

A Few Top Strategies to Help Your Child with Organization



Whiteboard in bedroom

A whiteboard can serve as a space to put reminders, a weekly calendar or, can be a space where your child can visually brainstorm or map out ideas. Even if they do their homework in another designated area of the house, getting up to brainstorm in another location could also serve as a nice stretch break.

Morning/Afternoon Routine or List

Create a morning and afternoon schedule or list. Include things like "make lunch", "fill water bottle" and "check Google classroom" or "update agenda", "organize backpack". The visual reminder and checklist helps to establish new habits and help your child take on new responsibilities.

What Doesn't Belong?

Include 10 minutes as part of your child's evening routine (or even your whole family's routine) to play "What doesn't belong?" Each person has a bin or a basket and collects their own things from rooms where they don't belong and puts them back where they belong.

Make No Assumptions!

Be careful to avoid making assumptions about your child's understanding of the steps they need to take to complete tasks. I don't ever remember being explicitly taught the steps to clean my room but seeing them laid out for me, would have helped me and would have made the task feel less overwhelming.