# Little Paws Montessori

January 2024



# **Happy New Year!**

We cannot wait to begin a new journey around the sun.

The beginning of a new year always makes us feel sparkly and fresh, like newly fallen snow.

What are you looking forward to this year? What resolution do you have in mind for manifesting your best self?

Feel free to invite your children to present their New Year's goals to your family. The more we can work together as a team at home and at school, the better our chances of achieving our dreams!



January 15
MLK Jr. Day- School
Closed



**January 14**Happy 4th Birthday,
Mannal

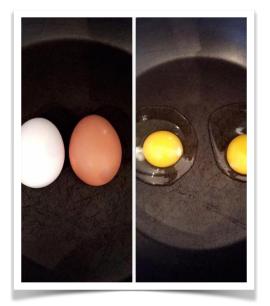


February 2
Reading Challenge
Pizza Party (if 100
books read!! ;) Lunch provided

## **Polar Regions**

Winter is the perfect time to study the Arctic and Antarctic. In Zoology, we explore themes like camouflage and hibernation, and we classify which animals live where. In Science, we experiment with magnets and polarity and use sodium polyacrylate to make fake snow!





# **MLK & Diversity**

We will introduce the children to Martin Luther King Jr. and his dream through a variety of storybooks and work trays. We will discuss the beauty of diversity, and we will talk about melanin and skin color after reading *All the Colors We Are: The Story of How We Get Our Skin Color.* During circle time, we will perform "the egg experiment" and discuss how, like eggs, humans are all pretty much the same inside!

# January Reading Challenge!

Each week in January, we will hand out reading logs to be returned on Fridays. If we reach 100 books total read by Jan. 31, we will have a pizza party on Feb. 2!! FAQ: Yes, it is ok to read/log the same book over and over. It counts every time!



## Weekly Lesson Themes for Friday Show & Share\*

January 4-12: Polar Regions; Weekend Activity\*\*: Ice Skating at Ice Santa Monica

January 16-19: Martin Luther King & Diversity; Weekend Activity: MLK Day of Service in Long Beach. Family community service projects - sign up for one at <a href="https://leadershiplb.org/mlk/">https://leadershiplb.org/mlk/</a>

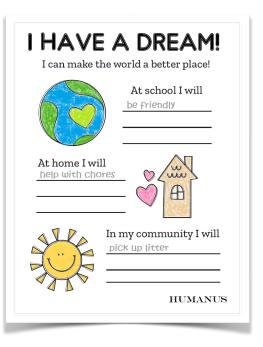
January 22-26: Reptiles and Amphibians; Weekend Activity: LAIR (living amphibians, invertebrates, and reptiles) house at the Los Angeles Zoo

January 29-Feb 2: Nutrition; Weekend Activity: Your local Farmers' Market









- \*On Fridays, your child is invited to bring an object from home in the theme of the week to share with the class!
- \*\* These are optional suggestions (outings, videos, books) made by the teachers for parents who would like to explore the weekly theme with their child over the weekend. The LP parent email list can be used to coordinate outings.

## **January Songs and Gross Motor Activities**

## **Polar Regions:**

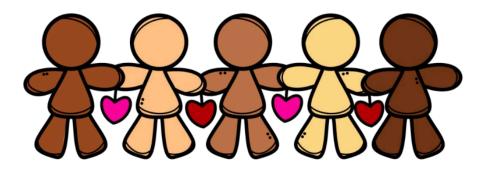


#### Martin Luther King Jr./Diversity:

# Freedom, Freedom

Tune: Twinkle, Twinkle, Little Star





Freedom, freedom, let it ring, "Let it ring," said Dr. King.

Let us live in harmony, Peace and love for you and me.

Freedom, freedom, let it ring. "Let it ring," said Dr. King.

#### Reptiles & Amphibians:

#### The Frog Life Cycle Song

(to the tune of Mary Had a Little Lamb)

Tadpole hatched out from an egg, From an egg, from an egg, Tadpole hatched out from an egg, And liked to swim around.

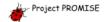
Tadpole grew his two hind legs, Two hind legs, two hind legs, Tadpole grew his two hind legs, And still he swims around.

Tadpole grew his two front legs, Two front legs, two front legs, Tadpole grew his two front legs, And still he swims ground.

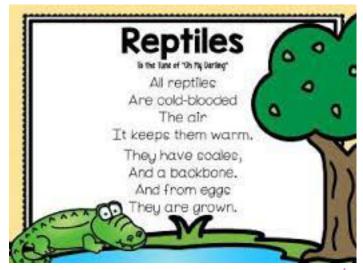
Tadpole lost his tail so fine, Tail so fine, tail so fine, Tadpole lost his tail so fine, And still he swims around.

Tadpole has become a frog, Become a frog, become a frog, Tadpole has become a frog, And now he jumps on land.

Froggie can both swim and jump. Swim and jump, swim and jump, Froggie can both swim and jump, He's an amphibian.







#### **Nutrition:**

**OH, Do You Eat Your Vegetables**? Sung to: "Muffin Man"

Oh do you eat your vegetables, vegetables? Oh, do you eat your vegetables-each and every day?

Oh, yes we eat our vegetables, vegetables: Oh yes we eat our vegetables-each and every day!

To continue the song, ask each child in turn to name a vegetable.

Substitute the child's name and her vegetable choice, and have everyone sing the new words. For example:

Oh Janet eats green beans, green beans, green beans, Oh Janet eats green beans-each and every day!

#### The Good Food Song

Sung to: "Old MacDonald Had A Farm"

Fruits are good for me,
EE I EE I O
And so I eat them happily,
EE I EE I O
With an apple here
and an apple there
Here a apple, there a apple
Everywhere a apple, apple.
Fruits are good for me,
EE I EE I O.



\*Use your own creativity to add other vegetables Variation: Vegetables are very good for me