



CLASS SCHEDULE

(434) 525-4813

admin@eliteathleticsva.com

www.eliteathleticsva.com

Monday

4:30-5:15 Preschool
4:30-5:30 Level 1 Boys Gymnastics
4:30-5:30 Flip 4 All
4:30-5:15 Lil Ninjas
5:30-6:30 Ninja Intermediate
5:30-6:30 Level 1 (8+)
5:30-7:00 Gymnastics Preteam
5:35-6:20 Lil Ninjas
6:30-7:30 Xtreme 1
6:30-7:30 Xtreme 2
6:30-8:00 Level 2

Wednesday

4:30-5:15 Tumblin' Twos
4:30-5:15 Preschool
4:30-5:15 Lil Ninjas
4:30-5:30 Ninja Beginner
5:00-5:45 Parent & Tot
5:15-6:15 Hotshots
5:20-6:20 Ninja Beginner
5:30-6:15 Preschool
5:30-6:30 Level 1 (5-7)
5:30-7:00 Gymnastics Preteam
5:30-6:30 Tumbling C
5:35-6:35 Xtreme 1
6:25-7:25 Xtreme 1
6:30-7:30 Tumbling A
6:30-7:30 Tumbling B
6:40-7:40 Ninja Beginner

Friday

4:30-5:30 Ninja Beginner
4:30-5:30 Xtreme 2
5:00-6:00 Level 1 (8+)
5:30-6:30 Ninja Intermediate
5:35-6:20 Lil Ninjas
6:00-7:00 Level 1
6:30-8:00 Xtreme 3

Tuesday

10:00-11:00 Preschool Open Gym
11:00-12:00 Homeschool
4:30-5:15 Lil Ninjas
4:30-5:30 Hotshots
4:30-5:30 Level 1 (5-7)
4:30-5:30 Trampoline & Tumbling
4:30-5:30 Ninja Beginner
5:20-6:20 Ninja Intermediate
5:35-6:20 Lil Ninjas
5:45-6:15 Preschool
5:45-6:45 Trampoline & Tumbling
6:25-7:25 Ninja Team
6:30-7:15 Preschool
7:30-8:30 Ninja Team Advanced

Thursday

4:15-5:00 Parent & Tot
4:30-5:30 Flip 4 All
4:30-6:00 Superstars
4:30-5:30 Ninja Beginner
4:30-5:30 Ninja Preteam
5:15-6:00 Parent & Tot
5:30-6:15 Preschool
5:35-6:35 Ninja Team
6:00-7:00 Tumbling A
6:15-7:00 Parent & Tot
6:30-7:30 Hotshots
6:45-7:45 Ninja Team Advanced
7:00-8:00 Tumbling B
8:00-9:30 Adult Open Gym

Saturday

9:00-9:45 Lil Ninjas
9:50-10:50 Ninja Beginner
10:00-11:00 Level 1
11:00-11:45 Preschool
11:00-12:00 Ninja Intermediate

Follow us! @eliteathleticsva

