
The Strong Minds Six-Figure Success Essentials Framework

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1. Your Values

Be clear about your values in each area of your life and prioritise them. Your highest values become your most prized motivators and instill a strong internal drive, which in turn, leads to action and direction, just like a compass leading you to where you want to go.

2. Clear Aspirations & Objectives

Decide what is it that you want to accomplish, whether it be tangible, intangible or a combination of both. Once you've decided, commit to it and take the very first action as soon as possible to begin building momentum.

3. Your Belief System

If you don't believe you're capable or worthy of accomplishing what you've set out to do, you will either not start or limit your success. Identify any limiting beliefs in your way and consciously shift them by seeing the positive outcomes and rewards instead. Set the belief system that serves yours needs and wants.

4. Plan (As far as you can see)

You can't always see all the required steps at the start of a journey but you can plan as far as you can see right now. Set out your plan, including the potential obstacles and solutions, and start moving. As you accomplish more and more, you'll be able to see around bends to what needs to be done further ahead.

5. Continue to Educate Yourself

Adding to your knowledge that others don't have will set you apart, increasing your competence, confidence and levels of success. Expose yourself to different topics and viewpoints through short blogs, articles or exec summaries to stimulate fresh thinking and inspire new ideas.

6. Remain Flexible

Keep your mind focused on what you want to accomplish (RAS) but be flexible in your approach and adapt if you need to along the way. Your strength will come from your ability to bend with strong winds and not be rigid or fixed (limited) in your mindset.

7. Persist

Don't allow any setbacks to steal your dreams, resolve to persist to the end and accomplish what you've set out to. Use your inner determination based on your values to drive you forward, hold your convictions and persist because persistence will beat resistance every time.

Success Essential – Purpose for a Meaningful Life!

The reason for which something is done or created or for which something exists. A person's sense of resolve, conviction or determination.

Purpose and meaning is stronger than any individual goal or objective because they encompass the broader picture, the complete person.

It's a powerful force for deciding on goals, ambitions, your personal standards and code of conduct, essentially how you will live your life now and ultimately, who you intend to become.

Nobody can tell you the answer to what our purpose here on earth should be because it is the choice of each and every individual alive.

I've had a good life so for me, it's about enjoying life one day at a time. Part of this enjoyment however, is seeing others become happier and more prosperous so that they in turn can help others, it's a ripple effect that goes far and wide.

What's your overriding purpose and how will you use the 7 steps to live it?