



## **TIFA Life: A Safe and Supportive Home for 16+ Care Leavers**

### **Who Are We?**

TIFA Life provides high-quality, safe accommodation for 16+ care leavers, offering a stable environment where young people can transition into independence. We work closely with local authorities, social workers, and support services to ensure each young person has the necessary resources to build life skills, access education and employment, and integrate into their community.

### **Our Accommodation**

TIFA Life offers a range of accommodation options to suit individual needs:

- Shared properties – Ideal for those who benefit from a communal environment with peer support.
- Single-occupancy flats – For young people who prefer more independence in their transition to adulthood.

Each home is comfortable, safe, and well-equipped to help young people settle in and prepare for independent living.

## **Every Young Person Receives:**

- New Bedding & Towels - A duvet, pillow, fitted sheet, spare bedding, bath towel, and hand towel.
- Welcome Pack (Food & Essentials) - Bread, milk, cereal, pasta, rice, tinned goods, tea, coffee, sugar, and toiletries.
- Kitchen Starter Pack - Plate, bowl, cutlery, mug, glass, saucepan, frying pan, chopping board.
- Laundry & Cleaning Pack - Washing powder, washing-up liquid, sponge, tea towel, bin bags, toilet rolls.
- WiFi Included - Fast broadband with simple connection instructions.
- Access to Entertainment & Social Connection - Communal spaces (where applicable) include board games, TV, streaming services, and a games console (PlayStation or Xbox).

## **Light-Touch Support**

TIFA Life provides tailored support to empower young people in their transition to independent living.

Our support includes:

- Daily well-being check-ins with staff.
- Independent living skills support, including budgeting, cooking, and maintaining a household.
- Assistance in accessing education, apprenticeships, and employment opportunities.
- Support with integration into the community and developing social networks.
- Guidance in accessing essential services such as healthcare, banking, and benefits.
- Signposting to mental health and specialist support services.

## **For Social Workers: Why Choose TIFA Life?**

We understand the importance of providing the right environment for care leavers. Our offering ensures:

- Affordable, high-quality accommodation
- A structured transition to independence
- Safe and well-managed properties
- Flexible support tailored to individual needs
- Options for both shared housing and single-occupancy flats
- A welcoming, inclusive environment with community focus
- Weekly reports detailing objectives linked to the young person's pathway plan

We work in partnership with local authorities to ensure compliance, progress tracking, and consistent communication, keeping social workers updated on each young person's development.

## **For the Young Person: What You Can Expect**

At TIFA Life, we are here to help you move towards independence. When you stay with us, you will:

- Have your own room in a shared home or a private flat, depending on your needs.
- Receive a Welcome Pack with food, toiletries, and essential household items.
- Gain support in learning vital life skills such as cooking, managing finances, and securing employment.
- Have access to education, training, and activities to help you shape your future.
- Be part of a supportive and inclusive environment.

- Enjoy entertainment options such as TV, board games, a games console (PlayStation or Xbox), and streaming services

### **Additional Benefits for Young People**

To support young people in their journey to independence, we also provide:


- Access to a mentor or support worker - Regular check-ins and guidance.
- Budgeting advice and financial independence support.
- Job and training assistance - CV preparation, interview coaching, and career planning.
- Gym membership or home fitness equipment - Supporting physical well-being.
- Outdoor and social spaces - Encouraging interaction and engagement with peers in shared accommodations.

### **How to Refer a Young Person**

We welcome referrals from social workers, local authorities, and partner organisations.

For more information or to make a referral, please contact us:

 Email: [hello@tifa-life.com](mailto:hello@tifa-life.com)

 Phone: 01792 677275

 Website: [www.tifa-life.com](http://www.tifa-life.com)