm 4:00pm www.facebook.com/SpeculatorChamber Contact: 518-548-4521 Accepts: FMNP coupons</p> <p>Information gathered from www.adirondackharvest.com</p> <p><u>OFA Farmers' Market Coupons Outreach Events*</u></p> <p>*Dates are subject to change</p> <p>7/8/2025 1:00-3:00pm Solomon Heights 7/10/2025 11:30-1:00pm Cedars Meal Site 7/11/2025 11:30-1:00pm White Water Manor 7/15/2025 11:00-12:00pm Village Green Apts 7/15/2025 11:30-1:00pm Wells Meal Site 7/18/2025 3:00-5:00pm Warrensburgh FM 7/24/2025 10:30-11:30am Cronin Hi-Rise 7/24/2025 12:00-1:00pm Stichman Towers 7/29/2025 11:30-1:00pm Indian Lake Meal Site TBD 10:00-12:00pm Chestertown FM</p>



Have you joined us for Cornhole?

AUGUST 14th



Each month we host a Veterans lunch for all veterans. Please come join us next month and meet other fellow local veterans. Our next lunch is on

July 14^h at 1130am



VFW Riders



SMORES



**DEPT NYS
VFW
CONVENTION**



Queensbury Veterans of Foreign Wars

Post 6196 and Auxiliary

32 Luzerne Road

Queensbury, New York 12804

518-793-7535

qvfw6196.org

July 2025

Pray for our troops at home and overseas

God Bless America

UNWAVERING SUPPORT



FOR UNCOMMON HEROES™



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>Tuesday Bingo: Doors Open-4pm Card Sale-5pm Calling-6:30pm</i>	1 B	2 "You're Not Alone" 6 pm	3 WIC 11AM-5 pm	4 Independance Day!!!	5
6	7	8 I N	9	10 Veteran's Group 3-5PM	11	12
13 District 3 Picnic - Ballton Spa Post 358	14 Veteran's Lunch 11:30—1pm VFW/AUX MTG 6:30pm	15 G O	16	17	18 SMORES 6-8PM	19 Polsun's Country Show 4-10pm
20 Fan Club 2PM	21	22 5 P M	23	24 Veteran's Group 3-5PM	25	26
27	28	29 !	30	31		

HAILS

Robert Braun and Guy Harris

FAREWELLS

Doug Purner

Warren County Veterans' Services Outreach Initiative... "You Are NOT Alone"

We will be collecting items for "care" boxes to be sent to Soldiers currently serving overseas. Below is a list of needed items for the "care" boxes. Usually two boxes are sent to every soldier every month but supplies are low, especially with food and fun items.

It would be extremely helpful if you could drop off your items ~ 1340 State Route 9, Human Services Bldg., Lake George NY 12845, **Monday - Friday from 10am - 4pm.**

It's important to donate items that are **Individual Sized** that will fit in a postal box and that a soldier can put in his/her pockets and take with them on missions.

~ You Are NOT Alone ~

Troop Support Group

Support Our Troops! Every Day! Every Mission!

* If you know someone serving overseas, please contact Rob McAvoy directly at the address or phone number listed.

**Monetary donations are accepted: Donations are used to cover postage. Please make checks payable to: VFW Post 6196 (in the memo write You Are Not Alone - Troop Support Group) and send to the address listed above.*

Boxes are packed the 1st Thursday of every month at 6pm at VFW Post 6196 ~ 32 Luzerne Road, Queensbury NY 12804. **Contact person: Rob McAvoy 518.338.8758.**

CONTACT INFORMATION

Commander	Mike Varmette	540-379-4212	tmvarmette@gmail.com
Qmstr.	Keith Lotich	518-793-7535 (post)	kalotich@yahoo.com
Service Off.	Denise DiResta	518-761-6342	direstad@warrencountyny.gov
Adjutant	Kelly Sweet	518-879-6655	luvkel@yahoo.com
President	Bob Brooks	518-683-2458	robertebrooksiii@gmail.com
Treasure	Bobbye Cauffiel	518-645-8474	mosher8099@aol.com

Queensbury VFW Post 6196
32 Luzerne Road
Queensbury, New York 12804

Non-Profit Org.
U.S. Postage
PAID
Glens Falls, New York
Permit No. 37

