

# Aethermere Academy of Arcane Arts

---

## Detailed Syllabus: Animal Spirit Communication

Duration: 4 Weeks

## **Week 1: Foundations of Animal Spirit Work**

### Learning Objectives:

- Understand the concept of spirit animals and totem energies.
- Begin establishing spiritual connections with animal guides.

### Coursework:

- Reading: Introduction to Animal Spirit Lore.
- Reading: 'Totem Animals and Their Meanings'.
- Exercise: Identify your personal spirit animal through guided meditation.
- Journal Assignment: Reflect on your meditation experience and initial impressions.

## **Week 2: Techniques of Communication**

### Learning Objectives:

- Learn methods for connecting with animal spirits.
- Practice intuitive listening and spiritual journeying.

### Coursework:

- Workshop: Guided shamanic journey to meet your animal guide.
- Practice: Intuitive listening and message reception.
- Group Discussion: Sharing experiences and insights.
- Assignment: Create a communication ritual tailored to your spirit animal.

## **Week 3: Symbolism & Interpretation**

### Learning Objectives:

- Decode messages and behaviors of spirit animals.
- Integrate symbolic meanings into magical practice.

### Coursework:

- Reading: Animal symbolism across cultures.
- Exercise: Symbol interpretation using dream and vision journals.
- Reading: 'Animal Speak' by Ted Andrews (selected chapters).
- Assignment: Write a symbolic profile of your spirit animal.

## **Week 4: Rituals & Integration**

### Learning Objectives:

- Honor animal guides through ritual.
- Apply their wisdom in spellwork and daily life.

### Coursework:

- Workshop: Designing and performing a personal ritual.
- Ritual: Collective honoring of spirit animals.
- Final Project: Submit a ritual plan and reflection paper.
- Closing Circle: Sharing final insights and affirmations.