

# Annual Report

## 2014 - 2015

### MISSION STATEMENT

*Mary Manning Centre responds to children, youth and families affected by sexual abuse and other trauma, by providing victim services, counselling, prevention and education within the Greater Victoria community, and consultation throughout the Province of British Columbia.*

### Present Board of Directors

Trina Stevens, Chair  
Sam Cameron-Vice Chair  
Laura Vye, Secretary  
Craig Tompkins-Treasurer  
Allen York  
Reginald Norton  
Kristi Ross  
Rishi Sehgal  
Matthew Herrington

### Past Board Members

Julie Adams, Vice-Chair  
Stephen Chapman, Treasurer  
Wayne Mitic

### Staff

**Sandra Bryce**, Executive Director  
**Judith Wright**, Clinical Coordinator

Carlie Green, Carlin Son, Gaylene Turner, Kelly Montgomery, Ken Seidman, Kim O'Leary, Leah Tyler, Shawna Paul-Herlinveaux, Susan Payne.

### Student Interns

Catherine Taylor  
Mattie Walker

### REPORT FROM THE CHAIR OF THE BOARD OF DIRECTORS

*'Change is the law of life. And those who only look to the past or present are certain to miss the future.'*  
-John F. Kennedy

This past year has brought many positive changes to the Mary Manning Centre, which brings us to the first change, our operating name. We are now The Victoria Child Abuse Prevention and Counselling Centre (VCAPCC).

The Board is facing changes as well with current members resigning and new members joining. It has been an honour to sit on the Board with so many valuable members of the community, but sadly it is time to say good-bye to a couple of members, including myself; I will be leaving after this year's accreditation, and Craig Thompson. Please welcome Rishi Segal, Kritsi Ross, Meghan Oberg, Tanya Pohl, Niki Hodgkinson, and Graeme Gass. These seven new members bring an array of different skill sets and attributes that will enhance our Board and agency. To the current Board members, your commitment is not unnoticed-thank-you, especially to Laura Vye for your secretarial expertise. To Sandy, thank-you for your hard-work and for giving me the opportunity to be part of the Board of Directors.

The Child Advocacy Centre (CAC) is not a change, rather an addition to VCAPCC, and is expected to open at the end of this year.

It is time for the agency to go through the accreditation process again this year. With a successful outcome of three years in 2012, we are expecting the same results this time. The survey is scheduled for December.

What does the future hold for VCAPCC...As the Chair of the Board, I see a bright future for VCAPCC. With this being my last year as Chair of the Board, I send my best wishes to the Board and staff members. I have been privileged to be part of an agency, a professional family unit, which is dedicated to positively changing and influencing the lives of children and families who have suffered from abuse and trauma.

*'Never believe that a few caring people can't change the world. For, indeed, that's all who ever have.'*  
-Margaret Mead

Respectfully submitted,  
Trina Stevens

### REPORT FROM THE EXECUTIVE DIRECTOR

*"We make a living by what we get, but we make a life by what we give."*  
-Winston Churchill

After thirty one years of providing services, it is a reality that the generosity of others is the foundation that has enabled our Centre to stay open for so many years. We greatly relied this year on donations, grants and Bequest funds. I thank our many supporters including: Island Savings Credit Union, Victoria Foundation, Steve Nash Foundation, BC Gaming, Norgaard Foundation and PECSF. As well I would be remiss in not mentioning our individual donors of funds and in-kind services. Thank you.

It is a constant challenge to find funding for children whose needed services are not funded provincially. We advocate for all children who have suffered from abuse and trauma of all types. This year we achieved a milestone with the opening of a Child Advocacy Centre, in collaboration with the Victoria Sexual Assault Centre. The Child Advocacy Centre will create a multi-disciplinary, child friendly, centralized resource Centre where children can access all the services required. The Centre is currently under construction with an official opening in January 2016. We thank ORCA for its contribution over the past few years in raising the profile of Child Advocacy Centres in Victoria.

This year as a Centre of Excellence we recognize the generosity shown by our Interns. This year we hired previous intern, Mattie Walker, and we welcomed two interns this September, Charlotte King-Harris and Amy Gordichuk. Interns provide us with invaluable support, making it possible to manage our waitlist for services as well as provide them with valuable learning opportunities.

We took steps to increase our community profile including meeting with the Minister of MCFD Honourable Stephanie Cadieux addressing the current issues in child abuse and the need for modifying contract language in the Sexual Abuse Intervention Program contracts. Senior staff had some media exposure this year raising awareness of our agency and the reality of the services that we provide. For four months we ran television ads about the Centre and the issues of abuse.

I would like to personally say farewell to our current Board Chair, Trina Stevens and thank her for her dedication and commitment to the agency for the past (#) years. Trina you will be missed - but not forgotten. Best wishes also to Craig Tompkins. Thank you both for your support. With loss comes gain, and I welcome incoming board members, Kristi Ross, Rishi Sehgal, Graeme Gass, Tanya Pohl, Meghan Oberg, and Niki Hodgkinson.

This year our Centre made its new operating name official - Victoria Child Abuse Prevention and Counseling Centre, although our legal name remains the same-Child Abuse Prevention and Counselling Society. Email addresses have been updated and we are currently planning to build a new website with the support of our IT team.

Once again the agency will seek CARF accreditation. A mock survey was conducted in February and the agency is in good standing to succeed. The staff of our Centre deserve special mention for their commitment, determination, kindness and generosity of spirit – you are the heart of the Centre and true healers. Special notice to Judith and Kelly; we celebrated their 25<sup>th</sup> anniversary this year. Thank you to our administrative volunteer Olivia Chabasiewicz who assisted the Centre by scanning and saving all hard copy, terminated files in our system. Our Nucleus data base has provided us with the support necessary to provide our first Outcomes report in April 2016.

With generosity comes possibilities...I look to the future with hope and anticipation – a new Child Advocacy Centre; modified SAIP contracts and core funding for all children affected by abuse and maltreatment regardless of type.

Respectfully submitted,  
Sandra Bryce, Executive Director

### REPORT FROM THE TREASURER

Following a fiscally challenging year in 2013-2014, I am pleased to announce to our members and stakeholders that the Society has shown a remarkable recovery in financial health this year ending the year solidly in the black. The recovery was realized through our financial strategies to diversify our revenue sources and to focus efforts on grant proposals and Bequest funds.

As we clearly understand that our financial health has a direct correlation to the service levels for our clients, this progress is significant beyond our positive financial statements. This achievement is not possible had it not been for the following entities and individuals.

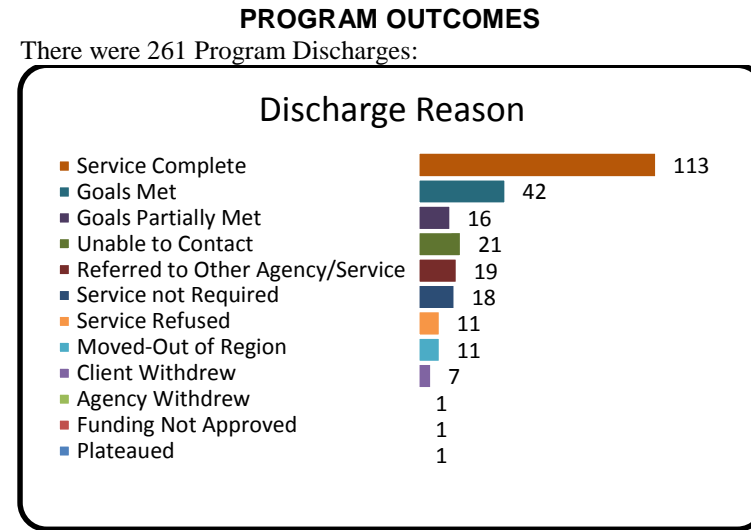
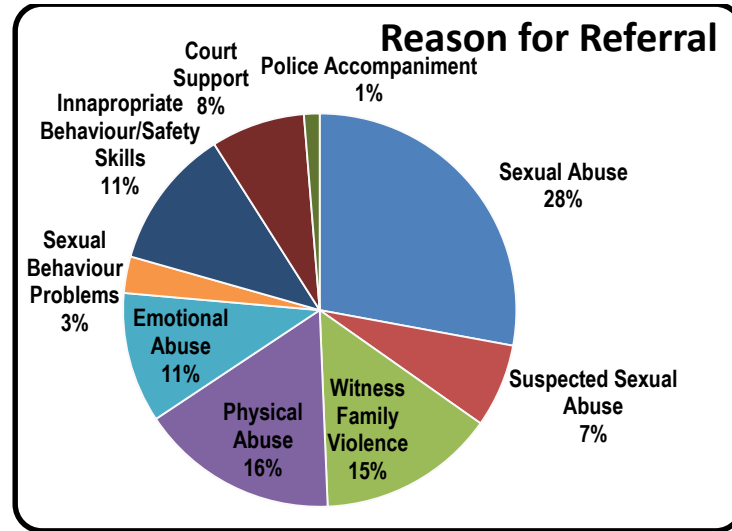
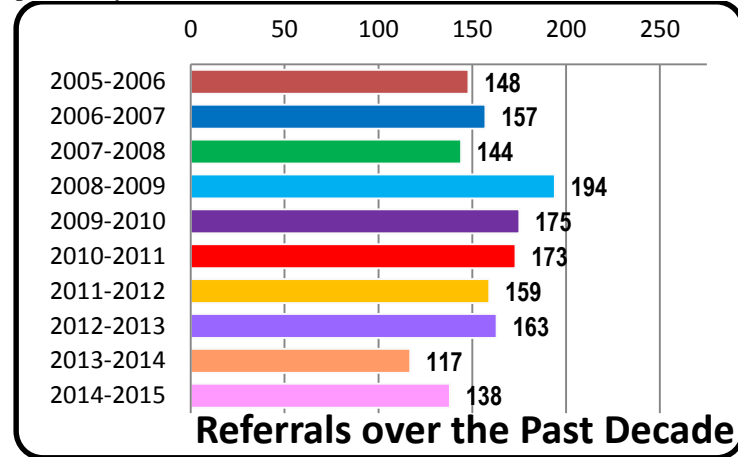
I would like to acknowledge continued support from the provincial and federal governments for our core programs and initiatives. However, roughly 15% of our operating costs that cover trauma counselling, community outreach programs, IT advancements for qualitative outcome measures are not currently funded by government funding. These gaps have been filled by private and public foundations and individual donors. Special thanks goes to the Norgaard Foundation for its substantial financial contributions for the past two years for our "No Place to Go", an initiative that provides trauma counselling for unfunded children, youth and their families. I extend my sincere appreciation to the Steve Nash Foundation for its generous contributions that helped the Society enhance our community profile attracting more bequest funds as a result. Our new bank Island Savings Credit Union is not only our business partner in managing our finances but also has become a partner in helping children heal through its GIFT program. The Victoria Foundation supported the "Raising Happy Children" program increasing education and support around bullying/abuse to parents and caregivers in a group setting as well as youth in schools. The Public Employees Community Service Fund (PECSF) should also be acknowledged as a sponsor that made all of these possible. Finally, I would like to thank David Levinson and Rajvir Gill of D.A. Levinson and Associates Inc., for their accounting services and Jack Toepfner of Allen & Krauel Inc., for his review engagement services.

Despite our current positive fiscal year, ongoing stable funding remains a primary area of long-term concern. There still remain environmental risk factors that may affect the Society's financial sustainability. One of the biggest challenges is funding gaps between government funding and a child's eligibility for the funding. This inadequacy is causing the Society to seek other one-time grants such as BC Gaming and others, rather than focussing on long-term objectives that create lasting impact for the community from social investment based on sustainable financial planning. It is our hope in the coming year that significant public policy changes will come into effect so that social service providers including this Society can make a more sustainable difference for children and families in our community.

In closing, I would like to extend my heartfelt thanks to Sandra Bryce, Executive Director for her ability to revitalize the Society's finances to the current level.

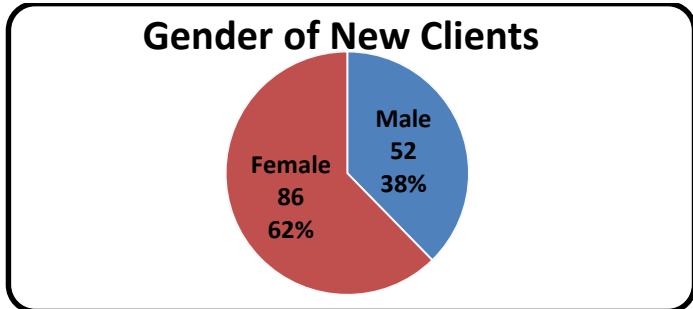
Respectfully submitted,  
Craig Tompkins, Treasurer

**Referrals**  
In 2014-2015, the agency received 138 referrals, compared to the previous year of 117.

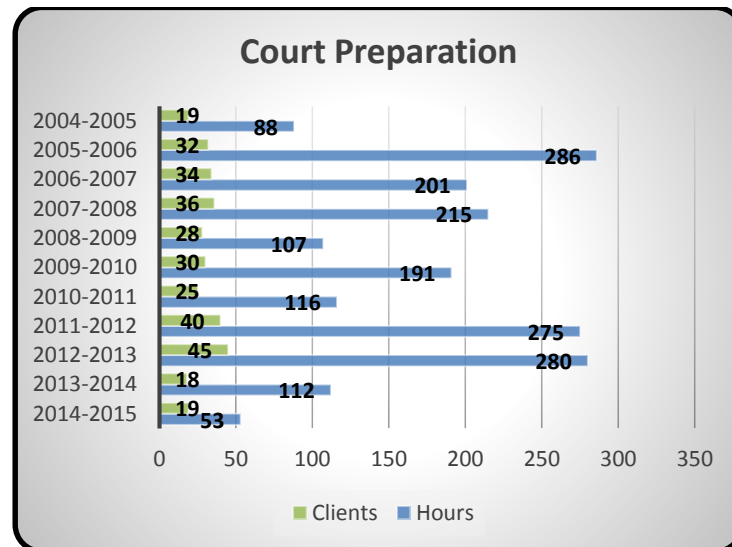


Toronto Campaign: BMO Financial Group; RBC Financial Group; Sierra Systems Group Inc., via United Way of Greater Victoria Campaign: Natural Resources Canada

**INDIVIDUAL DONORS**  
Julie Adams, Anonymous, Jenifer Bailey, Ed Bain, Nelda Barras, Phillip and Martine Bond, Beverly Brookman, Susan Corner, John Crow, Chris Denford, Mike and Denyse Dohm, Jean Douglas, Trudy Duivenvoorden, Ian Elliott, Pete and Shirley Griffiths, Elisabeth Jirik, Moria Johnston, Roy Kendall, Doug Logan, Daphne and Niall Macnaughton, Mel McDonald, Mark Melo, Wayne Mitic, Gareth Morley, Scott Murdoch, Dr. Diana Nicholson, Reg Norton, Dennis Passmore, Carmen Reppel, Grace and Gordon Rogers, Elizabeth Rudyk, Marie Savage, Ellenor Schneider, Faith Shields, Kiyoko Shimizu, Doreen Spring, Donna Stevens, Jenny Stewart, Gwendolynne Taylor, June Tomlinson, Lesley Valour, Barb Wilson, Eric Young, Seaborn Trust Fund

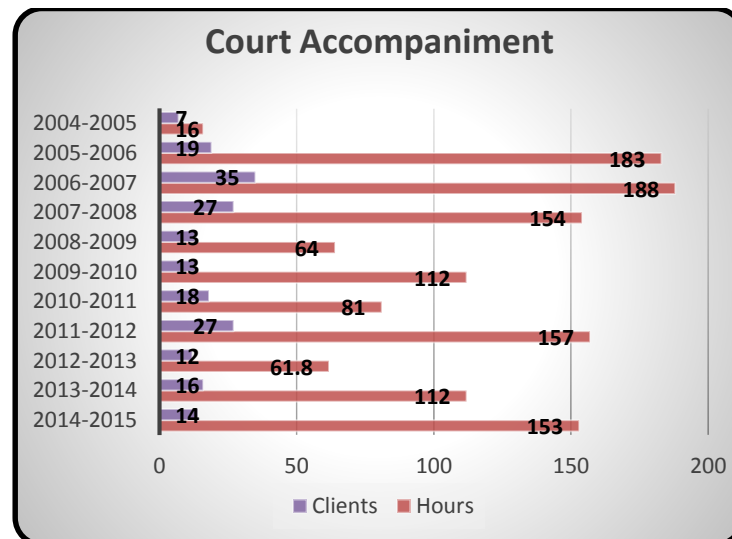
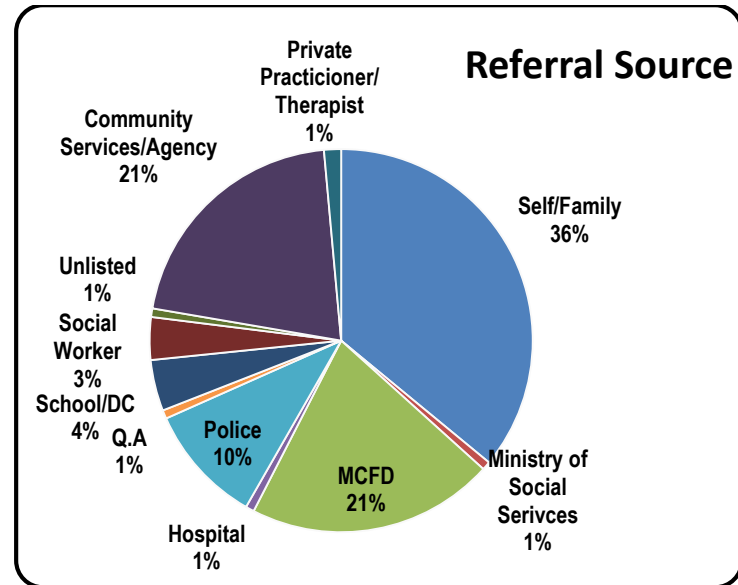


**VICTIM SERVICES STATISTICS**  
Our intake and victim service team handles all of the referrals to VCAPCC. Our statistical report includes the following charts which illustrate the number of clients and hours of service provided in court preparation, and court accompaniment.



**SPECIAL THANKS**  
The Board and staff thank our volunteers at the Garth Homer Society for their playroom cleaning services, as well as consultant Patti Sullivan for her hard work and contributions to the agency.

- Victoria Child Abuse Prevention and Counselling Centre Treatment Philosophy**
- Every individual is unique and worthwhile and has the capacity to change.
  - Child abuse affects the whole person and recovery or healing requires addressing all parts of the person including; psychological, physical and spiritual.
  - Child abuse affects the family and significant others of the person who has experienced abuse and treatment must address the needs of the family and others significant to the individual.
  - Child abuse affects the whole of society; the treatment of child abuse is a shared community responsibility.
  - Every individual has the right to heal or recover from the trauma of child abuse regardless personal beliefs and characteristics in accordance with the Charter of Rights and Freedoms.



VCAPCC is committed to providing the very best services possible to children, youth and parents/caregivers. Feedback forms returned by clients/parents/caregivers provide invaluable feedback about our services. This past fiscal year we received 35 forms; 18 (11 clients/7 parents) found the service very helpful, 17 (10 clients/7 parents) found it helpful, 2 (2 clients/0 parents) found the service somewhat helpful. A Snapshot Questionnaire was completed in May 2014, with six forms completed. All six stated that it was very important for children and youth to have special counselling services available after having bad things happen to them.

**PROVINCIAL/FEDERAL FUNDING AND GRANTS**  
Ministry of Children and Family Development, Ministry of Justice, Norgaard Foundation, Steve Nash Foundation, BC Gaming Grant, Victoria Foundation, Provincial Employees Community Services Fund (PECSF), Status of Women Canada, CRD Law Society, Van City

**ORGANIZATIONS/GROUP DONATIONS**  
The Toskan Casale Foundation, Victoria Foundation, Provincial Employees Community Services Fund (PECSF), CIBC World Markets Children's Miracle Foundation, NucleusLabs Information Technologies Ltd., Gold for Kids, Frazoo Gold Tournament, Hoyne Brewing Company, Island Saving Credit Union, St. Luke's Church, Community Savings, Sobeys Group Inc., through Thrifty Smile Card Fundraising Program, Donate A Car, BC Transit, Guelph-Wellington Women in Crisis, Feel Good Yoga & Pilates LTD, via United Way

**Treatment Principles**  
VCAPCC strives to tailor its treatment program to be consistent with the following principles:

- The goal and primary objective of all interventions are to promote and facilitate the emotional, physical and social well-being of the family and child. This objective takes precedence over any investigative or other objective.
- The agency recognizes the complexity of issues involved in child abuse and that in many instances abuse is inter-related with other issues. Accordingly, treatment must be provided by qualified, professional counsellors with broad experience in counselling and therapy and specialized skills related to treating child sexual abuse.
- Clients are accepted in a non-judgemental manner.
- The clinical team values the contribution of a number of different therapeutic perspectives in the areas of child abuse. Different perspectives and techniques are used in accordance with the assessed needs of the client.

