

Every July is

# PET HYDRATION AWARENESS MONTH

*The aim of this awareness month is to bring attention to water intake requirements for pets and to limiting pets' exposure to extreme temperatures, especially in what is usually the hottest month across the country.*

## DID YOU KNOW...

- -Your pet's body is made up of 80% water.
- -Humans are made up of only 55-60% water.

*Proper hydration is critical and dehydration has serious and immediate health risks in both humans and pets. Many pets don't get enough water, especially during extreme temperatures.*

## BE AWARE OF THE COMMON SYMPTOMS OF DEHYDRATION IN PETS:

1. **Sunken eyes**
2. **Lethargy**
3. **Loss of appetite**
4. **Dry mouth**
5. **Depression**
6. **Slow response to the 'Skin Test'** - Gently grab a loose fold of skin on the back of the neck or in between the shoulder blades and release. If the skin snaps back into place, your pet should be okay. If the skin slowly returns to place, your pet could be dehydrated and may need to be checked by a veterinarian.

## OUR PETS NEED 1 OUNCE OF WATER PER POUND OF BODY WEIGHT.

**Keep freshly-filtered water available to your pets at all times** so they are enticed to drink the proper amount of water. Each time you reach for your bottle of water to keep yourself healthy and hydrated, think of your pet.

These furry guys depend on us for access to fresh water.

