
5 Minute Mind-Hack No.4

The Real Story of the Two Wolves

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This is how smart entrepreneurs turn negatives into positives!

Many people have only heard the modern version of this story and consequently, have been left short of a valuable and more accurate lesson because the original version is fundamentally different and meaningful.

It's a mind hack that helps you to see how negatives are not always what they first appear to be, in yourself but also in others and how you can influence more productive attitudes and behaviours in people around you.

This version provides wisdom towards a deeper level of self-education when it comes to dealing with inner conflicts.

It's only a three and a half minute view but is long in meaning and certainly a worthwhile investment of your time.

<https://youtu.be/JHXwPFMvaXk>



In modern life, society has set up this battle of 'either – or' like right or wrong, good or bad, high or low, happy or sad, success or failure and so on.

Not surprisingly, you no doubt see many people with inner struggles, first being pulled one way and then the other by their frantic and constantly changing desires.

The person who combines the power of the two opposing sides and brings them together in harmony however, is the wise one indeed, the smart one and the one more likely to enjoy what life has to offer.

Quote to finish on.

“What you feed your mind today, will shape who you are and what you become tomorrow” Anon

My Action Plan

The old habit I will stop

The new habit I will start

First Steps I'll take to begin

Ways I will stay strong

People I'll enlist to help me

Any other considerations
