



**Queensbury  
Veterans of Foreign Wars  
Post 6196 and Auxiliary  
QVFWP6196.org**

Volume 33 Issue 9

September 2025  
Mike Varmette, Commander  
Kelly Sweet, Editor  
Rebecca Sweet, Co-Editor

# VFW Messenger

## Commander's Message

**Loyalty, Honor, Service**

Comrades,

I can't believe summer is at its end! September, we enter the Fall Season, and welcome the cooler, less humid weather! Get our harvests done This month we also reflect on 9/11! We want to honor all those who we have lost, and took part in fighting global terrorism, please take a moment, and reflect!

Schools also have started backup, please be aware of your surroundings, watch for children and school buses. Always drive defensively. We'd also like to get the word out to the schools, First Responder organizations, and Colleges of our VFW and Auxiliary Programs, available to participate in, such as "Voice of Democracy", "Patriot's Pen" just to mention a few programs. We also have the several recruiting events coming up this Fall that will be finalized this September.

**State of the Post: State of the Post:** Other various fixtures are taking place each month. Bingo is going well but we could use a couple of volunteers to help sell cards, work the floor and set-up. Secondly, if there are any volunteers to help with Post cleanup for the outside or just help around the Post, let us know!

### September Calendar Highlights!

**VFW Bingo** Every Tuesday (Doors Open at 4pm, selling at 5pm, games start at 6:30pm)

**Sep 1<sup>st</sup>— Labor Day—Closed**

**Sep 8<sup>th</sup>— Post/Aux Meeting 6:30pm**

**Sep 8<sup>th</sup>— Veteran's Lunch 11:30-1:30**

**Sep 13<sup>th</sup>— OTI District 3, Colonie Post 9am-3pm**

**Sep 14<sup>th</sup>— Post/Aux Picnic 1-5pm**

**Sep 18<sup>th</sup>— Canteen Amateur Cornhole Competition 5-8pm**

**Sep 19<sup>th</sup>— Smore's and more night 6-8pm**

**Sep 20<sup>th</sup>— Polsun's Country Show 5-10pm**

**Sep 21<sup>st</sup>— [Fan Club](#) Show 2-6pm**

**Sep 26<sup>th</sup>— Friday Night Dinners Start Back Up(4pm to 7pm)**

Planned events so far: Canteen Amateur Cornhole Competition, Open Mic Night, Friday Night Dinners, Bingo, Canteen Football Nights, Dart League, etc., more to follow! Until we all get together again, my wish is for everyone to have a safe and enjoyable August with family and friends! See you at our next event.

*Commander Mike Varmette*





## *Auxiliary Message*

### *Unwavering Support For Uncommon Heroes*



**Lest We Forget.**

Hello brothers and sisters

We are heading into fall. I hope everyone had a great summer. Lets all hope cooler weather comes soon.

Now on to some fun facts:

September 1, 1939 Hitler invaded Poland; Thus began World War II in Europe.

September 2, 1945 President Truman proclaims V-J Day upon the surrender of the Japanese.

September 3, 1783 Treaty of Paris signed, that ended the American Revolution War.

September 14, 1901 Eight days after being shot, President William McKinney died from wounds suffered from the assassination attempt. Theodore Roosevelt then took over the office as President.

September 19, 1893 New Zealand became the first country to grant women the right to vote.

September 23, Autumn begins in the Northern Hemisphere ( Spring in the South )

Labor Day: The first Monday of September. Birthstone is Sapphire.

Now on to some auxiliary news .

We have a member Cherry Robinson that had surgery this summer. She is still laid up and is looking for a little help with light house keeping and to give her daughter a bit of a break. If anyone is interested in donating a little time to help. You can contact myself for her phone number. Every little bit will help.

Also we sold pull tabs at a function today. We had a couple one and two dollar winners and one one hundred dollar winner. Thank you to all that helped.

On September 14 th the Post is growing its annual picnic. There is a sign up sheet in the Canteen for members to sign up if you are attending also to sign up to bring a dish to pass. In closing I will be out of state for a few weeks and wont be at our next meeting. But if anyone has any questions feel free to contact me.

Thank you and please stay safe

Bob Brooks

Auxiliary President.

Email: [bobyluv@frontiernet.net](mailto:bobyluv@frontiernet.net)

Home phone: 518-696-5265

Cell phone: 518-683-2458





# WE HAVE BINGO TUESDAYS !!!!

## Regular Tuesday Night Bingo!!

For September @ 6:30 pm

2nd, 9th, 16th, 23th, 30th

Food and Snacks available

Come and enjoy yourself!

## CHAPLAINS CORNER

All Members,

Mary Jo White is our Post Chaplain. You can reach her via the Post phone number 518-793-7535.

Auxiliary Chaplain is Kathleen Hayward. She can be reached at 518-858-6018

Please remember those of our members who reside in area Nursing facilities. Keep our ill comrades and sisters in your prayers.

If you know of any member in distress or that needs cheering, you can always leave a message at the Post by calling 518-793-7535.

If you hear about anyone who is having health problems (VFW or AUX) please use one of the above numbers or the Chaplains box to let us know. There is a very good chance that we do not know about it. Our Chaplain will be glad to send a get well card to a member or a sympathy card to the families.

## RESERVATIONS FOR HALL RENTAL

Post Office: 518-793-7535

Diane Perry: 518-636-8470

## VFW MOTTO

*"Honor the dead by helping the living"*

## VFW POST DONATIONS

July 2025 Total: \$50.00

Dept of NYS VFW \$50.00

## AUXILIARY DONATIONS







July 2025 Total: \$0.00

\$0.00





## Key Contact Information

	<b>VA Medical Center and main number:</b> <b>Albany VA Medical Center</b> <b>518-626-5000</b>
	<b>Caregiver Support Program (CSP) phone number:</b> <b>518-626-6020</b>
	<b>Patient Advocate phone number:</b> <b>518-626-5307</b>
	<b>Bene-travel contact number:</b> <b>518-626-6385</b> <b>Bene-travel claims:</b> <a href="https://eauth.va.gov/accessva/?cspSelectFor=bts">https://eauth.va.gov/accessva/?cspSelectFor=bts</a>
	<b>CSP Locator tool link:</b> <a href="https://www.caregiver.va.gov/support/New_CSC_Page.asp">https://www.caregiver.va.gov/support/New_CSC_Page.asp</a>
	<b>Caregiver Support Line (CSL):</b> <b>1-855-260-3274</b>
	<b>Veteran's Crisis Line:</b> <b>Dial 988, then press 1</b>

*The Caregiver Support Program promotes the health and well-being of family caregivers who care for Our Nation's Veterans, through education, resources, support, and services.*

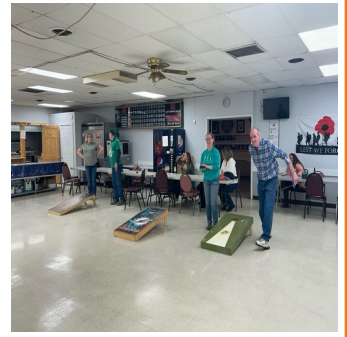




Have you joined us for Cornhole?

**September 18<sup>th</sup>**

**5-8pm**



Each month we host a Veterans lunch for all veterans. Please come join us next month and meet other fellow local veterans. Our next lunch is on

**September 8<sup>th</sup> at 1130am**





Queensbury Veterans of Foreign Wars

Post 6196 and Auxiliary

32 Luzerne Road

Queensbury, New York 12804

518-793-7535

qvfw6196.org

UNWAVERING SUPPORT



FOR UNCOMMON HEROES™



September 2025

Pray for our troops at home and overseas

God Bless America

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Tuesday Bingo:</i> <i>Doors Open-4pm</i> <i>Card Sale-5pm</i> <i>Calling-6:30pm</i>	1	2	3	4 WIC 11AM-5 pm  "You're Not Alone" 6 pm	5 WIC 8AM-5 pm	6  NYS VFW OTI Albany Marriott
7	8 Veteran's Lunch 11:30—1pm  VFW/AUX MTG 6:30pm	9  B  I  N	10  Round Table Discussions "Suicide" 3-6pm	11  Veteran's Group 3-5PM	12	13  District 3 OTI Colonie Post
14  Post/Aux Picnic 1-5PM	15	16  G  O	17	18 Canteen Amateur Cornhole	19  SMORES 6-8PM	20 Polsun's Country Show 4-10pm
				ADIRONDACK Balloon Festival		Poppy Drive
21 Fan Club 2PM	22	23  5  P M	24	25  Veteran's Paint Fund- raiser 6-8PM	26  Friday Din- ners 4-6pm	27
28  Poppy Drive Cont.	29	30  !				

## “Calm Seas and Fair Winds”

FAREWELL

Jay W. Jennings

### Warren County Veterans' Services Outreach Initiative... “You Are NOT Alone”

We will be collecting items for “care” boxes to be sent to Soldiers currently serving overseas. Below is a list of needed items for the “care” boxes. Usually two boxes are sent to every soldier every month but supplies are low, especially with food and fun items.

It would be extremely helpful if you could drop off your items ~ 1340 State Route 9, Human Services Bldg., Lake George NY 12845, **Monday - Friday from 10am - 4pm.**

It's important to donate items that are **Individual Sized** that will fit in a postal box and that a soldier can put in his/her pockets and take with them on missions.

~ You Are NOT Alone ~

**Troop Support Group**

**Support Our Troops! Every Day! Every Mission!**

\* If you know someone serving overseas, please contact Rob McAvoy directly at the address or phone number listed.

*\*Monetary donations are accepted: Donations are used to cover postage. Please make checks payable to: VFW Post 6196 (in the memo write You Are Not Alone - Troop Support Group) and send to the address listed above.*

Boxes are packed the 1st Thursday of every month at 6pm at VFW Post 6196 ~ 32 Luzerne Road, Queensbury NY 12804. **Contact person: Rob McAvoy 518.338.8758.**

#### CONTACT INFORMATION

Commander	Mike Varmette	540-379-4212	tmvarmette@gmail.com
Qmstr.	Keith Lotich	518-793-7535 (post)	kalotich@yahoo.com
Service Off.	Denise DiResta	518-761-6342	direstad@warrencountyny.gov
Adjutant	Kelly Sweet	518-879-6655	luvkel@yahoo.com
President	Bob Brooks	518-683-2458	robertebrooksiii@gmail.com
Treasure	Bobbye Cauffiel	518-645-8474	mosher8099@aol.com



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