

## How I Became a PCC Coach

♥ When [潘婉茹, MCC](#), invited me to share my experience obtaining the ICF PCC credential in her podcast, I was grateful to utilize this opportunity to reflect on what I have learned SO FAR ♥

### #Reflection1

♦ I am incredibly fortunate to join the ICA program to complete the [International Coaching Federation](#) Accreditation Level 2 Program and accumulate enough coaching hours to take the **ICF Credentialing Exam**.

### #Reflection2

♦ I ask myself: How can my role (Coach + HR Professional) systematically implement robust OD and TD (Organizational and talent Development) Initiatives, which involve #PBW (Project-Based Work) for on-the-job learning and in-time coaching.

♦ I do it by starting from an inside-out and outside-in approach, which is a great way to start from my point of view.

♦ (Outside-In) For organization development, the Vertical Development Program from the [Center for Creative Leadership](#) and the Adaptive Strategic Execution Program from [Korn Ferry](#) are two Consultant Firms and Programs I admire. Gratefully, I adopted one when I was an HR professional in the corporation

♦ (Inside-Out) For talent development background like mine, my brain told me that attending Mentor Coach and Supervision regularly is best since I constantly switch roles. After graduating from [International Coach Academy](#)(ICA), I continued attending the **#ACTC—Advanced**

**Program.** In addition, I joined Claire Pedrick MCC Community (Monthly Supervision), Merci Miglino, MCC, and Carol A. Keith, MCC, co-lead Credential Preparation Course (weekly Mentor Coaching) as my commitment to continuous learning.

♥ The above two enablers help me reflect & absorb, and grow as an internal coach. In a nutshell, I am learning by doing.

### #Reflection3

♦ Understanding strengths has been instrumental. I utilize my strengths, particularly "discipline," my top 1 Gallup [CliftonStrengths](#), to maintain 30 hours/month of my coaching practice. Being with my unique strengths has helped me have a clear path to mastery.

### #Reflection4

♦ To become more mature, I intentionally [meditate](#) and ponder three life questions [mindfully](#) and [wholesomely](#).

**#1.** Reflect on who I am (**Vision**). Our frames keep us tremendous, but may also get us stuck. Being with myself is my No.1 homework assignment.

**#2.** Reflect on what my niche (**Mission**) is. I am discovering my workplace niche, such as career and leadership, through ICF PCC Coaching, Gallup Strengths, and Mindfulness. Finding a niche over time is worth seeing from my point of view, especially if it is established from our own life experiences.

**#3.** Reflect on why I serve (**Value**). What is the value I can offer? Due to the multiple hats I wear, I sometimes intend to serve myself, not the client (e.g., telling instead of co-creating the space in a workplace setting). This reflection allows me to broaden my perspective toward systematic thinking. What is my value in other's eyes? It is not comfortable and easy, but it is worth it and through years of coaching

practice, I can intentionally serve my client with confidence.

Finally, please see it as a reference only, not the absolute

The only way: finding your path on your coaching journey is key.

Good luck, Everyone 😊