

9-WEEK CHAKRA BALANCING & REIKI CERTIFICATION COURSE



2/1/21

*Live Zoom Orientation

*Recorded Class:

Intro to the Chakra System

2/8/21

*Live Zoom Group Chakra Balancing and Q & A

*Recorded Class: Chakra Balancing for the Self- Seed Sounds, Physical Exercises, Meditations, Scents & Crystals, Prep for "Chakra Week"

2/15/21

- *Receive Crystal Beads & Essential Oils Magic Box
- *Begin Week-Long Chakra Morning & Evening Practice "Chakra Week"

2/22/21

- *Live Zoom Class: Debrief Chakra Week
- *Recorded Class: Chakra Balancing for Others



Jennifer Hoeprich, Meditation Teacher, Midwife, Founder of Magical Mama

3/1/21

- *Live Zoom Class: Debrief
- Balancing Sessions
- *Live Group Reiki
- *Recorded Class: Intro to Reiki

3/8/21: Live Zoom Q & A *Recorded Class: Reiki for the Self- Channeling Energy, Hand Placements, Crystals, Becoming Sensitive, Receiving Messages



- *Begin Week-Long Reiki Morning & Evening Practice "Reiki Week"
- *Receive Reiki Level | Attunement & Lineage

3/22/21

- *Live Zoom Class: Debrief Reiki Week
- *Recorded Class: Reiki for Others
- *HW: Perform Reiki Session



- *Live Zoom Class: Debrief Reiki Sessions
- *Submit Course Exam by 4/2/21

4/5/21: Live Zoom Completion Celebration & Party, Certificates Awarded!

