

LUNCH MENU

Fuel the Body...

ARTISAN SANDWICHES and 6-inch WRAPS Starting at \$9

- Minimum order of 6 per flavor.

MINI SANDWICHES - \$48 per dozen per flavor

- Recommended 2 per person.

VEGETARIAN / *VEGAN

Apple & Cheddar

Asparagus Egg Salad

*Asparagus Delight

Athens Delight

Caprese

Curried Chickpea Salad

*Grilled Vegetable

Herbed Egg Salad

Herbed Cheese & Cucumber

*Mixed Vegetable

Pear & Gorgonzola

Portabella Goat Cheese

*Roasted Red Pepper & Mushroom

*Veggie Stacker

BEEF

Beef, Cheddar & Horseradish

Beef & Colored Peppers

Beef & Swiss

Chicago Roast Beef - Giardiniera • Provolone • Greens

Pesto Beef

Red. Beef & Bleu

Reuben

Southwest Beef

CHICKEN / TURKEY

Bistro Turkey

California Grilled Chicken - Hummus • Goat Cheese • Cucumber • Greens

Chicken Caesar

Coconut Curried Chicken Salad

Cranberry Apple Chicken Salad

Grilled Chicken

Herbed Chicken Salad

Kickin' Chicken

Mediterranean Chicken

Nantucket - Cranberry Mayonnaise • Bacon • Cheddar • Greens

Sassy Rachel

Smoked Turkey with Peppered Butter

The Gobbler - Cranberry Mayo • Swiss • Multigrain

The Stallion – Sun Dried Tomatoes • Peppers • Mozzarella

Turkey Apple Cheddar - Apricot Mayonnaise • Sliced Apples • Cheddar Cheese

Turkey Cordon Bleu - Ham • Swiss • Dijonnaise

Tuscan Turkey - Spinach Artichoke Spread • Parmesan • Sun Dried Tomatoes

PORK

Bacon Egg Salad

Bacon Swiss & Spinach

Classic Club (Turkey/ Ham / Bacon)

Cuban Pork

Ham on the Ranch

Flyin' Hawaiian Ham

Pesto Ham

Maple Bacon Bella

Ham Salad

*Sicilian Club

SEAFOOD

Dilled Tuna Salad

Traditional Tuna Salad

Tuscan Tuna Salad

Lox & Capers

Salmon Salad

Shrimp Salad

Shrimp Roll



LUNCH MENU

LEAFY GREEN SALADS • 12 bowl serving minimum • \$48

Crunchy Asian Salad with Ginger Dressing

• mixed greens • cabbage • carrots • mandarin orange • edamame • roasted red peppers • chow mien noodles Chopped Herbed Tomato Salad

• chopped lettuce • sautéed tomatoes • balsamic vinaigrette • crumbled bacon • blue cheese • fresh parsley • dill Garden Potpourri with House Vinaigrette

• mixed greens • assorted garden vegetables

Spinach Strawberry Salad with Honey Poppy Dressing

• spinach • mushrooms • thinly sliced red onion • strawberries • toasted almonds

Spinach Pecan Salad with Creamy Onion Dressing

• spinach • apples • gorgonzola • pecans

Winter Fruit Salad with Lemon Dressing

• mixed greens • apples • pears • dried cranberries • pecans • swiss cheese

Mediterranean Mix with Rosemary Vinaigrette

• mixed greens • olives • artichoke hearts • roasted red peppers • feta

Fabled Caesar with Caesar Vinaigrette

• chopped romaine • sundried tomatoes • shredded parmesan • seasoned croutons.

Parisian Salad with White Balsamic Vinaigrette

• mixed baby greens • shredded carrots • dried cranberries • goat cheese

Harvest Salad with White Balsamic Vinaigrette

• mixed greens • purple cabbage ribbons • kale ribbons • shredded brussel sprouts • shredded carrots

Simple Garden Toss

• mixed greens • carrots • grape tomatoes • cucumber

Rustic Greens

• mixed greens • cucumbers • shredded carrots • colored peppers

\$10 Entrée salad

Add BEEF for an additional \$6 per serving Add CHICKEN for an additional \$4 per serving Add SALMON or SHRIMP for an additional \$8 per serving

SLAWS • 12 bowl serving minimum • \$48

Golden Cabbage Toss

Red, Bacon & Bleu Slaw

• cabbage • carrots • dried cranberries • mandarin oranges • sunflower seeds • orange yogurt dressing

Zesty Slaw

• cabbage • colored peppers • carrots • zesty vinaigrette

Pacific Rim Slaw

• cabbage • edamame • shredded carrots • crunchy noodles • cilantro • toasted almonds • sesame ginger dressing Rainbow Kale Slaw

• colorful kale with carrots • shredded brussel sprouts • craisins • sunflower kernels • creamy poppy dressing

• shredded cabbage • grape tomatoes • bacon • bleu cheese • creamy slaw dressing



LUNCH MENU

VEGETABLE and **FRUIT SALADS** • 12 bowl serving minimum • \$48

Broccoli Salad

- broccoli florets red onion cheddar sunflower seeds dried cranberries crumbled bacon creamy dressing Edamame Black Bean Salad
- black beans edamame sliced grape tomatoes green chilies mozzarella finely diced red onion lime vinaigrette Fruit Burst (Price varies according to season and availability.) *in season
- red and green grapes pineapple mandarin oranges apple * blackberries *raspberries *blueberries **Green Fruit Salad** (Price varies according to season and availability.)
- green apples kiwi pears green grapes honeydew lemon honey mint syrup

Orange Zucchini Salad

• julienned zucchini • red onion • mandarin oranges • parsley • orange juice

Strawberry, Tomato & Mint Medley

• strawberries • grape tomatoes • mint • lemon vinaigrette • over a bed of greens

White Bean and Tuna Medley

• white beans • albacore tuna • colored peppers • red onion • parsley • white balsamic vinaigrette

Tomato Asparagus Toss

• sliced grape tomatoes • asparagus • shaved parmesan • herbed parmesan lemon vinaigrette

PASTA and STARCH SALADS • 12 bowl serving minimum • \$48

Farm Stand Pasta Salad

• pasta • seasonal vegetables • lemon vinaigrette

French Potato Salad

• petite potatoes • fresh herbs • white wine vinaigrette

Mediterranean Pasta Salad

• pasta • diced artichoke hearts • roasted red peppers • black olives • chopped spinach • feta • rosemary vinaigrette

Spinach Orzo Salad

• orzo • spinach • onion • seasonings • feta • white balsamic vinaignette

Pasta, Pesto & Peas Salad

• pasta • creamy spinach pesto sauce • parmesan cheese • peas

Pesto Tortellini Salad

• cheese tortellini • parmesan • finely diced tomatoes • chopped spinach • pesto sauce.

Savory Pasta Salad HOUSE PASTA SALAD

• pasta • finely diced tomatoes • chopped spinach • and parmesan • sweet onion vinaigrette

Pistachio Bean Pasta Salad

• pasta • haricot verts • shaved parmesan • chopped pistachios • lemon vinaigrette

Red Skin Potato Salad

• red skin potatoes • onion • celery • creamy dressing

Savory Sweet Petite Potato Salad

• sweet potatoes • petite potatoes • diced colored peppers • red onion • fresh parsley • white balsamic vinaigrette

Wild Rice with Roasted Vegetables Salad

• wild rice • carrots • zucchini • squash • onion • colored peppers • asparagus • lemon vinaigrette



LUNCH MENU

SOUPS

\$4 per 8 ounce Serving

• Minimum order of 12 servings

5 Bean Chili •

Creamy Broccoli *

Chicken and Wild Rice

Corn Chowder •

Fabled Wedding

Harvest Vegetable •

Hearty Seasonal Vegetable •

Homestyle Chicken Noodle

*Vegetarian SOUP OPTIONS

VEGAN SOUP OPTIONS

Potato Corn Leek Chowder *

Mushroom Medley *

Thai Chili •

Sicilian Vegetable •

Stuffed Pepper

Tomato Basil *

White Chicken Chili

Winter Minestrone •

SPECIALTY DESSERTS

Starting at \$4 per serving

Minimum order of 12 servings

Fruity Bread Pudding Seasonal Fruit Cobblers Seasonal Fruit Crumbles Individual Desserts

Assorted Fruit Pies Specialty Desserts Specialty Tarts Assorted Trifles

SWEET TREATS

Crafted with LOVE...

Gourmet Cookies

Fabled Brownies

- \$12 per dozen

Gourmet Blondies

Fabled Bars & Treats

Cupcakes - starting at \$24 per dozen

Chocolate or Vanilla batter with a variety of frostings and decorations.

ASSORTED DESSERT PLATTERS & TRAYS

Triple Tiered Dessert

Approximately 100 pieces \$175

Double Tiered Dessert TrayApproximately 50 pieces for a Small \$90

Approximately 75 pieces for a Large \$125

Assorted Dessert Platter Approximately 30 pieces.

\$55

• ASK ABOUT OUR SPECIAL GLUTEN FREE and VEGAN DESSERT OFFERINGS.

Drink it UP!

Cold Refreshments

PUNCH - \$36 per 3-gallon dispenser

Ginger Snap Mixed Berry

Peach Nectar Sparkling Citrus Punch Tart & Bubbly Very Berry

ICED TEA - \$36 per 3-gallon dispenser *Sweeteners on the Side

Unsweetened Bengal Spice

Berry Hibiscus Green Lemon Ginger

Peach Peach

Peppermint

BOTTLED BEVERAGES

Bottled Waters • 16 ounces • \$1 each Bottled Sodas • 12 ounces • \$1.50 each Bottled Iced Tea • 20 ounces • \$2 each

RISE & GRIND!

COLD BREW - \$65 per 3 gallon dispenser, 48 - 8 ounce servings.

Includes – Sweeteners • Milk • Flavored Syrups • Stirrers • Ice • Paper Cups

Hot Beverages

COFFEE SERVICE - \$22 per | gallon dispenser, | 16 - 8 ounce servings.

• \$33 per 1.5 gallon dispenser, 22 – 8 ounce servings.

Includes – Sweeteners • Creamers • Stirrers • Paper Cups *Disposable coffee mugs available for \$.75 per mug.

Decaf • French Roast • House Blend • Specialty Flavors

HOT TEA SERVICE - \$15 per pumper, approximately 10 - 8 ounce servings.

Hot Water for Tea Service Assorted Teas • Milk • Lemon • Sweeteners • Honey Sticks • Stirrers • Paper Cups

Additional Offerings...

Disposables

Pricing for disposable cutlery, plates and cups start at \$2 per person. Please inquire about our selection of disposables available for your occasion.

Rentals

Tables, Chairs, Cutlery, Tableware and Stemware.

Contact us for more details on selection and pricing.

Linens

Solid White or Black, Banquet

54" x 114"- \$7 72" x 120" Floor length for 6-foot table - \$10

90" x 156" Floor Length for 8-foot table - \$12

Solid White or Black, Round 90" - \$7 • 108" - \$10 • 120" - \$12

Social Gatherings

Need a Venue to Host Your Event?

Consider Fabled Table for your next Event! Our indoor space offers multiple options for your event and during warmer months, escape into our urban oasis in our Courtyard. Visit fabledtable.com to view our photo gallery of Venue setup options. We tailor the space to suit your needs.

Call for more information, 412-330-7452 or make a reservation to visit us for one of our

Monthly Sunday Brunches on the 1st Sunday of Each Month or

our Monthly High Teas on the 2nd Sunday of Each Month.