

POSTPONED DUE TO SUPER BOWL!

~~Sunday, February 8th~~

Ear Acupuncture Group Experience

Led by Laura Braziel, LPC, ADS

Join us for **5-Needle Protocol (5NP) AcuDetox®**, a gentle ear acupuncture treatment designed to support:

-  Stress relief & emotional balance
-  Mental clarity & focus
-  Better sleep
-  Overall well-being

WHAT TO EXPECT

- Small needles placed in specific points on each ear
- A calm, small group setting with soothing music and guided breathing
- You'll relax for about **45 minutes**
- No talking during treatment—just rest and reset
- Learn more: www.authenticrelationalcounseling.com/acudetox



WHO IT'S FOR

- Anyone who wants or needs to relax! You, your counselor, your family, your friends, your co-workers.



EVENT DETAILS

Date: TO BE DETERMINED SOON

Location: 120 Eldridge Rd, Suite D

Time: TO BE DETERMINED SOON

Cost: \$10 per person



TO SIGN UP

Contact: Laura Braziel

Call or Text: 281-690-3456

SPACE IS LIMITED! SIGN UP SOON.