



**Queensbury
Veterans of Foreign Wars
Post 6196 and Auxiliary
QVFWP6196.org**

Volume 334 Issue 9

September 2026
Mike Varmette, Commander
Kelly Sweet, Editor
Rebecca Sweet, Co-Editor

VFW Messenger

Commander's Message

Loyalty, Honor, Service

Comrades,

I can't believe summer is at its end! September, we enter the Fall Season, and welcome the cooler, less humid weather! Get our harvests done This month we also reflect on 9/11! We want to honor all those who we have lost, and took part in fighting global terrorism, please take a moment, and reflect!

Schools also have started backup, please be aware of your surroundings, watch for children and school buses. Always drive defensively. We'd also like to get the word out to the schools, First Responder organizations, and Colleges of our VFW and Auxiliary Programs, available to participate in, such as "Voice of Democracy", "Patriot's Pen" just to mention a few programs. We also have the several recruiting events coming up this Fall that will be finalized this September.

State of the Post: State of the Post: Carpet in the Canteen was replaced in August. Bingo is going well but we could use a couple of volunteers to help sell cards, work the floor and set-up.

September Calendar Highlights!

VFW Bingo Every Tuesday (Doors Open at 4pm, selling at 5pm, games start at 6:30pm)

Sep 3th— WIC 8-5pm

Sep 3th— You're Not Alone 6pm

Sep 5th— Polsun's Country Show 5-10pm

Sep 7st— **Labor Day—Closed**

Sep 12th— Post/Aux Picnic **1-5pm**

Sep 14th— Veteran's Lunch 11:30-1:30

Sep 14th— **Post/Aux Meeting 6:00pm**

Sep 17th— **Canteen Amateur Cornhole Competition 5-8pm**

Sep 18-19th— Dept of NYS VFW Fall Convention

Sep 20th— [Fan Club](#) Show 2-6pm

Sep 26th— Dept NYS OTI, Albany Marriot

Planned events so far: Canteen Amateur Cornhole Competition, Open Mic Night, Friday Night Dinners, Bingo, Canteen Football Nights, Dart League, etc., more to follow! Until we all get together again, my wish is for everyone to have a safe and enjoyable August with family and friends! See you at our next event.

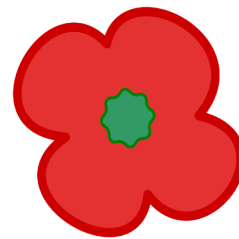
Commander Mike Varmette





Auxiliary Message

Unwavering Support For Uncommon Heroes



Lest We Forget.

Greetings Brothers and Sisters,

I hope this finds everyone well, and enjoying the Summer.

On to some fun facts.

1941 the first Jeep rolled off the assembly line.

In 1990 the World Wide Web was conceived.

1934 Adolf Hitler declares himself the Führer.

1884 workers lay the cornerstone for the Statue of Liberty on Bedloe's Island

1924 Little Orphan Annie comic strip debuts.

1957 American Bandstand hosted by Dick Clark premieres.

1945 U.S. Warships drop the Atomic Bomb on Hiroshima, Japan.

1944 Smokey the Bear debuts as the spokesperson for wildfire prevention.

1914 The Panama Canal officially opens.

1872 Montgomery Wards issued the first mail order calendar.

In 1866 the Civil War was formally declared over by President Andrew Jackson.

The flowers of the month are Gladiolas and Poppys.

Now on to the Auxiliary Business:

First off please do not talk about our meetings to the VFW until I have a chance to talk to the Commander. We need to start using the chain of command properly. If something needs to be convened to the post commander please let me present it. If someone has something to say to the Commander, come to me first. As the Auxiliary President it is my position to take it up to the Commander.

August 14th, the National President of the Auxiliary, along with the State President and other officers will be at the Post around 6pm for a supper that we are hosting so please come and support this event.

Thank you all for helping around the Post. Please stay healthy and enjoy your Summer.

Bob Brooks

Auxiliary President

Cell: 518-683-2458

Email: bobyluv@frontiernet.net





WE HAVE BINGO TUESDAYS !!!!

Regular Tuesday Night Bingo!!

For September @ 6:30 pm

1st, 8th, 15th, 22th, 29th

Food and Snacks available

Come and enjoy yourself!

VFW MOTTO

"Honor the dead by helping the living"

VFW POST DONATIONS

July 2026 Total: \$0.00

\$0.00

AUXILIARY DONATIONS

July 2026 Total: \$0.00

\$0.00



CHAPLAINS CORNER

All Members,

Randy Rose is our Post Chaplain. You can reach her via the Post phone number 984-422-2940.

Auxiliary Chaplain is Sherri Sherman. She can be reached at 518-792-7806.

Please remember those of our members who reside in area Nursing facilities. Keep our ill comrades and sisters in your prayers.

If you know of any member in distress or that needs cheering, you can always leave a message at the Post by calling 518-793-7535.

If you hear about anyone who is having health problems (VFW or AUX) please use one of the above numbers or the Chaplains box to let us know. There is a very good chance that we do not know about it. Our Chaplain will be glad to send a get well card to a member or a sympathy card to the families.

RESERVATIONS FOR HALL RENTAL

Post Office: 518-793-7535

Diane Perry: 518-636-8470



Key Contact Information

	VA Medical Center and main number: Albany VA Medical Center 518-626-5000
	Caregiver Support Program (CSP) phone number: 518-626-6020
	Patient Advocate phone number: 518-626-5307
	Bene-travel contact number: 518-626-6385 Bene-travel claims: https://eauth.va.gov/accessva/?cspSelectFor=bts
	CSP Locator tool link: https://www.caregiver.va.gov/support/New_CSC_Page.asp
	Caregiver Support Line (CSL): 1-855-260-3274
	Veteran's Crisis Line: Dial 988, then press 1

The Caregiver Support Program promotes the health and well-being of family caregivers who care for Our Nation's Veterans, through education, resources, support, and services.



Have you joined us for Cornhole?

September 17th

5-8pm



Each month we host a Veterans lunch for all veterans. Please come join us next month and meet other fellow local veterans. Our next lunch is on

September 14th at 1130am






WOMEN VETERANS

Stand Up Event

— CONNECTING, EMPOWERING & SUPPORTING WOMEN WHO SERVED —

★ SPONSORED BY: ALBANY COUNTY VETERANS SERVICE BUREAU & ALBANY VA ★

DATE:
FRIDAY, SEPTEMBER 18, 2026

TIME:
10:00 AM – 2:00 PM

LOCATION:
420 WESTERN AVENUE, ALBANY
(former St. Rose campus)

RSVP: REGISTER WITH THE QR CODE

PLEASE DIRECT QUESTIONS TO:
alyssa.gibbons@va.gov

★ SERVICES INCLUDE: ★

- 👤 VETERANS SERVICE OFFICER
- ⚖️ LEGAL SERVICES
- 🏠 HOUSING SERVICES
- 👥 COMMUNITY WOMEN'S AGENCIES
- 📦 FOOD BANK
- 🤝 VETERANS SERVICE ORGANIZATIONS
- 🏥 WHOLE HEALTH
- ★ VA RESOURCES

ALL WOMEN VETERANS ARE WELCOME!





Queensbury Veterans of Foreign Wars

Post 6196 and Auxiliary

32 Luzerne Road

Queensbury, New York 12804

518-793-7535

qvfw6196.org

UNWAVERING SUPPORT



FOR UNCOMMON HEROES™



September 2026

Pray for our troops at home and overseas

God Bless America

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>Tuesday Bingo:</i> <i>Doors Open-4pm</i> <i>Card Sale-5pm</i> <i>Calling-6:30pm</i>	1 B	2	3 WIC 11AM-5 pm "You're Not Alone" 6 pm	4	5 Polsun's Country Show 4-10pm
6	7	8 I N	9	10	11 Canteen "Smarter than a Grade Schooler" 6-9pm	12 Post/Aux Picnic 1-5PM
13	14 Veteran's Lunch 11:30—1pm VFW/AUX MTG 6:00pm	15 G O	16	17 Canteen Amateur Cornhole 5PM	18 NYS VFW Convention Canteen "Feud" 6-9pm	19 FALL Albany Marriott
20 Fan Club 2PM	21	22 5 P M	23	24	25 Canteen "Ladies Night" 6-9pm	26 NYS VFW OTI Albany Marriott
27	28	29 !	30			

“Calm Seas and Fair Winds”

Warren County Veterans' Services Outreach Initiative... “You Are NOT Alone”

We will be collecting items for “care” boxes to be sent to Soldiers currently serving overseas. Below is a list of needed items for the “care” boxes. Usually two boxes are sent to every soldier every month but supplies are low, especially with food and fun items.

It would be extremely helpful if you could drop off your items ~ 1340 State Route 9, Human Services Bldg., Lake George NY 12845, **Monday - Friday from 10am - 4pm.**

It's important to donate items that are **Individual Sized** that will fit in a postal box and that a soldier can put in his/her pockets and take with them on missions.

~ You Are NOT Alone ~

Troop Support Group

Support Our Troops! Every Day! Every Mission!

* If you know someone serving overseas, please contact Rob McAvoy directly at the address or phone number listed.

**Monetary donations are accepted: Donations are used to cover postage. Please make checks payable to: VFW Post 6196 (in the memo write You Are Not Alone - Troop Support Group) and send to the address listed above.*

Boxes are packed the 1st Thursday of every month at 6pm at VFW Post 6196 ~ 32 Luzerne Road, Queensbury NY 12804. **Contact person: Rob McAvoy 518.338.8758.**

CONTACT INFORMATION

Commander	Mike Varmette	540-379-4212	tmvarmette@gmail.com
Qmstr.	Keith Lotich	518-793-7535 (post)	kalotich@yahoo.com
Service Off.	Denise DiResta	518-761-6342	direstad@warrencountyny.gov
Adjutant	Kelly Sweet	518-879-6655	luvkel@yahoo.com
President	Bob Brooks	518-683-2458	robertebrooksiii@gmail.com
Treasure	Bobbye Cauffiel	518-645-8474	mosher8099@aol.com

Queensbury VFW Post 6196
32 Luzerne Road
Queensbury, New York 12804

Non-Profit Org.
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Glens Falls, New York
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