# ANNUAL REPORT 2020-2021

THE VICTORIA CHILD ABUSE PREVENTION AND COUNSELLING CENTRE RESPONDS TO CHILDREN, YOUTH AND FAMILIES AFFECTED BY SEXUAL ABUSE AND OTHER TRAUMA BY PROVIDING VICTIM SERVICES, COUNSELLING, PREVENTION AND EDUCATION WITHIN THE GREATER VICTORIA COMMUNITY AND CONSULTATION THROUGHOUT THE PROVINCE OF BRITISH COLUMBIA



Victoria Child Abuse Prevention & Counselling Centre



### STAFF AND BOARD OF DIRECTORS PAST AND PRESENT

### **Board of Directors**

#### PREVIOUS

Melanie Duggan, Chair Beth Sayles, Secretary Meghan Oberg, Treasurer Darrell Underwood Graeme Leblanc Tasha Mckelvey

### Staff

#### PREVIOUS

Sandra Bryce, Executive Director Samuel Cameron, Office Manager Shawna Herlinveaux, Manager of Practice Kelly Montgomery, Manager of Victim Services and CYAC Coordinator

Renu Bawa, Anna Chadwick, Heather Duncan, Susan Payne, Angela Scott, Ken Seidman, Brenden Taylor, Emmy Lyytikainen

### CURRENT

Melanie Duggan, Chair Beth Sayles, Secretary Graeme Leblanc Tasha Mckelvey Lauren Duffield Jeremy Leahy Marvelee Papaloukas Miranda Kinniburgh Mikhail (Misha) Smirnov Chris Faulkner

### CURRENT

Sandra Bryce, Executive Director Samuel Cameron, Office Manager Shawna Herlinveaux, Manager of Practice Kelly Montgomery, Manager of Victim Services and CYAC Coordinator

Renu Bawa, Anna Chadwick, Clare Conlogue, Joban Dhanoa, Heather Duncan, Emmy Lyytikainen, Susan Payne, Angela Scott, Ken Seidman

### REPORT FROM THE CHAIR

The past year has been busy for the Victoria Child Abuse Prevention and Counselling Centre and it has been my pleasure to continue in the role of Chair of the Board of Directors. I have great appreciation for how our Agency has adapted, especially with the Covid-19 pandemic. Our dedicated staff have continued to work tirelessly to provide necessary services to the children of our community. Despite experiencing both challenges and victories, we have experienced a strong sense of coming together. We are passionate about protecting children and will continue to do the best we can to raise awareness and reach out to those in need of our services.

It is a privilege to serve on the Board of Directors comprised of a strong group of dedicated individuals, including a new executive team for the upcoming term. Each Board member contributes in a different way and together we are able to focus on a positive future for our agency. Our Board has experienced a lot of changes this year. In the spring we said good-bye to Meghan Oberg who served as our Treasurer for several years. Darrell Underwood from the Saanich Police Department will also be leaving our Board after several years of dedicated service. We would like to thank both Meghan and Darrell for their significant contributions to the Agency. We are also pleased to welcome the following new members to our Board: Lauren Duffield, Jeremy Leahy, Marvelee Papaloukas, Miranda Kinniburgh, Misha Smirnov, and Chris Faulkner.

We look forward to serving together over the coming year and continuing to support VCAPCC to make a positive difference in the lives of children, youth and families in our community.

Respectfully submitted,

#### Melanie Duggan CHAIR OF THE BOARD OF DIRECTORS

# REPORT FROM THE EXECUTIVE DIRECTOR

Throughout my time as Executive Director of the Agency, a key priority has been securing a more suitable office space for the Centre. In the Fall of 2020 a beautiful new location was established for our Child and Youth Advocacy Centre and Victim Services offices on the waterfront of downtown Victoria. And just last month I am happy to announce that construction and renovations were completed on an adjacent office suite for our Counselling and Admin offices.We finally have all our programs under one roof with spaces designed and built to the specific needs of our Agency.

Financially we continue to be in a strong position. We have received multi-year commitments from MCFD for our Sexual Abuse Intervention Program, and from the Federal Government for our CYAC program. Our ongoing relationship with the Solicitor General Public Safety Branch continues to support our Victim Services. While those programs are supported with long term funding, the need for children to receive counselling for other forms of trauma, such as physical abuse and domestic violence, still needs to be supported through other grants and donations. This is where the private sector comes in.

Through the generous support of the Norgaard Foundation, Victoria Foundation, PECSF and others, we are able to accept children that suffered other forms of trauma not covered by the Provincial and Federal funding. Although our waiting list is manageable, it still exists and our goal is ultimately that no child should have to wait for services. In order to strive for core funding for other forms of trauma, this past week I have once again made a presentation to the BC Provincial Finance committee expressing the need.

In addition to the new location, this last year has seen many administrative and training updates as well. We have a new policy manual, as well as new program practice manuals for both our Counselling and Victim Service programs. A new strategic plan has been recently developed by Patti Sullivan and myself. With a new hire starting this month, we will be back to a full compliment of staff to fill out our new location.

# REPORT FROM THE EXECUTIVE DIRECTOR (CONT.)

Our counselling staff underwent a training course around providing counselling sessions outdoors in order to provide in person services when in office sessions were not feasible. All staff attended a privacy and information security training session conducted by an outside privacy consultant. Management and Board members attended a training session conducted by IndigenEYEZ about practical implementation of the Truth and Reconciliation recommendations.

The future of the agency is looking very bright at this time. VCAPCC is currently in the process of expanding our CYAC services to a satellite centre to serve the Western Communities. This expansion will ensure that children and youth all over Greater Victoria will have access to same resources while navigating the Justice system.

For their continued support and regular use of our CYAC, I would like to extend my thanks to Victoria and Saanich Police Departments. I would also like to thank Laura Vye. Laura has been involved with our Agency as a volunteer for over 10 years now, serving on the board for much of that and most recently putting in countless hours helping to design and decorate the new space. Additionally, I would like to thank Shawn Steele of Cedric Steele Realty who we have been working with very closely in regard to the new space and has been instrumental in making that vision a reality. Patti Sullivan has also been of great help this past year, working closely with myself on the new strategic plan, as well as several grant applications. And as always I would like to thank my staff for their work, flexibility and support over the last year, particularly the members of the OHS committee who have been very active throughout the Pandemic ensuring the safety of staff and clients.

Finally, I want to take this opportunity to personally thank all of my staff and the Board of Directors for their support, guidance, and leadership through these challenging but successful times.

#### Sandra Bryce EXECUTIVE DIRECTOR VCAPCC | ANNUAL REPORT 2021

### **REPORT FROM THE TREASURER**

I would like to sincerely thank our members and stakeholders for their continued support of VCAPCC. I am happy to report that we have maintained fiscal stability in the 2020/2021 year. We have been fortunate to maintain longer-term grants and have continued to diversify our revenue sources.

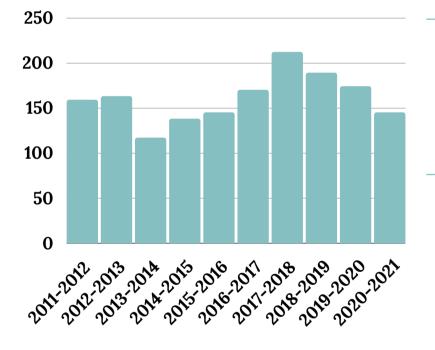
It is important to acknowledge the continued support of the provincial and federal governments towards the VCAPCC's core programming and operations. In addition to this support, the VCAPCC has continued to seek out annual and longer term grants and donations in order to cover gaps in government funding and children's eligibility for that funding. We are deeply thankful to the organizations and individuals who have generously donated to the VCAPCC and for the grants received, approved and considered in the past year. While we are conscious of continued risk factors, such as the rising costs of living, stringent government funding, and the increased need for services in the outer regions of Greater Victoria, we are pleased with the longer term grants and support that have been secured which will aid the agency in continued fiscal stability into the 2021/22 year.

I would like to thank David Levinson, Rajvir Gill and Diondra Hall of D.A. Levinson and Associates Inc. for their accounting services and Sara Krauel and Colin Sargent for their review engagement services. I would also like to express sincere gratitude to Sandra Bryce, the Executive Director, for her commitment to the VCAPCC's financial security and her continued efforts and dedication to direct the agency towards longer term fiscal stability.

Respectfully submitted,

### Melanie Duggan

# REFERRALS



#### GENDER OF NEW CLIENTS:

Female: 89 Transgender Female: 0 Male: 53 Transgender Male: 2 Non-Binary: 1

#### FIGURE 1. NUMBER OF REFERRALS IN THE PAST DECADE

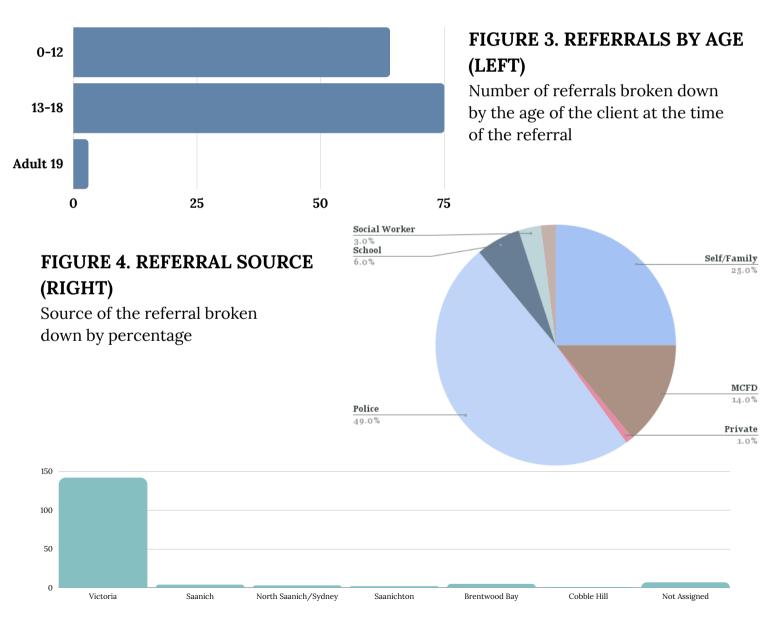
In 2020–2021, VCAPCC received a total of 145 referrals

#### Other Trauma 1.0% Police 20.8% Sexual Abuse Neglect 41.1% Witnessing 3.0% Emotional 1.0% Physical Abuse 17.8% Inappropriate Suspected 5.1% 9.6%

#### FIGURE 2. REASON FOR REFERRAL

Reason for referral broken down by percentage

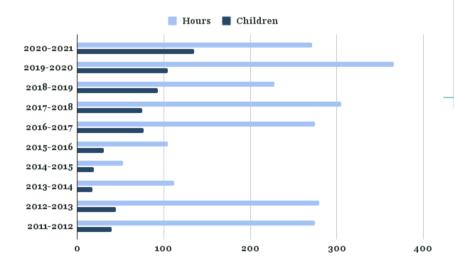
# REFERRALS



#### FIGURE 5. LOCATION DURING REFERRAL

Location of client during time of intake

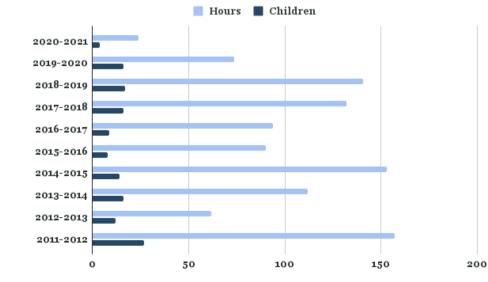
# **VICTIM SERVICES**



Our intake and victim service team handles all of the referrals to VCAPCC. Our statistical report includes the following charts which illustrate the number of clients and hours of service provided in court preparation, and court accompaniment.

#### FIGURE 6. COURT PREPARATION

Number of children provided with court preparation and number of hours spent on court preparation over the last decade

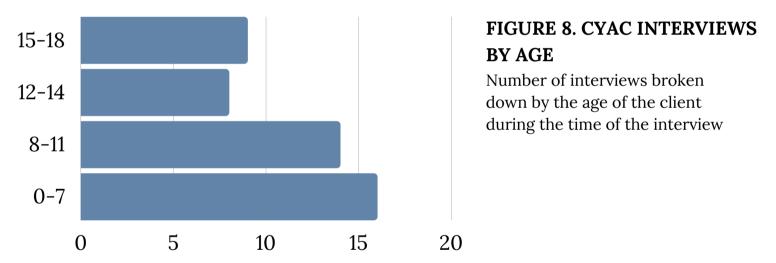


#### FIGURE 7. COURT ACCOMPANIMENT

Number of children provided with court accompaniment and number of hours spent on court accompaniment over the last decade

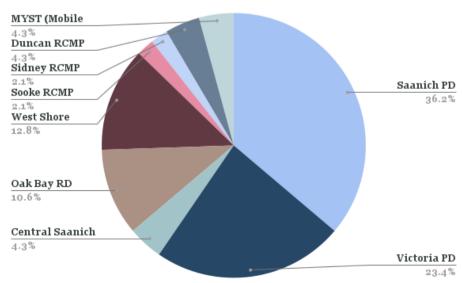
### CHILD AND YOUTH ADVOCACY CENTRE

The Victoria Child and Youth Advocacy Centre received 47 referrals with 47 interviews completed.



#### FIGURE 9. INTERVIEWS CONDUCTED BY PARTICIPATING POLICE DEPARTMENT

Number of interviews broken down by police department



# OUR TREATMENT PHILOSOPHY AND PRINCIPLES

- Every individual is unique and worthwhile and has the capacity to change.
- Child abuse affects the whole person and recovery or healing requires addressing all parts of the person including: psychological, physical and spiritual
- Child abuse affects the family and significant others of the person who has experienced abuse and treatment must address the needs of the family and others significant to the individual
- Child abuse affects the whole society: the treatment of child abuse is a shared community responsibility

VCAPCC strives to tailor its treatment program to be consistent with the following principles:

- The goal and and primary objective of all interventions are to promote and facilitate the emotional, physical and social well-being of the family and child. This objective takes precedence over any investigative or other objective
- The agency recognizes the complexity of issues involved in child abuse and that in many instances abuse is inter-related with other issues. Accordingly, treatment must be provided by qualified, professional counselors with broad experience in counselling and therapy and specialized skills related to treating child sexual abuse.
- Clients are accepted in a non-judgmental manner.
- The clinical team values the contribution of a number of different therapeutic perspectives in the areas of child abuse. Different perspectives and techniques are used in accordance with the assessed needs of the client.

### THANK YOU TO OUR DONORS

### PROVINCIAL/FEDERAL FUNDING AND GRANTS

BC Gaming Grant, Civil Forfeiture, Federal Department of Justice, Ministry of Children and Family Development, Ministry of Public Safety & Solicitor General,

### ORGANIZATION/GROUP DONATIONS

Achievers, Acoustic Panels Canada, Beatrice Stevens Memorial Foundation, Canadian Forces Ammunition Depot, Canadian Women's Foundation, Canada Helps, 100 Women Who Care Victoria and Langford, CIBC, Cedric Steele Realty, DA Levinson & Associates, Federation of Community Social Services of BC, Institute of Ocean Sciences, Johns Southward Glazier Walton & Margetts LLP, La Mer Jewlery, Lovett Westmacott, Morello Communications Incorporated, Norgaard Foundation, NTT Data Services, Pixelart Computers, Saanich Peninsula Christadelphian, Provincial Employees Community Services Fund, Service Canada, TD Bank, Telus Communications, Tim Cormode, United Way, Vancouver Foundation, Victoria Foundation

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Victoria Cecchini, Yasmeen Hinton, Yel Roh

And to all of our anonymous donors... Thank you!