



INTRODUCTION:

TIFA Life's mission is to provide supported, affordable, and empowering accommodation for young people as they transition to independence. We believe in creating a safe, nurturing environment where young people can thrive and build a foundation for a bright future.

CORE VALUES

Our core values guide everything we do:

- Safety: Providing a secure, stable environment where young people feel protected.
- Independence: Encouraging and supporting each young person's journey toward self-sufficiency.
 - Respect: Valuing the individuality and diverse backgrounds of all residents.
- Holistic Support: Addressing the physical, emotional, and social needs of every young person.

TESTIMONIAL

TIFA Life has been an invaluable partner in helping young people transition smoothly to independent living.
— Social Worker

The support I received made me feel confident to stand on my own and make a life for myself.
— Former Resident

ACCOMMODATION OPTIONS AND FACILITIES

Types of Accommodation

We offer two tailored accommodation options to meet the varied needs of young people:

- **Shared Homes:** Perfect for those looking to connect with others in a supportive, communal setting. In our shared homes, each resident has a private bedroom, providing personal space while sharing communal areas such as the kitchen, lounge, and outdoor space with other residents.
- **Private Flats:** Designed for individuals who prefer greater independence and privacy, our private flats offer self-contained living spaces. These flats provide all the essentials for solo living, with access to support services and optional use of communal amenities.

Both options come with light-touch support, daily check-ins, and the flexibility to adjust support as needed.

Facilities Highlights

Each accommodation is equipped with essential amenities for comfortable living:

- **Kitchen:** Fully equipped for meal preparation and cooking independence.
- **Communal Lounge:** A welcoming space with comfortable seating, a TV, games, and a small library, perfect for socializing and relaxation.
- **Outdoor Area:** An inviting garden or patio space with seating for outdoor relaxation.
- **Wi-Fi and Study Spaces:** High-speed internet and quiet areas for studying or working.

Our facilities include well-designed and inviting spaces that feel like home. From cozy private bedrooms in shared homes to spacious lounges and kitchens, each area is set up to foster a sense of belonging and comfort.

OUR SUPPORT SERVICES

Individualised Support Plans

At TIFA Life, we recognise that each young person has unique needs and goals. That's why we offer personalised support plans designed to help residents on their journey to independence.

OUR SUPPORT INCLUDES:

- **Tailored Guidance:** We work closely with each individual to create a plan that aligns with their personal, cultural, and emotional needs.
- **Cultural, Dietary, and Religious Accommodations:** Respecting and integrating residents' backgrounds and preferences to foster a sense of comfort and belonging.

Life Skills Development

We believe that practical life skills are essential for successful independent living. Our workshops and sessions cover areas such as:

- **Budgeting:** Teaching financial literacy skills to help manage expenses and savings.
- **Cooking and Nutrition:** Offering cooking sessions to promote healthy, independent meal preparation.
- **Time Management and Household Skills:** Guidance on managing daily responsibilities and maintaining a living space.

Educational & Employment Guidance

Our aim is to empower young people to pursue their educational and career goals with confidence. We provide:

- **Pathway Support:** Assistance in exploring educational and vocational opportunities that align with individual strengths and interests.
- **CV Building and Job Application Help:** Resources for creating CVs, preparing for interviews, and finding job placements.
- **Ongoing Mentorship:** Support and encouragement throughout their journey, fostering growth, self-confidence, and resilience.

WELL-BEING AND EMOTIONAL SUPPORT

Mental Health Resources

TIFA Life is committed to supporting the emotional well-being of each resident. We provide access to a range of resources designed to help young people manage stress, overcome challenges, and build resilience.

OUR MENTAL HEALTH SUPPORT INCLUDES:

- **Counselling Services:** Access to professional counselling for those who may be dealing with trauma, stress, or emotional challenges.
- **Daily Check-ins:** Regular check-ins with our team to ensure residents feel supported, safe, and understood.

Community and Social Engagement

We encourage residents to form connections, engage with the community, and enjoy meaningful activities. These social supports help create a well-rounded experience and promote a sense of belonging:

- **Local Events and Cultural Activities:** Opportunities to participate in local events, cultural celebrations, and social gatherings.
- **Weekly Group Activities:** Regular group activities that range from recreational outings to skill-building workshops, fostering camaraderie and social bonds.
- **Access to Community Groups:** Support in joining local clubs, groups, and sports activities to expand social networks and build community ties.

Creating a Supportive Environment

At TIFA Life, we strive to create an environment where young people feel understood, respected, and valued. Our team is here to offer encouragement and guidance, empowering residents to feel confident and supported as they navigate their journey to independence.

SUPPORT FOR UNACCOMPANIED ASYLUM-SEEKING CHILDREN (UASC)

Specialised Services

At TIFA Life, we recognise the unique challenges faced by unaccompanied asylum-seeking children. Our specialised services are designed to provide practical, emotional, and cultural support to help these young people feel safe and secure as they adjust to life in the UK. Our support includes:

- **Legal and Immigration Assistance:** Guidance with legal and immigration appointments, ensuring young people understand and are prepared for their interactions with officials.
- **Cultural Integration and Language Support:** Opportunities to engage in local cultural activities, along with access to language support (**ESOL**) to help them settle comfortably and build essential skills.

Focus on Safety and Stability

We are dedicated to creating a safe and stable environment where UASC feel supported and respected. Our approach prioritises the well-being of each young person by:

- **Providing a Welcoming Environment:** Our team understands the unique needs of UASC and works to foster an environment of respect and understanding.
- **Culturally Competent Staff:** Our staff are trained in cultural competency and the specific challenges facing UASC, ensuring that young people feel understood and valued.

Building a Foundation for the Future

We are dedicated to creating a safe and stable environment where UASC feel supported and respected. Our approach prioritises the well-being of each young person by:

- **Providing a Welcoming Environment:** Our team understands the unique needs of UASC and works to foster an environment of respect and understanding.
- **Culturally Competent Staff:** Our staff are trained in cultural competency and the specific challenges facing UASC, ensuring that young people feel understood and valued.

TRANSITIONING TO ADULTHOOD

Ongoing Post-18 Support

TIFA Life recognises that the journey to adulthood doesn't end at 18. Our post-18 support programme is designed to ensure young people have the guidance and resources they need to transition smoothly into independent living. **Our ongoing support includes:**

- **Housing Assistance:** Guidance through the process of applying for long-term housing, with support to find secure and affordable accommodation.
- **Benefit Applications:** Help with understanding and applying for any benefits they may be eligible for, ensuring financial stability as they move forward.
- **Continued Mentorship:** Ongoing support to troubleshoot challenges, build confidence, and encourage a smooth transition.

Creating a Roadmap for Independence

Our goal is to equip each young person with the skills, resources, and confidence needed to take on life's next steps. We work with residents to create a personalised roadmap for their future, including:

- **Practical Resources:** Guidance on budgeting, tenancy management, and other essential life skills that will support their independence.
- **Access to TIFA Life's Extended Network:** Connecting young people with trusted partners and resources, such as housing advisors, employment services, and community organisations, to build a support system they can rely on.
- **Goal Setting and Future Planning:** We work together with residents to set achievable goals, providing them with the tools and encouragement needed to pursue their aspirations confidently.

Empowering Independence

TIFA Life is here to support young people as they take their first steps into adulthood. Through personalised guidance and practical tools, we empower each resident to move forward with self-assurance, ready to shape a bright and fulfilling future.

STAFF TRAINING AND EXPERTISE

Skilled and Compassionate Team

At TIFA Life, our team is dedicated to providing the highest level of support to young people. We ensure that every team member is well-equipped to meet the needs of our residents, creating a safe and positive environment that encourages growth and independence. **Our team's expertise includes:**

- **Enhanced DBS Checks:** All staff undergo enhanced DBS checks, providing an additional layer of safety and security.
- **Safeguarding Training:** Comprehensive training in safeguarding, equipping staff with the knowledge to protect and support young people effectively.
- **Cultural Awareness and Competency:** Our team is trained to understand and respect the diverse backgrounds, cultures, and needs of each resident, fostering an inclusive and understanding environment.

Commitment to Ongoing Learning

We believe that learning is a continuous process, especially when it comes to supporting young people on their journey to independence. To maintain our high standards, we are committed to:

- **Regular Professional Development:** Staff participate in ongoing training, keeping up-to-date with best practices in supported accommodation, mental health, and youth engagement.
- **Specialist Training for UASC Support:** Our team undergoes additional training to understand the unique challenges and needs of unaccompanied asylum-seeking children, ensuring we provide compassionate, informed support.
- **Building Trust and Rapport:** We emphasise the importance of building trusting relationships with young people, as this foundation enables them to feel safe, respected, and valued.

Creating a Supportive Environment

At TIFA Life, we are proud of our team's dedication and expertise. By continually investing in training and fostering a compassionate approach, we strive to create a supportive environment where young people can feel secure, understood, and ready to take on the next chapter of their lives.

Frequently Asked Questions

Common Queries

We understand that both social workers and young people may have questions about what life at TIFA Life looks like. Here are answers to some of our most frequently asked questions:

- **What is the daily routine like?**

Each resident has their own unique routine, and our approach is flexible to accommodate individual needs. Daily check-ins ensure that everyone feels supported and that any questions or concerns are addressed.

- **What kind of support is available?**

We offer light-touch support, with regular check-ins and personalised assistance based on each resident's needs. Our staff are trained to provide guidance on everything from managing daily tasks to achieving personal goals.

- **Are residents allowed visitors?**

Yes, residents are welcome to have visitors, with certain guidelines to maintain a safe and respectful environment for all.

- **What should residents bring with them?**

We encourage residents to bring personal items to make their space feel like home. We also provide a £100 allowance for each resident to personalise their living space.

Personalised Support Explanation

At TIFA Life, we know that each young person has different needs. Our adaptable support model means we can scale support according to each resident's situation, whether they need more guidance initially or prefer a greater degree of independence. Our team is always here to adjust the level of support as young people grow and become more confident in their independence.

HOW TO GET STARTED WITH TIFA LIFE?

REFERRAL PROCESS

Our referral process is straightforward and designed to ensure each young person's transition to TIFA Life is smooth and supportive. Social workers can refer young people by following these steps:

- 1. Initial Enquiry:** Contact our team to discuss availability and the young person's specific needs.
- 2. Assessment and Eligibility:** We will assess suitability based on individual needs, ensuring that TIFA Life is the right fit for each resident.
- 3. Referral Submission:** Once suitability is confirmed, social workers can submit the necessary documentation to complete the referral.
- 4. Confirmation and Move-In Planning:** Our team will coordinate the move-in process, providing guidance on what to bring and helping residents feel comfortable from day one.

Next Steps for Young People

Starting a new chapter at TIFA Life can be exciting, and we're here to make sure young people feel welcomed and settled from the moment they arrive. Here's what they can expect in their first few weeks:

- **Orientation and Welcome:** A tour of the accommodation, introductions to the team, and an overview of available facilities.
- **Personalised Support Meeting:** A one-on-one session to discuss goals, support needs, and how TIFA Life can help with their journey toward independence.
- **Building Connections:** Opportunities to connect with other residents through group activities and communal spaces.

Contact Information

For more information on referrals, general enquiries, or emergency support, please don't hesitate to reach out. Our team is available to answer any questions and assist with the referral process.