



## WHO WE ARE

The Victoria Child Abuse Prevention & Counselling Centre (formerly the Mary Manning Centre) is a non-profit organization providing a response to abuse in our community. We are committed to being a part of the healing journey for children, youth, and families who have experienced trauma and abuse. We provide services primarily in the areas of individual and group trauma counselling and Victim Services for children and youth under the age of 19 in the Greater Victoria area.

[www.vcapcc.com](http://www.vcapcc.com)

## INDIGENOUS PROGRAMMING

Victoria Child Abuse Prevention and Counselling Centre

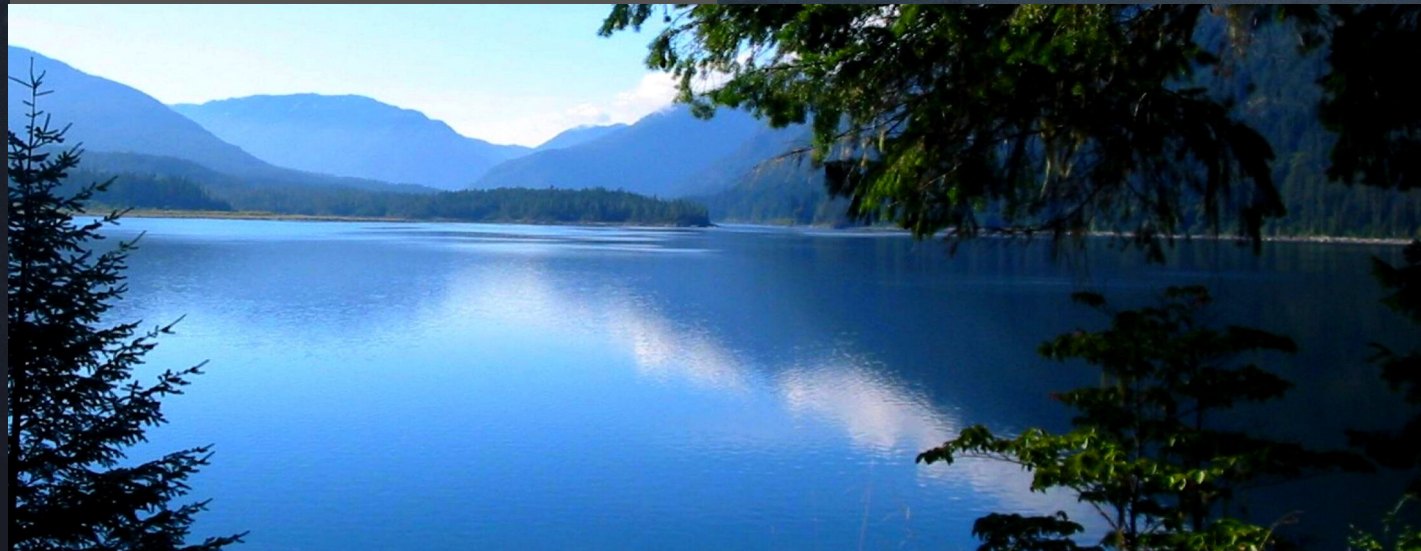
### Accessing services

Services are free for children and youth under 19 and their families. Referral for services typically occur due to child abuse, trauma, and/or from experiencing family violence.

### Referrals come from:

Ministry of Children and Family Development, Victim Services, Police or RCMP, School Counsellors, Family Doctor, Self/Family, Others.

Please call 250-385-6111 and ask to speak to an intake worker.





### **Our Vision**

The on-going process and dialogue of truth and reconciliation between Indigenous peoples and non-Indigenous helpers and service providers is a primary consideration for the staff of the VCAPCC. We strive to honour the history, knowledge, teachings, and wishes of the communities with whom we work. Therefore, we are providing programming for Indigenous children, youth, and families.

### **Our Mission**

To provide culturally appropriate and relevant trauma and abuse counselling, intervention programming, and support services to Indigenous children, youth, and families.

### **Indigenous Programming offered at VCAPCC**

Services will be offered in manner that respects individual needs, cultural traditions, and knowledges. Clients and their families may choose to weave in traditional Indigenous teachings into therapy and/or can also choose from Western methods of trauma therapy. Our intention is to create safety and trust, through building therapeutic relationships that honour inclusivity and collaboration between our counsellors and the children, youth, and families with whom they work.

### **Counselling and Intervention Support Services:**

Sexual Abuse Intervention Programming

Other Forms of Trauma

Youth w/ Sexualized Behaviour Problems

Outreach/contract counselling in community (individual and/or group)

### **Program Development and Consultation:**

Support and co-creation of materials of specialized programs for agencies and communities (i.e., workshops, presentations and training)

Consultation services for creation of intervention models

Facilitation/co-facilitation of group intervention programming for schools, community health units and other support service and wellness centres

### **Mentoring and Training:**

Provide internships for Indigenous students in Masters programs for counselling and for Undergraduate students in Social Work or Child and Youth Care in the area of specialized Victim Services

Cross-training opportunities for professionals working with Indigenous peoples in the area of mental health, justice, and child welfare