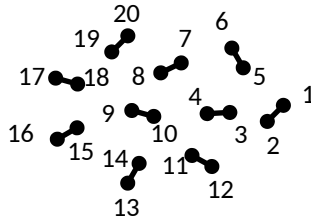


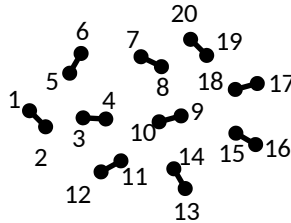


# Seed Stitch

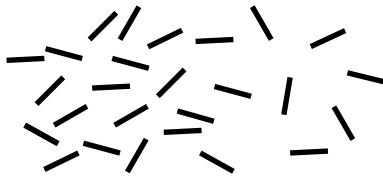
Stitch template—Right Handed



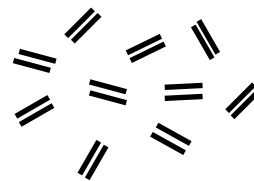
Stitch template—Left Handed



Stitch Variations



Variations in density



Parallel pairs of stitches

See Video 11 - Seed Stitch

STITCH  
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