Tails of Hope INC. W PA

THANKSGIVING FOODS & PET SAFETY

SAFE & HEALTHY FOODS *to share*



Sweet potatoes are a great source of dietary fiber, vitamin B6, vitamin C, and beta-carotene. Just remember not to give your pet sweet potatoes with any added ingredients.



You and your pet can enjoy both kinds of potatoes. However, give only boiled or baked potatoes with no butter, sour cream, salt or pepper. Like everything else, serve in moderation.



Apples are full of vitamins A & C and contain lots of great fiber. Just be sure to cut around the core; large amounts of apple seeds can be toxic.



Turkey-WITHOUT BONES or SKIN or any added ingredients. Butter, spices, or other fatty ingredients may cause pancreatitis.



Green beans contain plant fiber, manganese, vitamins C & K, and are a healthy choice. But, like everything else, should be shared plain-without added ingredients, butter or spices.



Plain peas are ok to share, but creamed peas should be avoided. Foods high in fat may upset your animal's stomach.



Pumpkin by itself is a healthy snack great for digestive health and coat. If feeding from a can, be sure it is plain and not pre-spiced. It also makes a sweet post-meal treat.

UNSAFE & UNHEALTHY FOODS *NOT TO SHARE*



- Turkey bones, skin and gravy; bouillon
- Stuffing
- Casseroles
- Mashed potatoes
- Creamed peas
- Chocolate, cookies, pies and sweets-especially anything containing xylitol, which can be fatal
- Alcoholic beverages
- Raisins and grapes
- Onions, scallions and garlic
- Ham
- Yeast dough
- Fatty foods
- Foods containing spices



And remember to keep the tempting scent of the special meal in the trash out of reach of your four-legged family members & guests.

If your pet gets into something they shouldn't, seek help right away. In the event of an emergency, contact the Pet Poison Helpline or your local vet that offers weekend and after-hours services.

PET POISON HELPLINE, 24/7: 855-764-7661