



Emergency Action Plan for Snohomish Junior Cheer

During any emergency, the head coach, assistant coach, or parent will stay with the injured athlete.

Call **911** and give the dispatcher the following information:

- Your name and telephone number
- Address of your location

Practice locations

Centennial Middle School 3000 S Machias Rd, Snohomish, WA 98290

Pilchuck Park 169 Cypress Ave, Snohomish, WA 98290

Snohomish High School 1316 5th St, Snohomish, WA 98290

- Brief description of the injury and how many people are injured. (Follow First Aid/CPR protocol)
- Advise dispatcher that First Aid has been given
- Speak slowly and stay on the phone until told it's okay to hang up
- Have at least two people meet the ambulance and show the medics where to go.
- The Cheer Director or Team Parent will call the Cheerleader's Parent if they are not present.
- Return this sheet to the emergency kit.

Important numbers

- Shana Johnson 425-502-1432
- Cindy Pettersson 206-953-295
- Carmen Evans 425-218-7169