



Join Our Team – Become a Cheer Coach at Snohomish Junior Cheer!

At Snohomish Junior Cheer (SJC), we take pride in our dedicated and highly qualified cheer coaches who provide a safe, fun, and enriching experience for our youth cheerleaders. If you have a passion for cheerleading and leadership, we invite you to join our team!

What Sets Our Coaches Apart:

- **Stunt Certified** – Trained to teach and execute stunts safely and effectively.
- **CPR Certified** – Equipped with lifesaving skills to respond to emergencies.
- **Heads Up Certified** – Educated in injury prevention and concussion awareness.
- **Thoroughly Vetted** – Background-checked and selected for their values and expertise.

Why Coach with SJC?

- Inspire and lead young cheerleaders.
- Teach fundamental skills while fostering teamwork and sportsmanship.
- Create a positive and inclusive environment.
- Be part of a passionate and supportive community.

Join Us This Season!

Make a lasting impact on the next generation of cheerleaders in Snohomish. Apply today and be a part of an incredible coaching staff!



SJC Coaches Code of Conduct

The Snohomish Junior Cheer Coaches Code of Conduct emphasizes leadership through fairness, consistency, and positive role modeling. Coaches are expected to:

1. **Lead by Example:** Display a positive attitude, sportsmanship, and treat all athletes with respect.
2. **Promote Fairness:** Adhere to the rules, ensuring all athletes have the opportunity to learn and excel.
3. **Support Athletes:** Ensure athletes are physically and mentally prepared, and listen to their concerns.
4. **Demonstrate Integrity:** Avoid arguing with parents or officials, set a good example, and maintain safety by ensuring background checks are completed.
5. **Teach Life Values:** Foster responsibility, teamwork, discipline, leadership, and good citizenship.

Summary:

The overall message is to act with integrity and kindness, treating others as you want to be treated. Coaches should prioritize the well-being of the athletes in a safe and supportive environment, teaching not only cheerleading skills but also important life lessons like responsibility, discipline, leadership, and good citizenship. Positive influence is a key role in shaping young individuals.

This Code of Conduct provides clear guidelines to ensure coaches are fulfilling their responsibilities both as cheerleading mentors and role models.

Coach: (Print Name): _____

Signature: _____

Date: _____



Snohomish Junior Cheer Coaching Application

Full Name: _____

Date of Birth: _____

Phone Number: _____

Email: _____

Have you coached for Snohomish Junior Cheer before?

Yes _____ No _____

If yes, which squad/year? _____

Is there a particular squad you are interested in coaching?

- Seniors (8th grade) _____
- Bantams (7th grade) _____
- Juniors (5th & 6th grade) _____
- 89ers (3rd & 4th grade) _____
- Peewees (1st- 2nd grade) _____

- Kindy Minis (PreK-K) _____

I am interested in volunteering as a:

Head Coach

Assistant Coach

Why are you interested in coaching for SJC?



Have you coached or managed other youth athletics?

If yes, please describe:

Will you be coaching another team outside of Snohomish Junior Cheer this season?

Yes _____ No _____

If yes, provide details:

What skills do you possess that would make you successful in this role or what experience has prepared you for coaching cheer?

(Examples: prior leadership , working with youth, cheerleading, coaching, gymnastics, dance experience)

How would you describe your coaching style?

How do you handle conflict? For example, how would you handle dealing with difficult parents?

If you were offered this role, what would you need from the Cheer Board to be successful?



How will you measure your success as a coach?

Certifications & Training

List any certifications, accreditations, or cheer training programs attended in the last 3 years:

Are you willing to:

- Assist with all activities and fundraising events?
Yes _____ No _____
- Attend a stunt training session through the WIAA? (Encouraged but not mandatory)
Yes _____ No _____
- Become CPR and basic first aid certified? (Encouraged but not mandatory)
Yes _____ No _____
- Join USA Cheer as a certified Cheer Coach? (\$35-\$60 for safety training & background check)
Yes _____ No _____

Coaching Requirements & Conduct

- **Head Coaches** must attend all practices, games, and meetings or have an approved substitute.
- **All volunteers** must be approved by the SJC executive board and adhere to all rules.
- **Annual background checks** are required for all volunteers.
- **Coaches are responsible** for cheerleader and parent conduct at team functions.
- **Practices must end on time**, and coaches must wait until all children are picked up.
- **Adult participants** must refrain from swearing, alcohol, drugs, tobacco, and negative speech about the league.
- **The primary goal** is to ensure a safe, fun, and positive cheerleading experience.



Removal Policy

- Any inappropriate actions by a coach may be reviewed by the board.
- If removal is voted upon, the coach may not participate for up to one year.
- A second violation results in permanent removal from SJC.

Commitment & Agreement

- **Can you commit to 2-3 evening practices per week (starting in August) and Saturday games (September–early November)?**
Yes _____ No _____
- **Do you agree to treat all squad members equally?**
Yes _____ No _____
- **Do you support the goals and mission of Snohomish Junior Cheer?**
Yes _____ No _____
- **Do you consent to a background check?**
Yes _____ No _____
- **Have you ever been convicted of a crime that prohibits contact with children, or do you have any pending charges?**
Yes _____ No _____

Additional Information

T-Shirt Size: _____ Zip-Up Jacket Size: _____

Additional Comments:

Printed Name: _____

Signature: _____ Date: _____



My Coaching Strengths and Weaknesses

Rate yourself according to the seven basic responsibilities of coaching.

RESPONSIBILITIES	NOVICE	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	STRONG
Provide a safe physical environment					
Communicate positively					
Teach the philosophy and role of a cheerleading squad					
Teach the fundamental skills of cheerleading					
Direct squad members in game situations					
Help squad members become fit and value fitness for a lifetime					
Help young people develop character					