

# ANNUAL REPORT 2019-2020

THE VICTORIA CHILD ABUSE PREVENTION AND COUNSELLING CENTRE RESPONDS TO CHILDREN, YOUTH AND FAMILIES AFFECTED BY SEXUAL ABUSE AND OTHER TRAUMA BY PROVIDING VICTIM SERVICES, COUNSELLING, PREVENTION AND EDUCATION WITHIN THE GREATER VICTORIA COMMUNITY AND CONSULTATION THROUGHOUT THE PROVINCE OF BRITISH COLUMBIA



**Victoria Child  
Abuse Prevention  
& Counselling  
Centre**



# STAFF AND BOARD OF DIRECTORS PAST AND PRESENT

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## Board of Directors

### PREVIOUS

Melanie Duggan, Chair  
Eden Levinson, Secretary  
Meghan Oberg, Treasurer  
Darrell Underwood  
Deborah Brienz  
Graeme Leblanc  
Beth Sayles

### CURRENT

Melanie Duggan, Chair  
Beth Sayles, Secretary  
Meghan Oberg, Treasurer  
Darrell Underwood  
Graeme Leblanc  
Tasha Mckelvey

## Staff

### PREVIOUS

Sandra Bryce, Executive Director  
Shawna Herlinveaux, Manager of Practice  
  
Renu Bawa, Samuel Cameron, Anna  
Chadwick, Parker Croshaw, Heather  
Duncan, Carlie Green, Kelly Montgomery,  
Susan Payne, Angela Scott, Ken Seidman,  
Brenden Taylor

### Student Intern

Keenan Andrew

### CURRENT

Sandra Bryce, Executive Director  
Shawna Herlinveaux, Manager of Practice  
Kelly Montgomery, Manager of CYAC  
  
Renu Bawa, Samuel Cameron, Anna  
Chadwick, Heather Duncan, Susan Payne,  
Angela Scott, Ken Seidman, Brenden  
Taylor, Emmy Lyytikainen

# REPORT FROM THE CHAIR

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As I reflect on the past months, I am amazed at how many things have changed in a short amount of time. We are now conducting most meetings, including our AGM, via online platforms. We are not taking vacations, and events such as weddings and graduations have drastically changed. Face masks are a new fashion accessory. Many things we once took for granted have been limited because of the global pandemic. And yet, we have also witnessed resilience and an outpouring of humanity during this time. We have adapted how we do things and have pushed ourselves to find new options for the future.

VCAPCC has faced unique operational challenges this year because of Covid-19, but our leaders and staff have persevered with innovative ways to offer our services. We have experienced a strong sense of coming together as a community during this time of adversity. We are truly all in this together, and we are committed to focusing on the positive.

It is my privilege to continue serving as Chair of the Board of Directors along with a strong team of dedicated individuals. Each Board member continues to contribute in different ways and we are fortunate to have these talented people on our team. This year we are pleased to welcome Tasha Mckelvey as a new Board member and look forward to working with her over the upcoming term. We are also saying good-bye to two Board members, Deborah Brienz and Eden Levinson, who are moving on with other projects. We thank Deborah and Eden for their service and contribution to the Board!

I look forward to serving with my colleagues on the Board over the coming year and continuing to support the staff of VCAPCC to make a positive difference in the lives of children, youth and families.

Kind regards,

**Melanie Duggan**

CHAIR OF THE BOARD OF DIRECTORS

# REPORT FROM THE EXECUTIVE DIRECTOR

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Everybody talks about 2020 as being a year of change and challenge. While we were not immune to that, with pride I can say that we remained focused on a year of success and achievements. There is no doubt that COVID has changed the way we do business, but the important thing is that, as a team, we have continued to move the agency forward in extremely positive ways.

One of the key priorities that I had been tasked with since joining this agency 13 years ago is the securing of a new property. As this report is being written, the new CYAC facility has already been accepting interviews and construction is continuing in the adjacent space for our children and youth mental health programs. With a long term lease in place the stability and security of the agency has been accomplished.

Financially we are in a very strong position as well. We have received a long term commitment from MCFD for our Sexual Abuse Intervention Program. In addition, the Federal Government has extended their agreement with the CYAC for another 2 years. Our ongoing relationship with the Solicitor General Public Safety Branch continues to support our Victim Services. While those things are in place the need for children to receive counselling for other forms of trauma, such as physical abuse and domestic violence, still needs to be supported through other grants and donations. This is where the private sector comes in.

Through the generous support of the Norgaard Foundation, United Way, Victoria Foundation, Vancouver Foundation and others we were able to accept these children that suffered other forms of trauma. Although our waiting list has become manageable it still exists and our goal is ultimately that no child should have to wait for services. For their continued support and regular use of our CYAC, I would like to extend my thanks to Victoria and Saanich Police Departments. I would also like to thank Laura Vye. Laura has been involved with our Agency as a volunteer for over 10 years now, serving on the board for much of that and most recently putting in countless hours helping to design and decorate our new CYAC space. Finally, I would like to thank Shawn Steele who we have been working with very closely in regard to the new space and has been instrumental in making that vision a reality.

# REPORT FROM THE EXECUTIVE DIRECTOR (CONT.)

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In addition to the support mentioned above we would like to extend a special mention of gratitude to David McArthur who has written and published a children's book named "What Does a Caterpillar do?". All proceeds from this book are going to the agency in honor of Chloe and Aubrey Berry and to the new art room, which will be called "The Butterfly Room" in recognition of this.

The future of the agency is looking very bright at this time. In addition to our new Victim Services and CYAC space, our Child and Youth Mental Health services will be moving locations to a beautiful new office on the waterfront in the new year. In addition, VCAPCC is currently in the process of expanding our CYAC services to a satellite centre to serve the Western Communities. This expansion will ensure that children and youth all over Greater Victoria will have access to the same resources while navigating the Justice System.

I want to take this opportunity to personally thank all of my staff and the Board of Directors for their support, guidance, and leadership through these challenging but successful times.

**Sandra Bryce**  
EXECUTIVE DIRECTOR





# REPORT FROM THE TREASURER

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I would like to sincerely thank our members and stakeholders for their continued support of VCAPCC. I am happy to report that we have maintained fiscal stability in the 2019/2020 year. We have been fortunate to maintain longer-term grants and have continued to diversify our revenue sources.

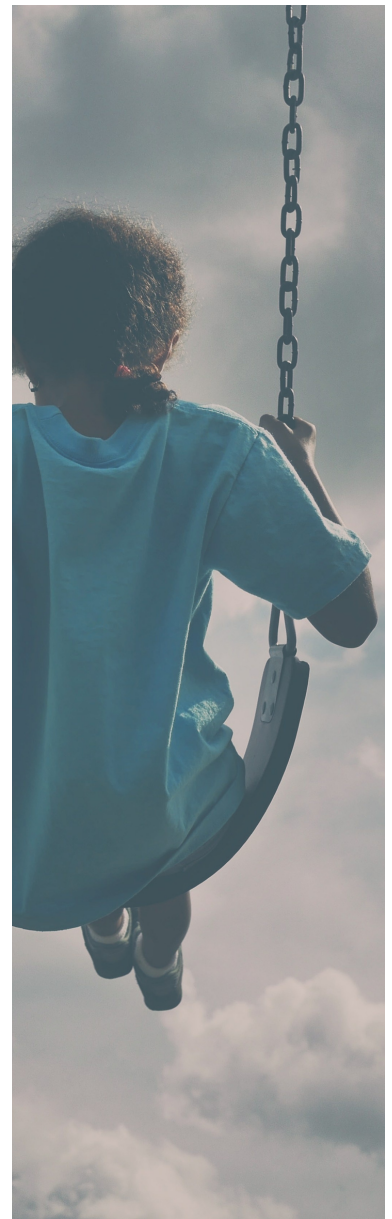
It is important to acknowledge the continued support of the provincial and federal governments towards the VCAPCC's core programming and operations. In addition to this support, the VCAPCC has continued to seek out annual and longer term grants and donations in order to cover gaps in government funding and children's eligibility for that funding. We are deeply thankful to the organizations and individuals who have generously donated to the VCAPCC and for the grants received, approved and considered in the past year. While we are conscious of continued risk factors, such as the rising costs of living, stringent government funding, and the increased need for services in the outer regions of Greater Victoria, we are pleased with the longer term grants and support that have been secured which will aid the agency in continued fiscal stability into the 2020/21 year.

I would like to thank David Levinson and Rajvir Gill of D.A. Levinson and Associates Inc. for their accounting services and Sara Krauel and Colin Sargent for their review engagement services. I would also like to express sincere gratitude to Sandra Bryce, the Executive Director, for her commitment to the VCAPCC's financial security and her continued efforts and dedication to direct the agency towards longer term fiscal stability.

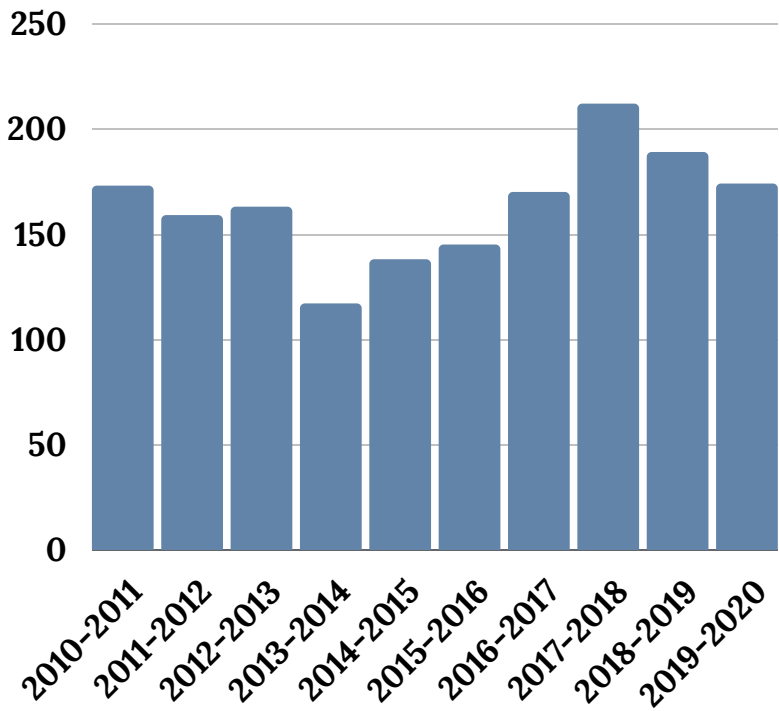
Respectfully  
submitted,

**Meghan Oberg**

TREASURER FOR THE BOARD OF DIRECTORS



# REFERRALS



**FIGURE 1. NUMBER OF REFERRALS IN THE PAST DECADE**

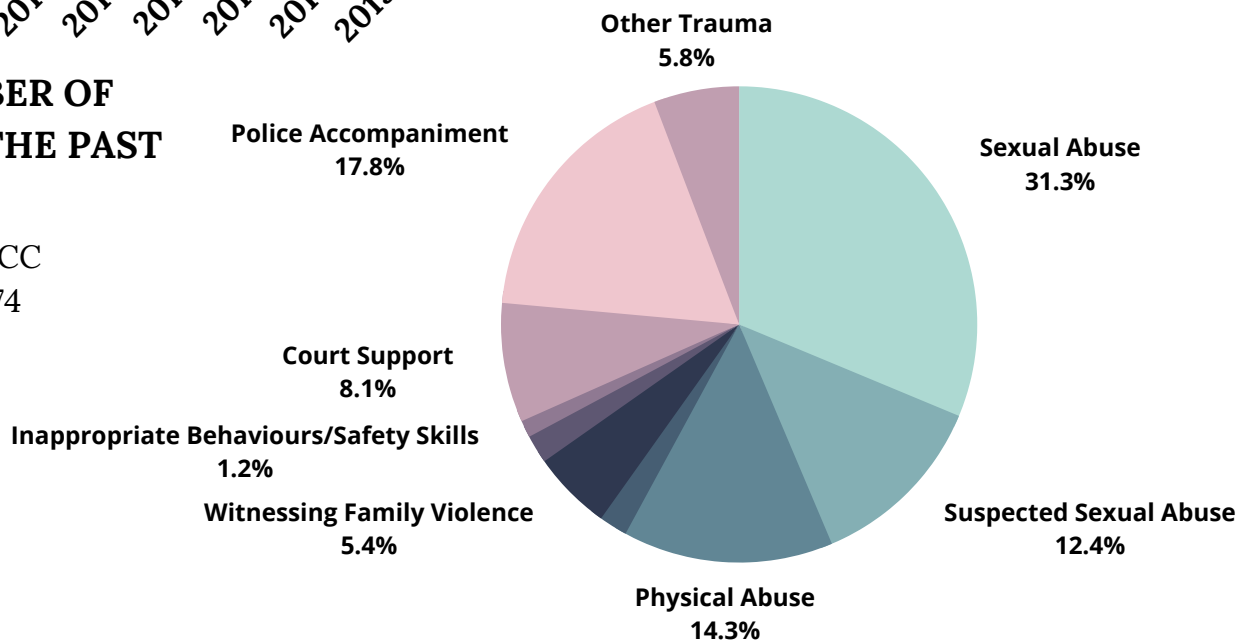
In 2019-2020, VCAPCC received a total of 174 referrals

## GENDER OF NEW CLIENTS:

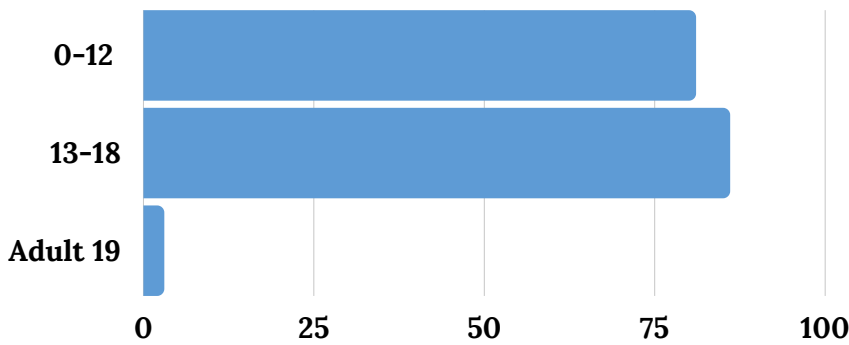
Female: 114  
 Transgender Female: 0  
 Male: 48  
 Transgender Male: 1  
 Non-Binary: 3  
 Unspecified: 8

**FIGURE 2. REASON FOR REFERRAL**

Reason for referral broken down by percentage



# REFERRALS

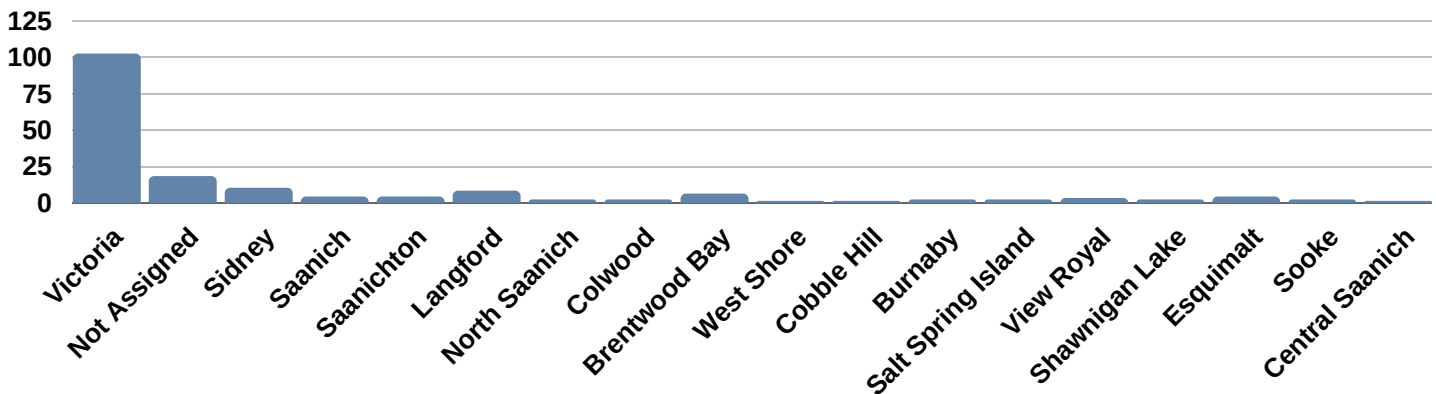
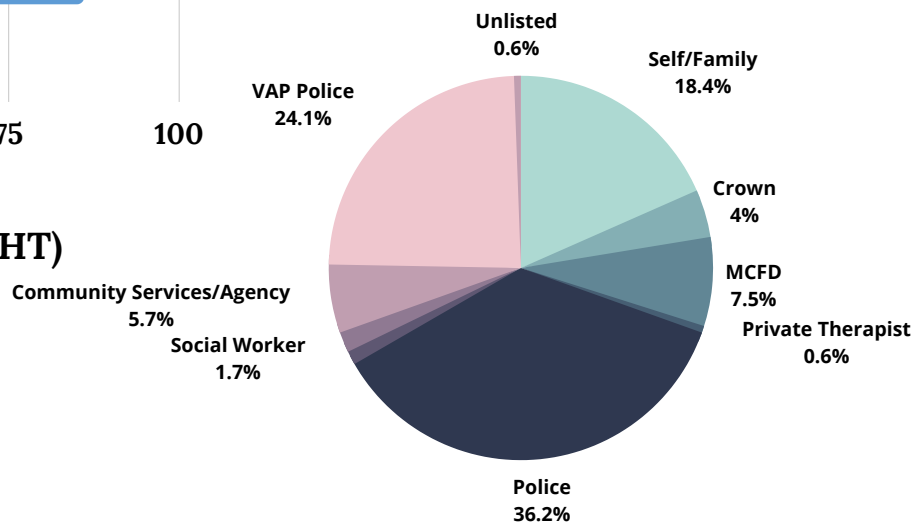


**FIGURE 3. REFERRALS BY AGE (LEFT)**

Number of referrals broken down by the age of the client at the time of the referral

**FIGURE 4. REFERRAL SOURCE (RIGHT)**

Source of referral broken down by percentage

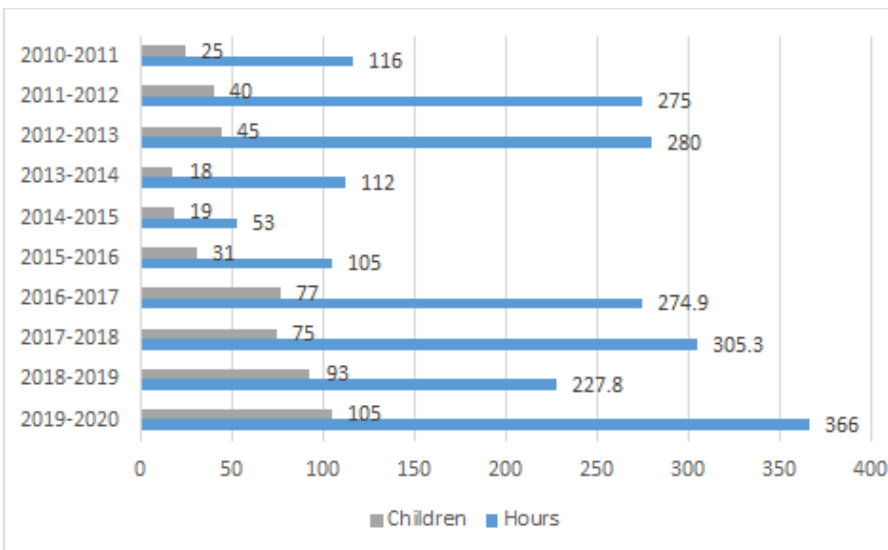


**FIGURE 5. LOCATION DURING REFERRAL**

Location of client during time of intake



# VICTIM SERVICES



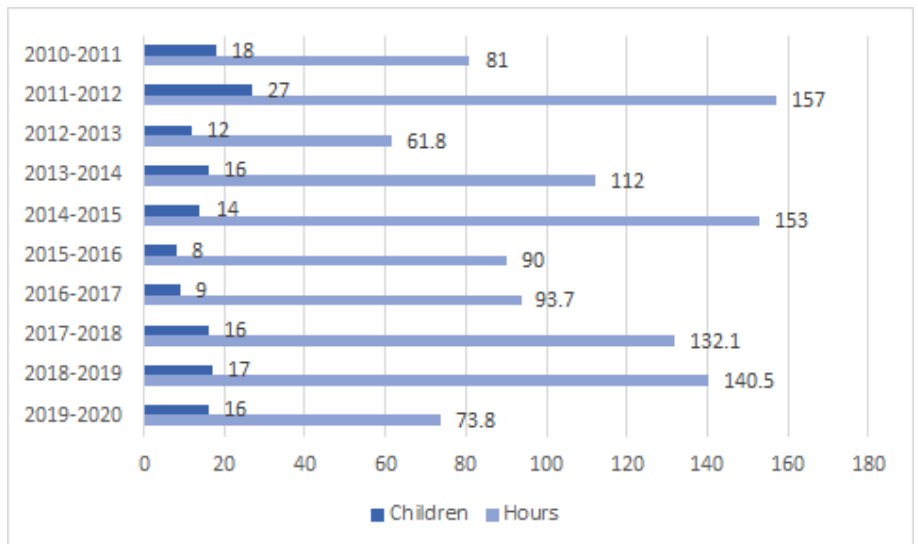
Our intake and victim service team handles all of the referrals to VCAPCC. Our statistical report includes the following charts which illustrate the number of clients and hours of service provided in court preparation, and court accompaniment.

**FIGURE 6. COURT PREPARATION**

Number of children provided with court preparation and number of hours spent on court preparation over the last decade

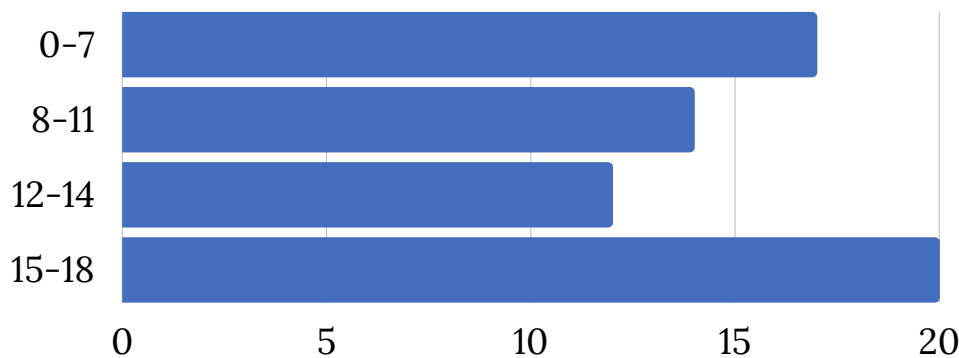
**FIGURE 7. COURT ACCOMPANIMENT**

Number of children provided with court accompaniment and number of hours spent on court accompaniment over the last decade



# CHILD AND YOUTH ADVOCACY CENTRE

The Victoria Child and Youth Advocacy Centre received 63 referrals with 63 interviews completed. Over 126 individuals were supported by Victim Services and connected with resources

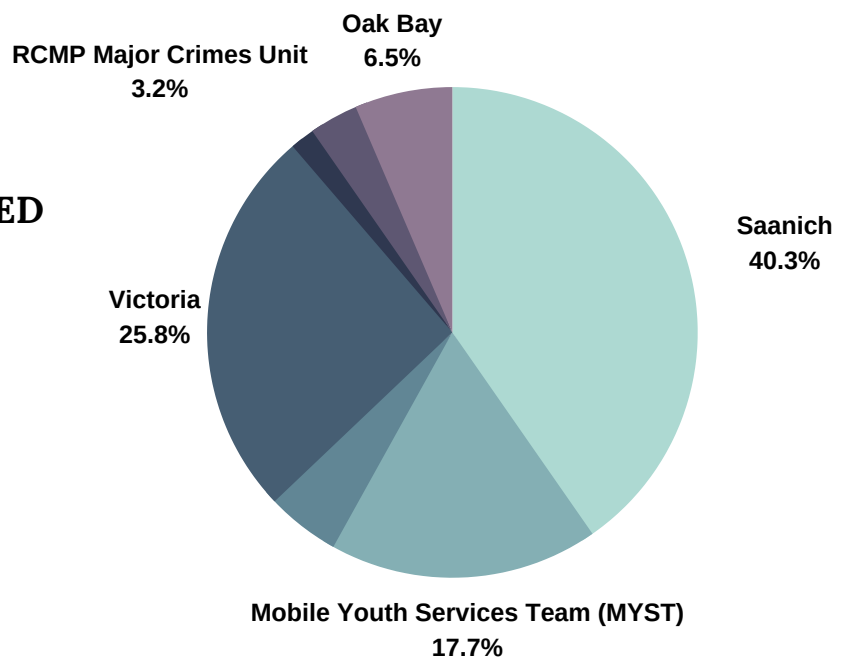


**FIGURE 8. CYAC INTERVIEWS BY AGE**

Number of interviews broken down by the age of the client during the time of the interview

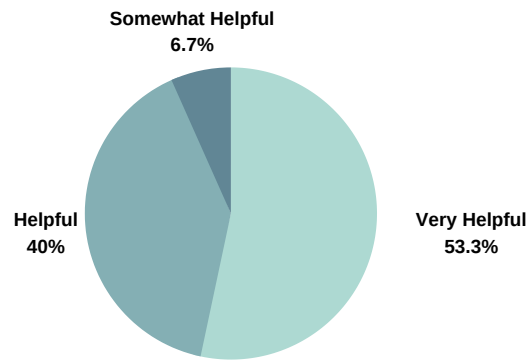
**FIGURE 9. INTERVIEWS CONDUCTED BY PARTICIPATING POLICE DEPARTMENT**

Number of interviews broken down by police department



# PROGRAM OUTCOMES

VCAPCC is committed to providing the very best services possible to children, youth and parents/caregivers. Feedback forms returned by clients/parents/caregivers provide invaluable feedback about our services. This past fiscal year we received 21 forms: 10 (8 clients/2 parents) found the service very helpful, 9 (6 clients/3 parents) found the service helpful, 1 client found the service somewhat helpful and 1 parent found service not helpful.

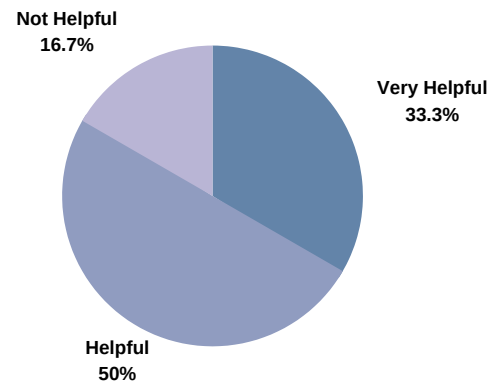


**FIGURE 10. CLIENT SATISFACTION (LEFT)**

Client satisfaction results broken up by percentage based on self-reported satisfaction on feedback forms given at the end of service

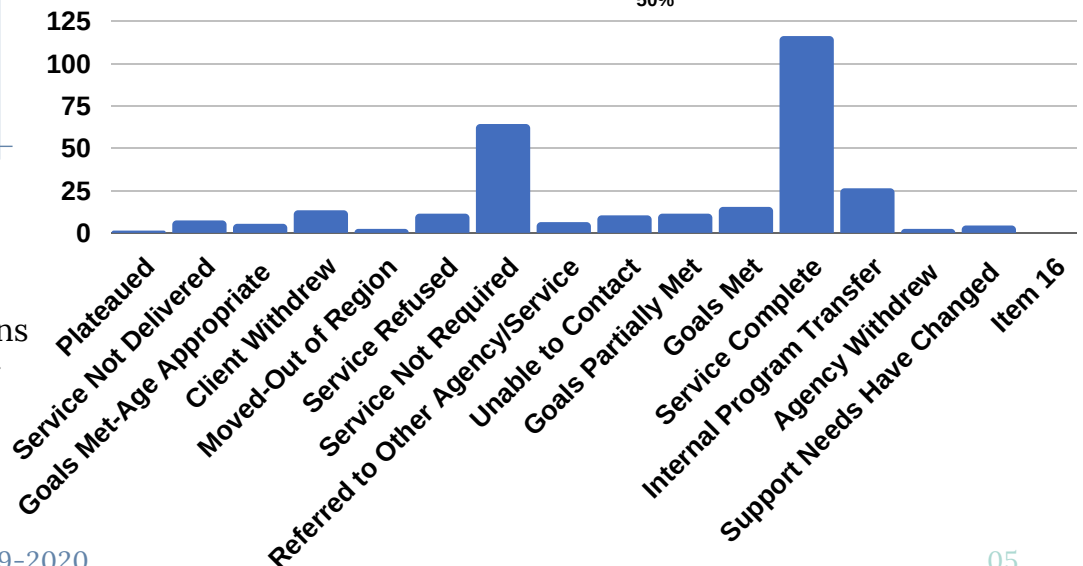
**FIGURE 11. PARENT SATISFACTION (RIGHT)**

Parent satisfaction rates broken up by percentage based on self reported satisfaction in feedback surveys given at the end of service



**FIGURE 11. REASON FOR DISCHARGE**

Bar graph represents the reasons why clients are no longer being provided service



# OUR TREATMENT PHILOSOPHY AND PRINCIPLES

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- Every individual is unique and worthwhile and has the capacity to change.
- Child abuse affects the whole person and recovery or healing requires addressing all parts of the person including: psychological, physical and spiritual
- Child abuse affects the family and significant others of the person who has experienced abuse and treatment must address the needs of the family and others significant to the individual
- Child abuse affects the whole society: the treatment of child abuse is a shared community responsibility

VCAPCC strives to tailor its treatment program to be consistent with the following principles:

- The goal and primary objective of all interventions are to promote and facilitate the emotional, physical and social well-being of the family and child. This objective takes precedence over any investigative or other objective
- The agency recognizes the complexity of issues involved in child abuse and that in many instances abuse is inter-related with other issues. Accordingly, treatment must be provided by qualified, professional counselors with broad experience in counselling and therapy and specialized skills related to treating child sexual abuse.
- Clients are accepted in a non-judgmental manner.
- The clinical team values the contribution of a number of different therapeutic perspectives in the areas of child abuse. Different perspectives and techniques are used in accordance with the assessed needs of the client.

# THANK YOU TO OUR DONORS

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## PROVINCIAL/FEDERAL FUNDING AND GRANTS

BC Gaming Grant, Civil Forfeiture, Department of Justice, Ministry of Children and Family Development, Ministry of Public Safety & Solicitor General, Norgaard Foundation, Provincial Employees Community Services Fund, The Hamber Foundation, United Way, Vancouver Foundation, Victoria Foundation

## ORGANIZATION/GROUP DONATIONS

Acoustic Panels Canada, Avenue Family Dental, 100 Women Who Care Victoria and Langford, CIBC, Cedric Steele Realty, DA Levinson & Associates, Fidelity Investments, Institute of Ocean Sciences, Jay's Custom Renovations, Johns Southward Glazier Walton & Margetts LLP, Lovett Westmacott, NTT Data Services, Pixelart Computers, Sierra Systems Group Inc., TD Bank, Telus Communications, Tim Cormode, Viking Air Ltd

## INDIVIDUAL DONORS

Alex and Pat Spezowka, Alireza Kasraei, Beth Sayles, Beverly Brookman, Carmen Reppel, Carol Bernoties, Chloe Milette, Connie Kuramoto, David McArthur, Deanna Catto, Deanna Elliott, Deborah Smollett, Diane C, Dory Thuot, Ellenor Schneider, Eric Kolb, Grace Rogers, Gregory Bryce, Ingo Speier, Jamie Spezowka, Joan Mason, Joanne Mary Linka, John Balogh, John and Maureen Quested, Joy Andrews, Louise Dickson, Macarena Schindler, June Adam, Keith Dawson, Lori Angelini, Lorne Olson, Maureen and Shawn Kelly-Matyczuk, Mel McDonald, Michele Lomax, Pete and Shirley Griffiths, Rajvir Kaur, Richard Lawrence, Ross Hawkins, Sandra Bryce, Scott Marks, Scott Pearse, Sheanne O'Sullivan, Shelley Burnham, Sherri Olson, Tanya Higgin, Tara Zajac, Urania Levinson,

And to all of our anonymous donors... Thank you!