



REVIVALATHLETICS

Trampoline and Tumbling Team Handbook

For Athletes and Parents

2026/2027 Season

Revival Athletics Mission Statement

At Revival Athletics we encourage our athletes to strive for excellence both on and off the floor. We provide high quality trampoline and tumbling training with a focus on safety, inclusion and progressions. In addition, RA also provides a fun and welcoming environment for personal development in sportsmanship, friendship, and community service. We would like to welcome new athletes to the Revival Athletics family, and we thank returning athletes and their families for there loyalty to the Purple, Black & White!



Athlete Code of Conduct

As a program, we pride ourselves on not only our talent, but on the class and dignity of its members. The following Athlete Code of Conduct was established as a set of principles and expectations for all Revival Athletics Members to follow. All members of our program are bound to the policies described below while participating with Revival Athletics:

*Athletes agree to work hard, maintain a positive attitude in and out of the gym, work towards the development of the teams, demonstrate great sportsmanship, show dedication and self-confidence.

*During practice all members must respect the practice space as well as the decisions of the coaches and participate in drills/activities.

*All practices are strongly encouraged - it is only through practice that athletes will continue to gain confidence and improve their skills.

*If an athlete becomes injured either in T&T or outside of the gym, we encourage them to continue to attend practice assuming doctors' permission as our coaches will modify practice and continue conditioning.

*Team placement and mobility are decided based on a combination of meeting mobility scores, coaches' discretion, athlete's behavior, work ethic and current skills.

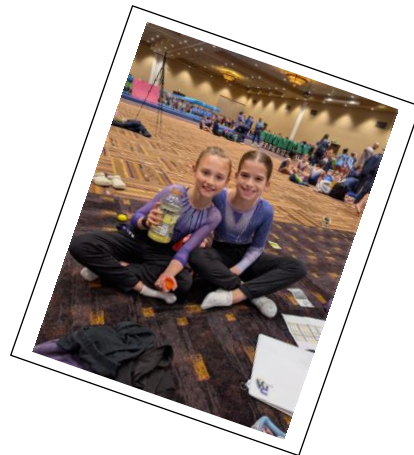
*We provide a small 10-minute break for athletes to have a healthy snack/dinner at each practice. Please encourage healthy snacks that will help athletes to be successful during practice. We also request that only water be brought into the gym and practice area to help protect our equipment.

*No valuable items should be brought to practice. Revival Athletics will not be responsible for lost or stolen items.

*All athletes are expected to abstain from any use or discussion of drugs, alcohol, tobacco, including vaping and abusive or inappropriate language. This behavior could result in immediate dismissal from the Revival Athletics Program.

*Appropriate practice attire should be worn to each practice. While leotards are strongly encouraged for everyone, we do require form fitting shirts or ones that can be completely tucked into pants or bottoms for safety and coverage during tumbling. Hair must be out of the athlete's face for safety purposes as well.

*All social media posts and interactions must be positive and respectful when the Revival Athletics program, athletes or staff are being referenced.



Parent Code of Conduct

The parent/legal guardian must accept the challenges and values this sport offers their athlete. As a Revival Athletics parent, you are bound to the same level of expectations as your athlete. The following Parent Code of Conduct was established as a set of principles and expectations for all Revival Athletics to follow. All members of our program are bound to the policies described below while participating with Revival Athletics:

*Parents are expected to join our BAND APP as this is our main form of communication and is very important for staying current and up to date with information.

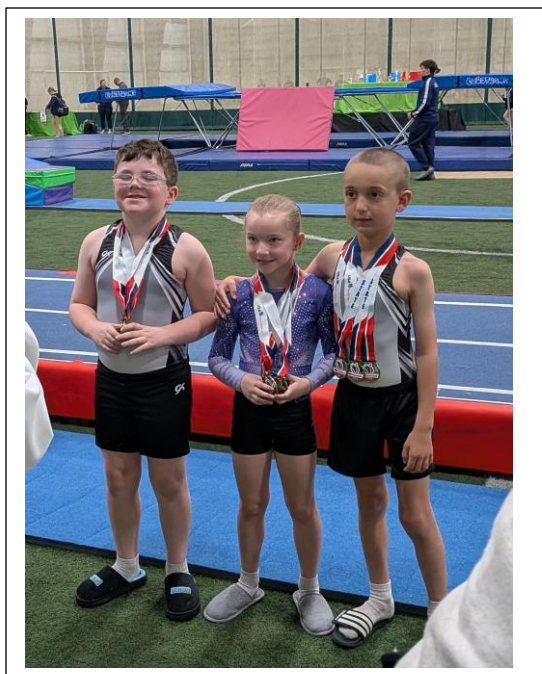
*All questions, comments or suggestions can be communicated to the coaching staff either through email or in person before or after practice times. Please allow 24 hours for response.

*Parents will agree to be supportive and respectful of all Revival athletes, coaches and staff members. They understand that Revival Athletics practices a 24-hour rule that requires any problems or disagreements with coaching staff or other athletes to observe a 24-hour cool down period before registering a complaint.

*Parents agree that if their athlete must discontinue practicing during the season due to injury and/or serious illness they may not return without a medical clearance from a doctor.

*Parents will demonstrate and encourage good sportsmanship and be supportive of the Revival Athletics Program, athletes, coaches and other families in the program.

*All social media posts and interactions must be positive and respectful when the Revival Athletics program, athletes and staff are being referenced.



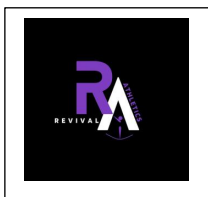
Meet Rules and Policies

The meet season can be the most exciting and emotional time of the program. Revival Athletics' goal is to help their athletes learn lifelong lessons in sportsmanship, work ethic, friendship and service to others while pursuing their passion for the sport of Trampoline and Tumbling. With that in mind we've created a list of the expectations for athletes and their families regarding attending meets.

- *Athletes and parents are expected to demonstrate good sportsmanship before, during and after meets. Be modest when successful and be gracious in defeat.
- *No Revival Athletics athletes or parents will participate in booing, derogatory remarks or laughing at other teams, parents, staff or judges
- *No Revival Athletics parents will approach an official or judge of an event and will stay off the competition floor.
- *Parents will direct all meet questions to the Revival Athletics Program and will not reach out to the meet host gym for any reason.
- *It's important that **No FLASH** Photography occurs at meets for the safety of all the athletes involved.
- *Revival Athletics will provide level guidelines for athletes and parents to understand what skills are required for each level upon request. These guidelines are based off USAG score sheets and requirements.
- *All parents will provide accommodation reservations for their athletes which include but are not limited to hotel accommodation and travel expenses in addition to the monthly tuition.
- *Athletes will wear appropriate Revival Athletics Competition Leotards and new for 2026/2027 season all athletes will be required to purchase a black competition jacket that we will add a logo to as well as solid black pants for all meets.
- *Athletes are encouraged to attend at least 3 meets throughout the season and we strongly encourage one of them to be the PA State Championship. Although ultimately the choice of attending is up to the athletes and the parents.
- *Once the final schedule is released it is the responsibility of the athlete and parents to communicate which meets they will be attending to the Revival Athletics Staff in writing (either through email, the BAND APP or texting).
- *While we encourage athletes to enjoy their time away at travel meets, we ask that athletes use caution in strenuous activities before competition. Athletes need to be well rested to perform at their best.
- *All athletes are required to attend the awards ceremonies at each of the meets. They are also encouraged but are not required to remain at the entire award session if teammates are also participating.
- *Meet details will be distributed as soon as they become available. Listed below is the information we currently have. Revival Athletics reserves the right to make any changes that are necessary regarding the meet schedule. Registration prices are estimates based off the 2025/2026 season unless in **RED** those are 2026/2027 prices. Final prices will be released through our monthly newsletters as well as on the BAND APP.

Tentative Meet Schedule

<u>DATE</u>	<u>MEET NAME</u>	<u>LOCATION</u>	<u>OPEN TO</u>	<u>REG. PRICE 2026</u>
January	Mock Meet	Revival Athletics	Levels 1-Elite	Free
January 15 th -17 th 2027	Janet Rothenberg Memorial	Poconos, Pennsylvania	Levels 1-Elite	\$125 (Lvl 1-7) \$130 (Lvl 8- Elite)
January/February	Trampoline Invitational Garden State	Millstone, New Jersey	Levels 1 – Elite	\$100
February	CAVU Extravaganza	Mountain Lakes, New Jersey	Levels 1-Elite	\$100
February 25 th – 28 th 2027	Winter Classic	Daytona Beach, FL	Levels 1-Elite + HUGS	\$125 (lvl 1-9) \$150 (lvl 10- elite)
February/March	Fairland Classic	Maryland	Levels 1-Elite	\$145
March/April	KMC	Kennett Square	Levels 1 – Elite	\$75.00
March/April 2027	PA State Championships	TBD <i>Last year: Scranton, PA</i>	Levels 1-Elite + HUGS	\$130
April 2027	Region 6 Championships	TBD <i>Last year: Lewisburg, PA</i>	Levels 1-Elite + HUGS	\$150
May 6 th – 9 th 2027	Elite Challenge	Irving, TX	Levels 10/OPEN-Elite	\$175
June 2027	USA Championships	TBD <i>Last Year: Tulsa, OK</i>	Levels 8-Elite	\$200
July 2027	Stars & Stripes Nationals	TBD <i>Last Year: Seiverville, TN</i>	Levels 5-7 + HUGS	\$175



Financial Policies and Responsibilities

The Revival Athletics Competition Team requires not only a time commitment and physical training but also a financial commitment. The following is a description of the expectations and fees that are involved with this program:

*Each team family, except for the HUGS Team, will be responsible for monthly tuition that includes practice time in the gym, and coaches' fees for the meets. The tuition is due by the 10th of each month. If not received by the 15th there will be an additional \$30.00 added to the tuition. Monthly invoices will be sent to each family and can be paid through the website at www.revival-athletics.com or through a check that needs to be made out to Revival Athletics or through venmo or cash.

*The individual athlete registration fee will only be charged for the meets that families choose to attend. Once the registration fee is paid most meet directors will only consider issuing a refund with a doctor's note for medical excuses. If you miss a meet for any other reason the registration fee will not be reimbursed by the host gym or Revival Athletics.

*Any questions regarding your tuition should be brought to the attention of the Revival Athletics staff prior to its due date.

*As a non-profit organization we will be holding one MANDATORY fundraiser in February. All families including competitive, non-competitive, phoenix team and HUGS team will be required to sell 10 Super Bowl Square Tickets at \$20/ticket, or they can choose a \$200 buyout. This fundraiser will be to support our annual insurance costs and equipment maintenance needs.

*We will also be providing other fundraising options for families to earn money for their own accounts if they choose to participate. More details will be distributed throughout the season.

*All athlete's accounts must be current and in good standing to participate in practices, classes, meets and special events. Any funds earned through fundraising will automatically be applied to any delinquent outstanding accounts. Revival Athletics also reserves the right to withhold purchased leotards, warmups or spirit wear for delinquent outstanding accounts.

*The monthly competitive team tuition reflects a 12-month experience which includes the Phoenix Team - the costs for the year commitment are divided and dispersed into 12-month payments. All fees are non-refundable and non-negotiable. Ceasing to participate for reasons including but not limited to injuries, illness, removal from the team program or choosing not to participate requires payment for 2 calendar months following a written resignation.

*The Non-Competitive Team is a consecutive 6-month commitment that begins with the first month of tuition – The Shooting Stars Class is a month-by-month commitment.

*Revival Athletics is not responsible for reimbursing travel expenses to team members or individuals in the unforeseen cancellation of events or athletes' loss of skills/injury or illness. All meets are subject to change and payments are non-refundable

*If a meet is canceled by Revival Athletics ONLY, a decision will be made by the organization to replace it with a comparable event if able to and adjust fees accordingly.

Monthly Tuition Rates:

Lvl 4- Elite

3 days a week/ 3 hours per practice: \$325/month

2 days a week/ 3 hours per practice: \$250/month

Non-Competitive:

1 day a week/ 3 hours per practice: \$140/month

Phoenix Team

1 day a week/ 2 hours per practice: \$125/month

HUGS:

Participate in 1 rec HUGS Class per week – additional team fees of \$50.00 will be added to each meet the HUGS Athletes choose to participate in.

Shooting Stars:

1 day a week/ 1.25 hours per practice: \$90/month

Just a reminder the monthly tuition fees include time in the gym, and coaches' fees for all the meets **EXCEPT** the Elite Challenge Meet (for levels 10, Open and Elite Only), USA Championships (for levels 8-Elite) and Stars and Stripes (for levels 5-7).

Other Competitive Costs:

*Competition Attire is required for all athletes per USA Gymnastics Regulations. Female athletes will need to purchase a competition leotard that can range up to \$350.00 and male athletes will need to purchase a competition shirt and shorts that can range up to \$150.00.

*All athletes will be required to provide a black competition jacket that we will add our logo and their name too for \$15.00. They will also need to purchase black pants for the competitions.

*Each athlete is required to have a USA Gymnastics Membership that will be purchased through USA Gymnastics. For first year athletes the cost is \$27.00 and for returning athletes the cost is \$75.00. The membership runs from August 1st through July 31st. We will help families to get their athletes registered through the website.



Revival Athletics Logo and Name

Revival Athletics logo and names/slogans are the property of Flight's Cool T&T Academy Inc. Logos and names/slogans are not permitted to be reproduced on apparel or any other item without written approval by the board of directors of Revival Athletics. Revival Athletics will be offered for sale through our online spirit store.

If you have any questions, please email us at dbrumm@revival-athletics.com



I have read and agree to all rules, policies and guidance provided in the Revival Athletics Trampoline and Tumbling Team Handbook and agree to abide by them in their entirety.

Parent/Legal Guardian Signature: _____

Athlete Signature: _____

Athlete and Family Information Page

First Name: _____

Last Name: _____

Date of Birth: _____

Gender: M / F

Address: _____

T-Shirt Size: _____

Parent/Guardian #1: _____

Phone Number: _____

Email Address: _____

Parent/Guardian #2: _____

Phone Number: _____

Email Address: _____

Waiver and Release of Liability

In consideration for (athlete) _____'s participation in the activities provided by Revival Athletics (Flight's Cool T&T Academy Inc.), including but not limited to all aspects of tumbling, trampoline and recreational training and/or competition. I am fully aware that any activity involving motion, height, or athletic activity creates the possibility of serious injury and/or death. I hereby release Revival Athletics (Flight's Cool T&T Academy, Inc) including its officers, shareholders, agents and employees, from any liability to the above names athlete, of the person claiming through him/her, arising from injury to the person or property of the above names athlete occurring on the premise of Revival Athletics (Flight's Cool T&T Academy, Inc), including an event sponsored by Revival Athletics (Flight's Cool T&T Academy, Inc), and/or travel to and from such activities. This release includes but is not limited to any claims of negligence, dangerous condition, latent defect, premised liability, code violation, negligent security, failure to warn vicarious liability, permissible under Pennsylvania law. I am fully aware of the nature of the activities provided and the possibility of injuries arisen from such activities. I further agree to hold harmless, indemnify and defend Revival Athletics (Flight's Cool T&T Academy, Inc), including its officers, shareholders, agents and employees from any loss, liability, damage, or cost incurred by them due to the above names athlete on the premises or during any event sponsored or sanctioned by Revival Athletics (Flight's Cool T&T Academy, Inc) This release is intended to be binding upon the athlete, his/her heirs, assignees, and successor in interest, and anyone claiming by or throughout him/her. In additional, I give Revival Athletics (Flight's Cool T&T Academy, Inc) permission to film, photograph or videotape the above athlete for reproductions, movies, televised events or promotional print associated or in any way connected with Revival Athletics (Flight's Cool T&T Academy, Inc). I have read and understand the registration form and agree to all terms as stated above. I also attest that all information given is factual. I certify that the athlete is in good health and may participate in any Revival Athletics (Flight's Cool T&T Academy, Inc) activities. In case of an emergency requiring medical treatment, the undersigned hereby authorizes Revival Athletics (Flight's Cool T&T Academy, Inc) to take the above named athlete to a qualified medical or hospital facility for care or treatment.

Print Athlete's Name: _____

Date: _____

Print Parent/Legal Guardian's Name: _____

Signature of Parent/Legal Guardian's Name: _____

If you have any questions, please email us at dbrumm@revival-athletics.com