



Health Savings Account



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Why should I choose a Health Savings Account (HSA)?

An HSA is a benefit that allows you to choose how much of your paycheck you'd like to set aside, before taxes are taken out, for healthcare expenses or use as a retirement savings tool.

It's yours. Think of your HSA as a personal savings account. Any unspent money in your HSA remains yours, allowing you to grow your balance over time. When you reach age 65, you can withdraw money (without penalty) and use it for anything, including non-healthcare expenses.

Flexibility. Save for a rainy day. Invest for your future retirement. Or spend your funds on qualified expenses, penalty free.

Easy to use. Swipe your benefits debit card at the point of purchase. There is no requirement to verify any of your purchases. We recommend keeping any receipts in case of an IRS audit.

Smart savings. The HSA's unique, triple-tax savings means the money you contribute, earnings from investments, and withdrawals for eligible expenses are all tax-free, making it a powerful savings and retirement tool.

What does it cover?

There are thousands of eligible items, including:

- ~ Copays, coinsurance, deductible
- ~ Doctor visits and surgeries
- ~ Over-the-counter medications (first-aid, allergy, asthma, cold/flu, heartburn, etc.)
- ~ Prescription Drugs
- ~ Birthing and Lamaze classes
- ~ Dental and orthodontia
- ~ Vision expenses, such as frames, contact lenses, prescription sunglasses, etc.



How do I use my HSA?

Once enrolled, you will be issued a debit card from Consumer Health Solutions Insurance to be used at the point of purchase. You can view your HSA, update direct deposit, request distributions, manage investments and download tax forms all from the Consumer Health Solutions online portal or mobile app, Consumer Health Mobile.

Can I enroll?

You must be enrolled in a qualified High-Deductible Health Plan (HDHP) in order to enroll in the HSA. You are not eligible for an HSA if:

- ~ You're claimed as a dependent on someone else's taxes.
- ~ You're covered by another plan that conflicts with the HDHP, such as Medicare, a Medical Flexible Spending Account (FSA) or select Health Reimbursement Arrangements.
- ~ You or your spouse are contributing to a Medical FSA.

What are the 2026 Limits?

Individual: \$4,400
Family: \$8,750
Over 55: +\$1,000 Catchup



Sign in to your account



jdove02101

Your Username will be in the following format:
First letter of your first name, full last name, and your 5 digit zip code (i.e., if your name was John Doe with a home zip code of 02101



john56789



Your Temporary Password will be in the following format:

First Name (lowercase) followed by the last 5 digits of your SSN (i.e., if your name was John Doe and your SSN is 000-45-6789

Login

[Forgot Password ?](#)

www.ConsumerHealthPortal.com

Need help? Contact Us.

HealthAccounts@consumerhealthsolutions.com
Speak to one of our Consumer Advocates: (877) 230-8650

