

WEEKEND WARRIOR TOURNAMENT SERIES



4Coed

5Coed

Coed Rules

4Coed rules are based off 4 Man NC rules with these changes

- 2 Males & 2 Females
- Female NOT allowed to rush MALE QB. Gender must rush gender
- No LATERAL, HANDOFFS, or THROWBACKS. Opposite of 5Coed.

SECTION 1. ELIGIBILITY

4Coed Non-Contact Coed flag football teams must consist of a minimum of 2 females on the field at the same time or you will forfeit. The normal team consist of 2 males and 2 females, but you may use more females than required, but no less than 2. As long as you have 2 females and a minimum of 3 total players on the field you are eligible for play.

SECTION 2. EQUIPMENT

For coed formats, a Junior size football is allowed in addition to the standard adult size.

SECTION 3. GAMEPLAY

To ensure COED participation, a penalty will ensue if the offensive team fails to use a woman as an operative player within 3 consecutive downs. The penalty for running 3 consecutive plays without a woman as an operative player will be a 5 yard penalty and loss of down (i.e. if it was 1st down during the penalty it is now 2nd down) and the woman must now be the operative player on the next play.

3.1.9 An Operative Player is defines as a player who:

- Is the intended receiver in the eyes of the official
- Runs the ball as the primary runner
- Receives the snap as the QB and must attempt to be the person who initiates the ball crossing the line of scrimmage.

3.1.10 An Operative Player is NOT defined as a player who:

- The center who snaps the ball

6.1 SCORING VALUES

6.1.8 Coed scoring system and gameplay is as follows:

- Touchdown (male)=6 points
- Touchdown (woman) = 9 point
- Extra point (woman) = 2 points (5 yard line - pass), 3 points (12 yard line- run or pass), 4 points (18 yard line - run or pass). If it's NOT a female score on this PAT then the points are worth 1, 2, or 3.

5COED RULES

BASE 5M NC RULES. SAME POINT SYSTEM AS 4COED ABOVE.

MUST HAVE AT LEAST 2 FEMALES ON THE FIELD AT ALL TIMES
WITH A MAX AT ANY TIME OF 3 MALES.

5COED ALLOWS THE QB TO RUN WITH A HANDOFF OR
THROWBACK JUST LIKE 5 NON CONTACT RULES. ANY GIRL
SCORE IS GOOD FOR 9 POINTS.