



little PAWS
MONTESSORI

Enrichment Class Schedule

2-2:50 pm

Monday

Art with Miss Amy

Tuesday

French Music with Miss Sophie (Sophie et Les Petits)

Wednesday

Traditional Japanese Tai-Jutsu with Sensei Delvin or Sensei Jeffrey (Studio City Martial Arts)

Thursday

Spanish with Miss Vanessa

Friday

Show & Share

Science with Miss Annica/Yoga with Miss Neely (Keep Shining Kids Yoga),
Alternating bi-weekly

Sophie et Les Petits

<https://www.sophielp.com/>

We are delighted to welcome Sophie Timpers, a Montessori-trained educator from Lille, France, who has been teaching French and *éveil musical* in preschools and parent & me settings throughout Los Angeles since 2005, using her own French compositions in the classroom. In 2011, Sophie created *Sophie & Les Petits* with producer Yuval Ron, releasing three albums of playful and dreamy French chansons that take little ones around the world through jazzy tunes, Middle Eastern magic, and sweet lullabies. She also developed Rhythmic Nation, an early childhood music appreciation program with a global and mindful approach, enriching children with multicultural awareness and a sense of unity through music. The focus will be on immersing the Little Paws students in French language and culture, particularly through music.

Studio City Martial Arts

<https://studiocitymartialarts.com/programs/#junior>

We are excited to welcome Senseis Delvin and Jeffrey to Little Paws for our Japanese Tai-Jutsu enrichment class. This program introduces children to Ten-Chi-Wa Tai-Jutsu, a traditional Japanese martial art known as the "Grandmother Art" of Karate, Judo, and Aikido. Rooted in natural body movement, Tai-Jutsu helps children develop balance, coordination, focus, and respect through purposeful exercises, partner work, and cooperative practice. With safety at the forefront, classes are taught in a slow, controlled manner, emphasizing self-discipline and personal growth rather than competition. The goal is to help each child build strength of body and mind while fostering perseverance, confidence, and a deep respect for themselves and others.

Keep Shining Kids Yoga

<https://www.keepshiningkidsyoga.com/>

We are so pleased to welcome Miss Neely and her Keep Shining Kids Yoga program back to Little Paws. With over 23 years of teaching experience and a Kids Yoga

certification since 2009, Miss Neely brings classes that weave together songs, creative movement, breath work, mindful relaxation, and imaginative play to nurture both body and mind. Her mission is to help children shine from the inside out, building confidence, flexibility, focus, and joy in a warm and encouraging space where everyone belongs.