

Before the Crisis:

A simple 5 step Guide to Being Prepared



A gentle starting place for families who want to make thoughtful decisions—before urgency takes over.

Step 1: Notice the Subtle Shifts

Pay attention to small changes:

- Missed medications
- Increased forgetfulness
- Changes in mood or routine
- Home upkeep becoming difficult

These are often early signals—not emergencies, but invitations to prepare.

Step 2: Start the Conversation Early

Choose a calm moment—not a crisis.

Simple opening:

“I want to make sure we honor what matters most to you as life changes.”

This keeps dignity at the center.

Step 3: Understand What “Staying Home” Really Requires

Aging in place is possible—but it requires:

- A safe environment
- Support systems
- Financial clarity
- A realistic plan for increasing care

Hope is not a plan—clarity is.

Step 4: Get Key Documents in Order

Without urgency, begin gathering:

- Power of Attorney
- Healthcare directives
- Financial overview
- Insurance and long-term care details

Having this ready removes stress later.

Step 5: Know Your Options Before You Need Them

There is no “one-size-fits-all” solution.

Options may include:

- In-home support
- Independent or assisted living
- Memory care
- Transition planning and downsizing

The best decisions are made when you’re not rushed.

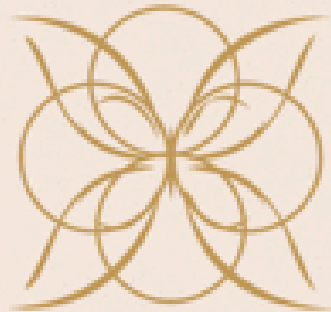
A Gentle Next Step

You don't have to figure this out alone.

At Magnolia Senior Services, we walk alongside families to help you:

- Understand your options clearly
- Create a plan that fits your family
- Move forward with confidence—not pressure

Start with a simple, complimentary 30-minute conversation.



Magnolia Senior Services

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