



MOTO MATES EXPEDITION

TRAVEL PREPARATION CHECKLIST

Long-Distance Trips by MotoMatesExpedition
Website: www.MotoMatesExpedition.com



1 DOCUMENTS & LEGAL

- Driver's License & International Driving Permit (IDP)
- Motorcycle Registration Documents
- Health Insurance Documents
- Motorcycle Insurance Documents
- Roadside Assistance Details
- Passport / ID
- Emergency Contact Information
- Backup Copies of All Important Documents
(Cloud & Printed Copies)

2 MOTORCYCLE CHECK



- **Mechanical**

- Engine Oil Level
- Brake Fluid Level
- Coolant Level
- Chain Tension & Lubrication (Chain Drive Models)
- Shaft (Cardan) Drive Oil Level (Shaft Drive Models)
- Tire Pressure
- Tire Tread Condition
- Brake Pad Condition
- Lights & Indicators
- Battery Condition

2 MOTORCYCLE CHECK

- Tools & Spares

- Basic Tool Kit
- Tire Repair Kit
- Mini Air Compressor / Pump
- Spare Fuses
- Chain Lubricant
- Spare Bulbs



3 RIDING GEAR

- Full-Face Helmet
- Riding Jacket (Armored)
- Riding Pants
- Gloves (Summer / Rain / Cold Weather)
- Riding Boots
- Rain Gear
- Base Layers (Weather-Appropriate)



4 NAVIGATION & ELECTRONICS

- GPS / Phone Mount
- Power Bank
- Charging Cables
- Action Camera(s)
- Headset / Intercom
- Offline Maps Downloaded



5 LUGGAGE & PACKING

- Saddlebags / Panniers
- Tank Bag
- Waterproof Inner Bags
- Bungee Cords & Straps
- Cargo Net



6 PERSONAL ITEMS

- First Aid Kit
- Toiletries
- Sunglasses
- Earplugs
- Medications
- Snacks
- Water Bottle / Hydration Pack



7 COMFORT & TRAVEL ESSENTIALS

- Travel Towel
- Flip-Flops (for Stops)
- Extra Socks
- Neck Gaiter / Buff
- Microfiber Cloth (Visor Cleaning)



8 SAFETY & EMERGENCY

- Reflective Vest
- Flashlight
- Emergency Blanket
- Multi-Tool
- Paper Map (Backup Navigation)



CAMPING ESSENTIALS (IF CAMPING)



- **Shelter**

- Tent (Compact / Motorcycle-Friendly)
- Tent Footprint / Groundsheet
- Tent Stakes & Spare Pegs
- Small Mallet (if needed)

- **Sleeping**

- Sleeping Bag (Weather-Appropriate)
- Sleeping Pad / Inflatable Mattress
- Pillow (Compact / Inflatable)
- Sleeping Bag Liner (Optional – for warmth or hygiene)

CAMPING ESSENTIALS (IF CAMPING)



• **Cooking & Food**

- Camping Stove
- Fuel Canister
- Lighter / Waterproof Matches
- Cook Pot / Compact Cook Set
- Mug / Cup
- Cutlery
- Biodegradable Soap
- Small Sponge / Cleaning Cloth
- Collapsible Water Container

CAMPING ESSENTIALS (IF CAMPING)



- **Camp Utility**

- Headlamp
- Extra Batteries / Power Source
- Folding Chair (Compact)
- Paracord / Extra Rope
- Small Knife

- **Hygiene & Campsite Care**

- Wet Wipes
- Hand Sanitizer
- Toilet Paper
- Small Trowel (if wild camping)
- Trash Bags

MOTORCYCLE TRIP PREPARATION GUIDE: SAFETY, GEAR & ESSENTIALS



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Ride Together. Grow Together



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