

Binding Spells and Magical Ethics: Week 1-4 Overview

· Week 1: Foundations of Binding Magic

Session 1: What Is Binding?

- Definitions and historical uses of binding spells
- Types: protective, restrictive, banishing
- Cultural and folkloric examples

Session 2: Tools and Techniques

- Symbolism: knots, cords, wax, mirrors
- Energetic focus and intention setting
- Creating a safe and sacred space

· Week 2: Ethics of Magical Practice

Session 3: Consent and Consequence

- The ethics of influencing others
- Magical responsibility and karmic law
- Case studies: when binding goes wrong

Session 4: Codes of Conduct

- Wiccan Rede, Threefold Law, and other traditions
- Personal vs. communal ethics
- Journaling your magical values

· Week 3: Spellcraft and Ritual Design

Session 5: Writing Your Own Binding Spell

- Language, symbolism, and structure
- Timing, moon phases, and planetary influences
- Sample binding spell walkthrough

Session 6: Ritual Practice

- Group vs. solo rituals
- Incorporating herbs, crystals, and sigils
- Grounding and closing techniques

· Week 4: Integration and Reflection

Session 7: Unbinding and Reversal

- When and how to undo a binding
- Healing and restoration rituals
- Ethical considerations in reversal

Session 8: Final Project & Reflection

- Design and present a binding spell with ethical justification
- Closing ritual and celebration