



PROFESSIONAL
METAL & MINERAL
BALANCING *PROGRAM*



PROFESSIONAL
**METAL & MINERAL
BALANCING** PROGRAM

Begin the 60-day DesBio Professional Metal & Mineral Balancing Protocol after completion of the OmniCleanse Detoxification Program.

Welcome to the DesBio Professional Metal & Mineral Balancing Program

The goal of this protocol is to reduce your patient's accumulation of toxic metal elements while simultaneously replacing essential minerals. Before your patient begins this program, be sure to conduct a thorough health assessment. This program is designed to be completed under your observation, and **it is your responsibility to be directly involved in your patient's care before, during, and after the protocol.**

Metal and Mineral Balancing can be an extensive and lengthy process that should be accompanied by lifestyle adjustments and nutrient supplementation for success. This protocol can cause major stress on the body, so be sure to prepare your patient by discussing the basics of heavy metal detoxification along with the need for extensive monitoring and supplementation.

What is Toxic Metal Element Toxicity?

The toxic metal elements include mercury, lead, aluminum, nickel, arsenic, cadmium, and calcium (under some circumstances). Though found abundantly in nature, high levels of these toxic metals accumulating within the body can trigger numerous health conditions, including cardiovascular disease, neurological conditions, and endocrine disruption. Toxic metals can come from a variety of sources, the most common being pollution, older building materials such as paint or pipes, dental work, and seafood.

Symptoms of HEAVY METAL Toxicity

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- Attention/concentration deficits and hyperactivity
 - Anxiety
 - Impaired motor function
 - Impaired memory and learning
 - Hallucinations
 - Tremors
 - Slurred speech
 - Mental retardation
 - Learning disabilities
 - Behavioral problems
 - Reduced IQ
 - Neuropsychological deficits
 - Antisocial (criminal) behavior

How does the Professional Metal & Mineral Balancing Program Work?



OmniCleave Detoxification Program

All patients should begin with the **DesBio OmniCleave Detoxification Program** (purchased separately) to clear the body of toxic build up and prepare the system for metal and mineral balancing. This two-week program utilizes homeopathics to temporarily relieve detoxification symptoms. It also contains nutraceuticals to help support the body through the cleansing and detoxification process. A full body cleanse helps to reduce the body's toxic load, better equipping the body's detox pathways to support release of toxic metals. If your patient does not complete the **DesBio OmniCleave Detoxification Program**, they will need to purchase the **Comprehensive Homeopathic Detox Kit** separately for use during the 60-day **Metal & Mineral Balancing Protocol**.

Metal & Mineral Balancing

Oral metal detoxification is a process in which a molecule binds a specific mineral within the body and helps the body to remove it – typically through the urinary system. The 60-day **Metal & Mineral Balancing Protocol** has three distinct formulas to aid in this process.

- **Liposomal Lipic Acid with EDTA** uses ethylenediaminetetraacetic acid (EDTA), a synthetic chemical with a claw-like structure which allows it to grab on to heavy metals.
- **ToxAffix** contains a collection of natural agents that have a natural affinity for toxic elements and promote their removal from the body.
- **Metox** is a homeopathic formula that helps the body to temporarily relieve symptoms of heavy metal toxicity and detoxification.

Products that assist in the detoxification of heavy metals may decrease levels of certain essential nutrients including vitamin C, magnesium, iron, and calcium. Your patient will be supplementing with **OmniEssentials w/o Iron, Liposomal Vitamin C, and Liposomal Magnesium** throughout the protocol to help maintain nutrient status and reduce the risk of deficiencies. You should also be monitoring your patient's blood pressure, glucose, cholesterol, organ function, and other vital statistics before, during, and after therapy.

DES BIO'S COMPLETE ORAL PROFESSIONAL METAL & MINERAL BALANCING PROGRAM



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PROFESSIONAL

METAL & MINERAL BALANCING PROGRAM

REQUIRED PRODUCTS



The **Metal & Mineral Balancing Kit** includes:

Liposomal Lipoic Acid with EDTA

Liposomal Lipoic Acid with EDTA combines ethylenediaminetetraacetic acid and lipoic acid in a liposomal delivery system. Liposomes are advanced phosphatidylcholine carrier systems that allow for significant increases in absorption and bioavailability, making them the paramount delivery system for oral chelation therapy. In addition, phosphatidylcholine is essential for supporting blood vessel and neurological health. **Liposomal Lipoic Acid with EDTA** will be taken during the first 30-days of the protocol.

OmniEssentials w/o Iron

OmniEssentials w/o Iron is a nutrient formula specifically designed to provide levels of essential micronutrients that could be potentially removed through heavy metal detoxification. This formula will be taken daily throughout the protocol.

Metox

Metox is a homeopathic formulation that temporarily relieves the symptoms experienced by the body during the detoxification of heavy metals. This formula will be taken throughout the protocol.

Liposomal Vitamin C

Heavy metals can deplete vitamin C. **Liposomal Vitamin C** provides a well-tolerated high dose of vitamin C to support the immune system through the detoxification process. This formula will be taken daily throughout the program.

Liposomal Magnesium

One of the essential nutrients most affected by chelation therapy is magnesium. **Liposomal Magnesium** is included to help build up magnesium levels throughout the protocol. This formula will be taken twice per week.

ToxAffix

ToxAffix combines natural agents to aid the body in detoxifying toxic metals. This formula will be taken during the days 31-60 of the protocol.

You will also need:

OmniCleanse Detox Kit

The **OmniCleanse Detoxification Kit** two-week cleansing program utilizes homeopathics, botanicals, and nutritional ingredients to detoxify the body and temporarily relieve symptoms related to regenerating multiple organ systems. The kit includes the **Comprehensive Homeopathic Detox Kit**, **OmniCleanse Capsules**, **OmniCleanse Powdered Beverage** and an **OmniCleanse Practitioner Guide**.

Comprehensive Homeopathic Detox Kit

The kit contains six homeopathic remedies — **Detox I**, **Detox II**, **Detox III**, **CerebroMax**, **SpinalMax**, and **Matrix Support** — to temporarily relieve symptoms associated with detoxification of the entire body, including the brain, spine, extracellular space, gastrointestinal tract, liver, lymph, kidneys, and bladder. This detox system is taken throughout the program. The **Comprehensive Homeopathic Detox Kit** is included in the **OmniCleanse Detoxification Kit** or may be purchased separately to use with this protocol.

Diet and Lifestyle Suggestions

Though there is no specific diet required for this program, it is recommended that your patient take steps to reduce the body's exposure to heavy metals and other toxins. You may encourage your patient to:

- Limit consumption of ocean fish and crustaceans, especially larger fish or those with longer lifespans
- Discuss replacing silver-colored fillings that may contain mercury amalgam with their dentist
- Be aware of exposure to environmental pollution, especially if they live or work in an industrial area
- Increase intake of foods that can help detoxify heavy metals. Certain foods are natural chelators, including cilantro, cruciferous vegetables (broccoli, cabbage, sprouts), sulfur-rich foods (garlic, onion), and good sources of pectin (green apples, beets, bananas, citrus fruits)
- Consume filtered water to limit exposure to toxins and heavy metals
- Eat as many organic-sourced foods as possible, especially produce and lean meats
- Limit intake of processed foods and fast foods
- “Detox” their personal care and household products – including lotions, hair care, body care, cleaners, and detergents
- Regularly exercise or use saunas to encourage movement of the lymphatic system and the release of toxins via sweat

If you believe this patient has more extensive toxicity issues, you may need to work with them in the [**DesBio 4 Rs of Intestinal Health Protocol**](#).

DIET & LIFESTYLE Suggestions

ADDITIONAL RECOMMENDATIONS

The following products can be added to your patient's protocol to enhance results.



Essential Fatty Acids

Cell membranes are precious components of cellular health and are easily damaged by heavy metals and other toxins. Supplement with essential fatty acids to help the body rebuild cell membranes as well as modulate internal inflammatory processes.

Liposomal Glutathione

As the body's master antioxidant and detoxification nutrient, [**Liposomal Glutathione**](#) can provide additional support throughout the body in the management of toxins.

Liposomal Melatonin

In addition to supporting sleep, research has suggested that melatonin may potentially protect against damage from some heavy metals.³

³ Lei Sener G, Sehirli AO, Avanoglu-Dülger G. *Melatonin protects against mercury(II)-induced oxidative tissue damage in rats*. Pharmacology & Toxicology. 2003 Dec;93(6):290-6.

PROFESSIONAL
**METAL & MINERAL
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PROTOCOL
 DAYS 1-30

DETOXIFICATION

CerebroMax, SpinalMax, Matrix Support (10 drops of each product three times daily Monday, Tuesday, Wednesday)

Detox I, Detox II, Detox III (10 drops of each product three times daily, Thursday, Friday, Saturday, Sunday)

METAL & MINERAL BALANCING

Liposomal Lipic Acid with EDTA (1 serving daily)
Metox (10 drops three times daily)

ESSENTIAL NUTRITION

OmniEssentials w/o Iron (2 capsules daily)
Liposomal Vitamin C (1 serving daily)
Liposomal Magnesium (1 serving Wednesday, 1 serving Saturday)

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PROFESSIONAL
METAL & MINERAL BALANCING PROGRAM
PROTOCOL
 **DAYS 31-60**

DETOXIFICATION

CerebroMax, SpinalMax, Matrix Support (10 drops of each product three times daily Monday, Tuesday, Wednesday)

Detox I, Detox II, Detox III (10 drops of each product three times daily, Thursday, Friday, Saturday, Sunday)

METAL & MINERAL BALANCING

ToxAffix (2 capsules daily)

Metox (10 drops three times daily)

ESSENTIAL NUTRITION

OmniEssentials w/o Iron (2 capsules daily)

Liposomal Vitamin C (1 serving daily)

Liposomal Magnesium (1 serving Wednesday, 1 serving Saturday)

<p>31</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of CerebroMax <input type="checkbox"/> 30 drops of SpinalMax <input type="checkbox"/> 30 drops of Matrix Support <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C <input type="checkbox"/> 1 serving Liposomal Magnesium 	<p>32</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>33</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>34</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C <input type="checkbox"/> 1 serving Liposomal Magnesium 	<p>35</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C
<p>36</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of CerebroMax <input type="checkbox"/> 30 drops of SpinalMax <input type="checkbox"/> 30 drops of Matrix Support <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>37</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of CerebroMax <input type="checkbox"/> 30 drops of SpinalMax <input type="checkbox"/> 30 drops of Matrix Support <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>38</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of CerebroMax <input type="checkbox"/> 30 drops of SpinalMax <input type="checkbox"/> 30 drops of Matrix Support <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C <input type="checkbox"/> 1 serving Liposomal Magnesium 	<p>39</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>40</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C
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<p>46</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>47</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>48</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C <input type="checkbox"/> 1 serving Liposomal Magnesium 	<p>49</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>50</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of CerebroMax <input type="checkbox"/> 30 drops of SpinalMax <input type="checkbox"/> 30 drops of Matrix Support <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C
<p>51</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of CerebroMax <input type="checkbox"/> 30 drops of SpinalMax <input type="checkbox"/> 30 drops of Matrix Support <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>52</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of CerebroMax <input type="checkbox"/> 30 drops of SpinalMax <input type="checkbox"/> 30 drops of Matrix Support <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C <input type="checkbox"/> 1 serving Liposomal Magnesium 	<p>53</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>54</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>55</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C <input type="checkbox"/> 1 serving Liposomal Magnesium
<p>56</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>57</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of CerebroMax <input type="checkbox"/> 30 drops of SpinalMax <input type="checkbox"/> 30 drops of Matrix Support <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>58</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of CerebroMax <input type="checkbox"/> 30 drops of SpinalMax <input type="checkbox"/> 30 drops of Matrix Support <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C <input type="checkbox"/> 1 serving Liposomal Magnesium 	<p>59</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of CerebroMax <input type="checkbox"/> 30 drops of SpinalMax <input type="checkbox"/> 30 drops of Matrix Support <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C 	<p>60</p> <ul style="list-style-type: none"> <input type="checkbox"/> 30 drops of Detox I <input type="checkbox"/> 30 drops of Detox II <input type="checkbox"/> 30 drops of Detox III <input type="checkbox"/> 2 capsules ToxAffix <input type="checkbox"/> 30 drops Metox <input type="checkbox"/> 2 capsules OmniEssentials w/o Iron <input type="checkbox"/> 1 serving Liposomal Vitamin C

WARNINGS & PRECAUTIONS: Product intended to be used under appropriate practitioner supervision and with nutrient supplementation. This product is not intended for OTC use. The use of the metal and mineral balancing protocol may cause stress to the kidney or gastrointestinal systems. DesBio highly recommends kidney screening before proceeding with this protocol. If kidney health is a concern, consult a kidney specialist before proceeding with this product. Additional support may be needed to help prevent any serious health problems. This product is not intended for pregnant or nursing women.



Finishing Up

Your patient has now completed the 60-day **Metal and Mineral Balancing Program**. Remember that restoring metal and mineral balance can be a lengthy process and your patient may need additional months to achieve complete success.

Options for next steps:

- Repeat the **Metal and Mineral Balancing Program** in its entirety
- Alternate the **Liposomal Lipoic Acid with EDTA** or **ToxAffix** throughout the year to further support your patient's chelation needs

Remember that nutrient depletion is a real concern with chelation.

Any patient taking **Liposomal Lipoic Acid with EDTA** or **ToxAffix** should be



taking **OmniEssentials w/o Iron** or another micronutrient supplement that replaces vitamins and essential minerals (particularly magnesium). Metal detoxification without adequate supplementation may put patients at significant health risks.

Any patient taking **Liposomal Lipoic Acid with EDTA** or **ToxAffix** should be taking **OmniEssentials w/o Iron** to replace vitamins and essential minerals (particularly magnesium).



Combat
NUTRIENT DEPLETION
with
Supplementation

PROFESSIONAL METAL & MINERAL BALANCING PROGRAM



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These statements are based upon traditional homeopathic practices. They have not been reviewed by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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