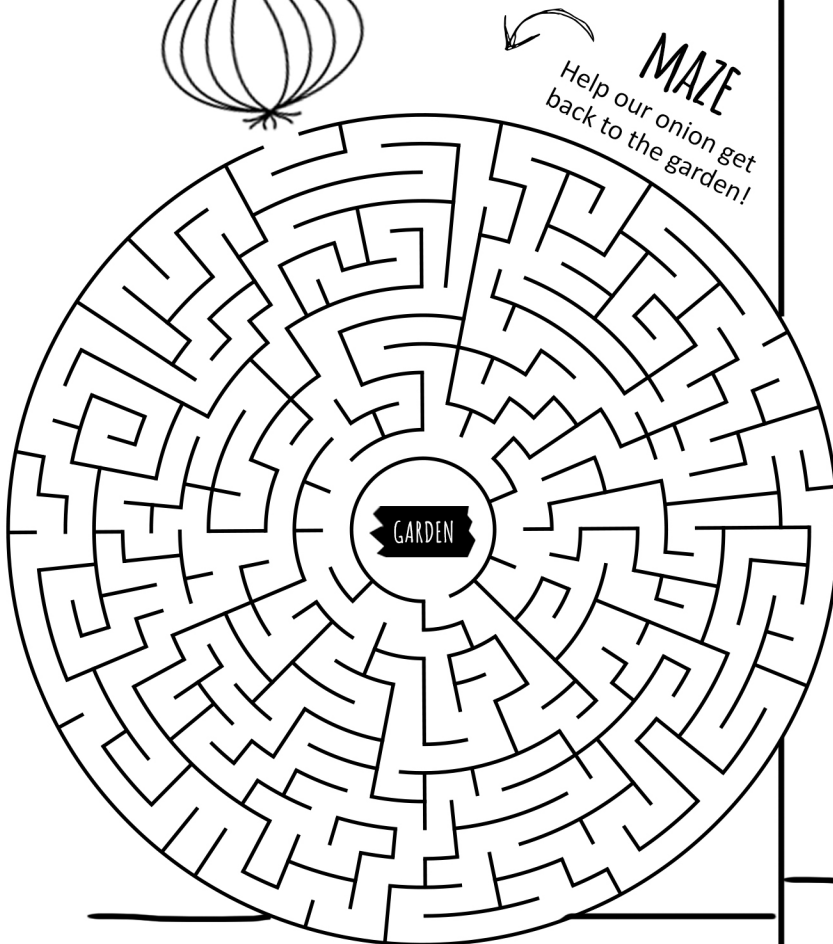
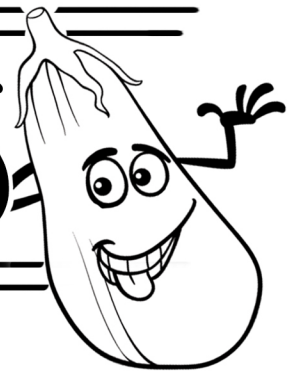
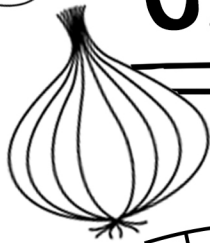


GARDEN VEGETABLES



GARDEN SCRAMBLE

Unscramble the letters below to make a just-picked word!

ASEP

TLAGEPGN

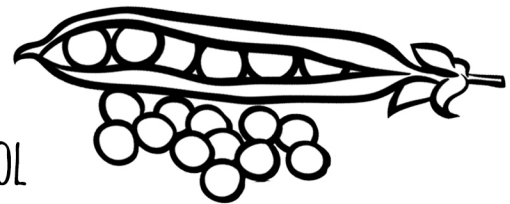
INNOO

GSAPRAUSA

MRCCUEBU

DEGRAN

A: Peas, onions, cucumber, eggplant, asparagus, garden



#LOL

Q: Why did the gardener plant so many peas?

A: So there could be Peas on earth!

RIDDLE ME THIS

- Don't cry! It's just a natural sulfur compound in me that reacts with your eyes and makes them water. What am I?
- I got my name because early varieties of me resembled a goose egg, and I'm usually dark purple in color. What am I?
- If you soak me in brine, I turn into a pickle! What am I?

A: Onion, eggplant, cucumber

COLOR ME!



SIMPLY GOOD

FOOD FACTS AND FUN

- All vegetables can be grown in the garden, but some are easier to grow than others. Garden vegetables that are fun to grow (and eat!) include string beans, leafy greens, tomatoes, squash (summer and winter squash), cucumbers, and potatoes (white and sweet).
- Vegetable gardens can be planted anywhere, but they need three main things to grow: lots of sunlight, water and good soil.
- Vegetables are an important source of carbohydrates, fiber, and many nutrients, including potassium and vitamins A and C. Vegetables help keep our digestive system healthy, help our eyes and vision, keep bones and teeth strong, and keep us from getting sick.