MOVEMENT CLINIC

Jess T. Brower, DC | Washington, IN

Phone: 812.254.2203 Fax: 812.254.2033 www.mvmtclinic.com

New Patient Information

Date: _____

Full Name: _____ ☐ **Male** ☐ **Female**

Date of Birth: _____

Mailing Address: _____

City: _____ **State:** _____ **Zip:** _____

Cell Phone: _____ **Email:** _____

Occupation: _____ **Employer/School:** _____

Emergency Contact Name: _____ **Phone:** _____

Health History

Are you currently taking any prescription medications? ☐ Yes ☐ No If yes, please list below.

_____

_____

Smoking history? ☐ Yes ☐ No

Have you ever had any serious diseases, illnesses, injuries, or surgeries?

Please explain any of the above: _____

_____

_____

_____

_____

Review of Systems

As you review the following list, please check any problems or conditions that you are CURRENTLY experiencing or have experienced in the PAST 2 YEARS. If you do not have any of the problems listed, please check NONE.

General Health

☐ Chills
☐ Fatigue
☐ Fever
☐ Loss of appetite
☐ Night sweats
☐ Recent weight gain (6 months)
☐ Recent weight loss (6 months)
☐ **NONE**

Endocrine

☐ Diabetes (Type I or Type II)
☐ Excessive thirst or hunger
☐ Frequent urination
☐ Heat or cold sensitivity
☐ Sweating
☐ Thyroid condition: _____
☐ **NONE**

Psychiatric

☐ Anxiety
☐ Depression
☐ Other: _____
☐ **NONE**

Ears, Nose, Mouth, Throat

☐ Difficulty swallowing
☐ Earaches
☐ Loss of hearing
☐ Loss of smell
☐ Loss of taste
☐ Painful chewing
☐ Ringing in ears
☐ Other: _____
☐ **NONE**

Gastrointestinal

☐ Abnormal stools
☐ Blood in stools
☐ Heartburn or indigestion
☐ Increasing constipation
☐ Nausea
☐ Painful bowel movements
☐ Persistent diarrhea
☐ Stomach or abdominal pain
☐ Ulcer
☐ Vomiting
☐ Other: _____
☐ **NONE**

Respiratory

☐ Asthma
☐ Chronic or frequent cough
☐ Other: _____
☐ **NONE**

Cardiovascular

☐ Discoloration of hands or feet
☐ High blood pressure
☐ High cholesterol
☐ Irregular heartbeat or palpitations
☐ Leg pain or cramps with walking
☐ Pain in chest
☐ Shortness of breath with activity
☐ Swelling in hands or feet
☐ Other: _____
☐ **NONE**

Hematologic/Lymphatic

☐ Bleeding disorder: _____
☐ Bruise easily
☐ Swollen or enlarged lymph nodes
☐ **NONE**

Eyes

☐ Blind spots
☐ Blurred vision
☐ Double vision
☐ Glasses or Contacts
☐ Loss of vision
☐ Pain
☐ **NONE**

Genitourinary

☐ Blood in urine or discoloration
☐ Female: irregular bleeding
☐ Female: irregular periods
☐ Female: menstrual pain
☐ Incontinence
☐ Kidney stones
☐ Male: prostate disease
☐ Male: testicle pain or mass
☐ Painful or burning urination
☐ Sexual difficulty
☐ Urgency with urination
☐ Urine retention
☐ Other: _____
☐ **NONE**

Musculoskeletal

☐ Arthritis
☐ Difficulty walking
☐ Grind or clench teeth
☐ Joint pain
☐ Joint stiffness
☐ Joint swelling
☐ Limp
☐ Muscle cramps
☐ Muscle pain or tenderness
☐ Other: _____
☐ **NONE**

Neurological

☐ Balance trouble
☐ Black outs/loss of consciousness
☐ Change in handwriting
☐ Clumsiness
☐ Difficulty speaking
☐ Difficulty walking
☐ Dizziness
☐ Facial drooping
☐ Fainting
☐ Head injury
☐ Headaches
☐ Light-headed
☐ Memory loss
☐ Mental confusion
☐ Migraines
☐ TIA or Mini stroke
☐ Neuropathy
☐ Numbness (loss of sensation)
☐ Paralysis
☐ Stroke
☐ Tingling
☐ Tremors
☐ Vertigo (room spinning)
☐ Weakness
☐ Other: _____
☐ **NONE**

Skin

☐ Breast lump or discharge
☐ Color changes
☐ Rash
☐ Sores or lesions
☐ Other: _____
☐ **NONE**

Presenting Complaint(s)

Primary complaint: _____

When did your complaint begin? _____ **Have you had this complaint before?** ☐ **Yes** ☐ **No**

If yes, when? _____ **Did you receive treatment?** ☐ **Yes** ☐ **No**

If yes, by whom? _____ **Outcome?** _____

Was the onset: ☐ **Gradual** ☐ **Sudden** **Since its onset, has it become:** ☐ **Worse** ☐ **Better** ☐ **Stayed the same**

Describe what caused the pain: _____

Have you tried any self-treatments, taken any medication (over-the-counter or prescription), or been treated by another provider? ☐ **Yes** ☐ **No**

If yes, explain: _____

Results: _____

Secondary or related complaint, if any: _____

When did your complaint begin? _____ **Have you had this complaint before?** ☐ **Yes** ☐ **No**

If yes, when? _____ **Did you receive treatment?** ☐ **Yes** ☐ **No**

If yes, by whom? _____ **Outcome?** _____

Was the onset: ☐ **Gradual** ☐ **Sudden** **Since its onset, has it become:** ☐ **Worse** ☐ **Better** ☐ **Stayed the same**

Describe what caused the pain: _____

Have you tried any self-treatments, taken any medication (over-the-counter or prescription), or been treated by another provider? ☐ **Yes** ☐ **No**

If yes, explain: _____

Results: _____

Pain Diagram

Please mark areas of pain using these symbols.

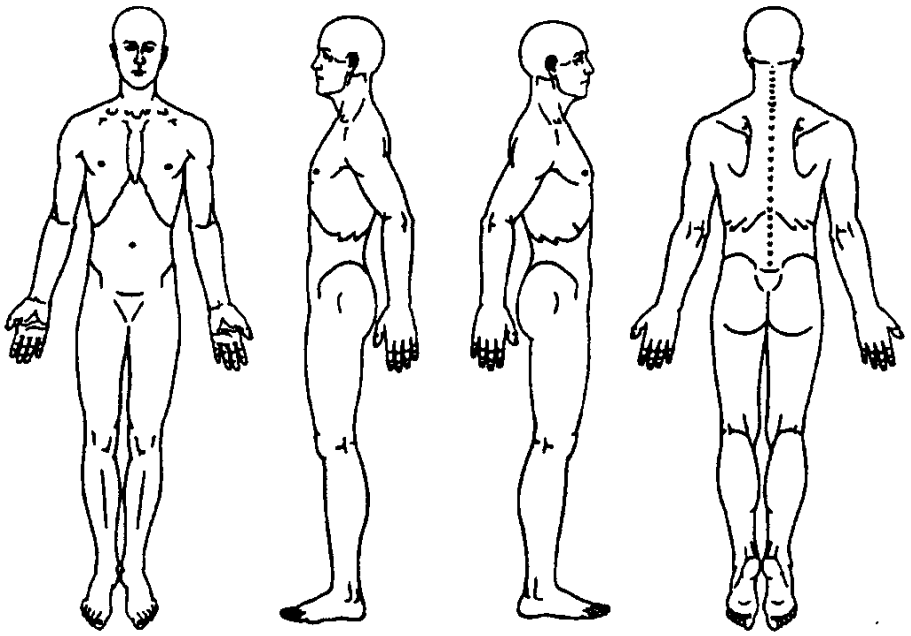
+++ Burning

Dull or Aching

*** Numb or Tingling

=== Throbbing

000 Sharp or Stabbing



Presenting Complaint(s) Continued

List region of pain and circle number which represents intensity of pain at its BEST and WORST on the same line.

Region: _____ **No Pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable**

Region: _____ **No Pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable**

Region: _____ **No Pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable**

Region: _____ **No Pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable**

Please indicate the area of complaint you are referring to, if needed. You can mark more than one box and indicate more than one region of complaint.

Describe the quality of the complaint:

☐ Burning
☐ Cramping
☐ Dull ache
☐ Giving away
☐ Locking/catching
☐ Numbness/loss of sensation
☐ Popping/grinding
☐ Sharp
☐ Stabbing
☐ Throbbing
☐ Tightness/tension
☐ Tingling
☐ Other: _____

Describe location of complaint:

☐ Very specific area
☐ General, localized area
☐ Spreads to different area
☐ Shoots to different area
☐ Other: _____

How often are you aware of the complaint?

☐ Intermittent (0-25% of time)
☐ Occasional (25-50% of time)
☐ Frequent (50-75% of time)
☐ Constant (75-100% of time)

Is your complaint more specific to a time of day?

☐ Upon waking
☐ In the morning
☐ In the afternoon
☐ At night
☐ No specific time of day

Does your complaint wake you up at night?

☐ Yes
☐ No

Does complaint interfere with your daily activities?

☐ Annoyance, no interference
☐ Tolerated, some interference
☐ Significant interference
☐ Prevents most activity

Please indicate activities that complaint interferes with:

☐ Driving
☐ Exercise
☐ Hobbies
☐ Household chores
☐ School
☐ Sleep
☐ Sports
☐ Work
☐ Other: _____

How long does complaint typically last?

☐ Less than 1 minute
☐ Less than 5 minutes
☐ Less than 30 minutes
☐ Less than 1 hour
☐ More than 1 hour
☐ Most of the day
☐ All day
☐ Varies from day to day
☐ Other: _____

Do any of the following make complaints better, even temporarily?

☐ Certain position: _____
☐ Chiropractic care
☐ Exercise
☐ Heat
☐ Ice
☐ Injections
☐ Lying down
☐ Medication
☐ Physical therapy
☐ Rest/no movement
☐ Sitting
☐ Standing
☐ Walking
☐ Other: _____
☐ Can't make complaint better

Do any of the following make complaint worse?

☐ Bowel movement
☐ Cough/sneeze
☐ Bending
☐ Caring for family
☐ Changing positions
☐ Driving/riding
☐ Getting in/out of car
☐ Household chores
☐ Lifting
☐ Lying down
☐ Pulling
☐ Pushing
☐ Reaching
☐ Running
☐ Shopping
☐ Sitting
☐ Sports
☐ Squatting
☐ Stairs
☐ Standing
☐ Twisting/turning
☐ Walking
☐ Working
☐ Other: _____
☐ Can't make complaint worse

INFORMED CONSENT FOR CHIROPRACTIC CARE

Chiropractic Examination and Treatment On occasion, some patients experience increased discomfort following chiropractic care and examination. Chiropractic physical examination and treatment may involve bending, twisting, and physically challenging joints and soft tissues (e.g., muscles and ligaments) of the spine and extremities, and it can possibly lead to temporary feelings of soreness or pain. During treatment, the Doctor of Chiropractic or staff may use their hands or mechanical devices to move, adjust, or manipulate joints and mobilize soft tissues of the body. With certain soft tissue therapies, light to moderate bruising may also occur. This is nearly always a temporary issue that occurs while the area under care is undergoing therapeutic change. Patients reserve the right to consent to or refuse certain aspects of care once therapeutic options have been presented.

Permission for Physical Contact I understand that, in the course of various chiropractic examination procedures and treatment methods, the Doctor of Chiropractic or other staff may have to examine and physically contact portions of my body.

Do you wish to have another staff member present during examination and treatment?

☐ Yes ☐ No

Risks of Chiropractic Care and Treatment I understand and have been informed that there are risks of side effects and complications anytime a healthcare provider is asked to intervene in an encounter with a patient. I have been informed of the following: that although the risk of serious complications from chiropractic treatment are rare and unlikely, events ranging from soreness, sprains and strains, to fracture or dislocation, to injuries of the spinal discs, nerves, and cord have occurred. Cerebrovascular accidents, such as a stroke, have also been reported and that these have been estimated to occur in 1 in 2 million to 1 in 3.8 – 5.8 million cervical manipulations, about the same probability of stroke occurring from turning your head or having your hair washed in a salon (“beauty parlor stroke”). It cannot be said with any certainty that the specific treatment caused the stroke or aggravated an underlying, pre-existing condition, or the treatment given was totally unrelated to the resulting stroke. You are being informed of this reported association because a stroke may cause serious neurological impairment or even death. The possibility of such injuries occurring in association with cervical adjustment or manipulation is extremely remote.

I understand, and I do not expect the Doctor of Chiropractic to be able to anticipate all the potential risks or complications. There may be problems or complications that might arise from treatment and recommendations other than those noted. These other events or complications occur so rarely that it is not possible to anticipate and/or explain them all in advance of treatment.

I wish to rely on the Doctor of Chiropractic to exercise their best professional judgment during the course of the chiropractic examination and treatment, which the doctor feels is in my best interest, based upon the facts as then known at the time.

I will immediately notify a member of the clinic staff of any unanticipated side effects or adverse reactions associated with treatment. I also understand that if I become concerned about any post-treatment discomfort or, if I should develop any new or unrelated symptoms, I should call the practice for immediate attention. I also understand that if for some reason I am unable to reach or contact the practice, that I should telephone my primary healthcare provider or present myself to the nearest hospital emergency room.

Alternative Treatments Available I understand that there are reasonable alternatives to treatment including, but not limited to: rest, home application of therapy, prescription or over-the-counter medication, exercise, non-treatment, treatment and evaluation by another provider, and possibly surgery. Each is associated with their own benefits and risks. I have the right to request a referral to another provider for further evaluation, assessment, and management of my presenting condition(s) at any time.

Consent By affixing my signature below, I acknowledge that I have read and understood the above consent and have had the opportunity to ask questions about its content and meaning, if so desired, which have been answered to my satisfaction, **PRIOR TO MY SIGNING OF THIS CONSENT FORM.**

I, the undersigned, hereby request, consent to, and authorize Jess T. Brower, DC and the staff at the Movement Clinic to conduct physical examinations, perform testing procedures as are required, and administer treatment as deemed necessary or advisable for my presenting complaint(s) that are within the Doctor of Chiropractic’s scope of practice. I attest that the information provided regarding my, or my dependents, current and past health history has been fully completed and to the best of my knowledge and ability, and does not contain false or misleading information, nor omission. I also certify that no guarantee or assurance has been made to me as to the results that may be obtained from any treatment rendered.

I intend this consent form to cover the entire course of treatment for my present condition and for any future conditions for which I seek examination and treatment for myself or my dependent.

_____

Signature (Patient, Parent, or Legal Guardian)

_____

Print Name (Patient, Parent, or Legal Guardian)

_____

Signature (Doctor of Chiropractic)

_____

Date

Privacy Protection and Authorization for Release of Protected Health Information

I understand that I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to: plan, coordinate, and direct my treatment and follow-up among the healthcare providers who may be directly and indirectly involved in providing my treatment, obtain payment from third party payors, and conduct normal healthcare operations such as quality assessments and accreditation. This includes release of information and notification of care to my primary health care and/or referring provider.

I hereby authorize Movement Clinic to release a complete report of services rendered including diagnosis, findings and details of treatment, and progress for the purpose of receiving payment for the services rendered to its authorized billing agents, my insurance carriers, employer's workers compensation insurance company, or other category of third party payors, the Social Security Administration under Title XVIII (18) of the Social Security Act, any Professional Review Organization, attorney, or other intermediaries responsible for payment of my charges and hereby release Movement Clinic from any consequences thereof. I understand that I may revoke this consent at any time by giving written notice.

Please list below the names of and your relationship to individuals whom you authorize Movement Clinic to release your protected health information.

Name and Relationship

_____

_____

Acknowledgement of Receipt of the Notice of Privacy Practices

I acknowledge that I have read or declined the opportunity to read and understand the Notice of Privacy Practices. I understand that these privacy practices will be followed by Movement Clinic to ensure the privacy of my protected health information. I understand that this acknowledgement will be placed in my electronic file and maintained for six years. A copy of this notice is available at any time upon request.

Initial: _____

Authorization to Acquire Healthcare Information

I hereby authorize Movement Clinic to obtain details regarding my current and/or prior health status from my primary care provider, referring provider, and/or other providers to facilitate appropriate care. All health records, diagnostic imaging results, diagnostic testing results, surgical information, and any data that are held regarding my medical and health management are applicable for release. This release does NOT allow information pertaining to drug and/or alcohol abuse, or mental health information to be included. I understand that I may revoke this consent at any time, except to the extent that action has already been taken, with written notice.

Initial: _____

Financial and Appointment Policy

In consideration of all services provided, I acknowledge that all fees are due at the time of service, and are payable by cash, check, credit, or debit card. Movement Clinic does not accept insurance, and therefore will not be responsible for submitting any claims on my behalf. Further, Movement Clinic is not a provider for Medicare, and can therefore not provide care to any Medicare beneficiaries.

If you are not able to keep your appointment, we would appreciate a 24-hour notice. A missed appointment without 24-hours prior notice will be assessed a **$50.00** fee. Three **(3)** missed appointments without any notice will result in being discharged as a patient.

If you are late for your appointment (more than 10 minutes), we will do our best to accommodate you. However, on certain days it may be necessary to reschedule your appointment.

Initial: _____

Consent to Treat a Minor without Parent or Guardian Present

I do hereby authorize and give my consent to Movement Clinic staff to provide evaluation and treatment as needed and necessary to my minor child **in my absence** following initial consultation.

☐ **Yes** ☐ **No**

My child will be accompanied by (check all that apply):

☐ **Himself or Herself**

☐ **Other:** _____

☐ **Other:** _____

Parent or Legal Guardian Initial: _____

Authorization to Send and Receive Medical Information by E-mail/Text

Movement Clinic (the "Practice") sends patient information by e-mail and/or text messaging. We utilize a two-way text messaging service to confirm appointments and may use email to send requested information with your permission.

RISKS: Transmitting information by e-mail/text, however, has several risks that patients should consider before using email/text. These include, but are not limited to, the following Risks: (1) Email/text can be circulated, forwarded, and stored in numerous paper and electronic files. (2) Email/text can be immediately broadcast worldwide and be received by many intended and unintended recipients. (3) Email/text senders can easily misaddress an email or text. (4) Email/text can be intercepted, altered, forwarded, or used without authorization or detection.

CONDITIONS: Because of the Risks outlined above, the Practice cannot guarantee the security and confidentiality of e-mail/text communication and will not be liable for improper use and/or disclosure of confidential information that is not caused by the Practice's intentional misconduct. Thus, patients must consent to the use of email/text for patient information. Consent to the use of email/text includes agreement with the following conditions: (1) All emails/texts to or from the patient concerning diagnosis or treatment will be saved as part of the medical record. Because they are a part of the medical record, other individuals authorized to access the medical record, such as staff and billing personnel, will have access to those emails/texts. (2) The Practice may forward emails internally to the Practice's staff and agents as necessary for diagnosis, treatment, reimbursement, and other handling. The Practice will not, however, forward email to independent third parties without the patient's prior written consent, except as authorized or required by law. (3) Although the Practice will endeavor to read and respond promptly to an e-mail/text from the patient, the Practice cannot guarantee that any email/text will be read and responded to within any period. Thus, the patient shall not use e-mail/text for medical emergencies or other time-sensitive matters. (4) If the patient's e-mail/text requires or invites a response from the Practice, and the patient has not received a response within a reasonable time period, it is the patient's responsibility to follow up to determine whether the intended recipient received the e-mail/text and when the recipient will respond.
(5) The patient should not use e-mail/text for communication regarding sensitive medical information, such as information regarding sexually transmitted diseases, AIDS/HIV, mental health, developmental disability, or substance abuse. (6) The patient is responsible for informing the Practice of any types of information the patient does not want to be sent by email/text, in addition to those set out in the preceding paragraph. (7) The patient is responsible for protecting his/her password or other means of access to email/text. (8) The Practice is not liable for breaches of confidentiality caused by the patient or any third party. (9) The Practice shall not engage in email/text communication that is unlawful, such as unlawfully practicing medicine across state lines. (10) It is the patient's responsibility to follow up and/or schedule an appointment if warranted.

INSTRUCTIONS: To communicate by email/text, the patient shall: (1) Limit or avoid use of his/her employer's computer. (2) Inform the Practice of changes in his/her email address or text number. (3) Put the patient's name in the body of the e-mail/text. (4) Include the category of the communication in the email's subject line or body of a text message, for routing purposes (e.g., billing question). (5) Review the email/text to make sure it is clear, and that all relevant information is provided before sending to the Practice. (6) Inform the Practice that the patient received an e-mail/text from the Practice. (7) Take precautions to preserve the confidentiality of emails/texts, such as using screen savers and safeguarding his/her computer password. (8) Withdraw consent only by e-mail or written communication to the Practice. (9) Contact the Practice's Privacy Official at (812) 254-2203 with any unanswered questions before communicating with the Practice via email or text message.

Would you like a text message reminder of future appointments and confirmation of appointments?

☐ Yes ☐ No

When required or requested by you, may we communicate with you regarding your healthcare via email?

☐ Yes ☐ No

Patient Acknowledgement and Agreement

I, the undersigned, hereby certify that I have read, fully understand, and agree to be bound by these policies, assignment, and authorization pertaining to myself or my dependent. I understand the risks associated with the communication of email and text between the Practice and me, and consent to the conditions outlined in this document. I have asked or have declined the opportunity to ask any pertinent questions regarding this information before applying my signature. A photocopy of this document shall be considered as effective as the original. I intend this certification to cover the entire course of treatment for my present condition and for any future conditions for which I seek examination and treatment for myself or my dependent.

_____

Signature (Patient or Responsible Party)

_____

Date

_____

Phone number authorized for text messaging

_____

E-mail authorized for sending medical records

NOTES

Signed: _____