



CLASS SCHEDULE

(434) 525-4813

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www.eliteathleticsva.com

Monday

4:30-5:15 Preschool
4:30-5:30 Level 1 Boys Gymnastics
5:15-6:00 Lil Ninjas
5:00-6:00 Ninja Intermediate
5:30-6:30 Level 1 (8+)
6:15-7:15 Xtreme 1
6:15-7:15 Xtreme 2
6:30-8:00 Level 2

Tuesday

10:00-11:00 Preschool Open Gym
11:00-12:00 Homeschool
4:15-5:00 Lil Ninjas
4:30-5:30 Hotshots
4:30-5:30 Level 1 (5-7)
4:30-5:30 Trampoline & Tumbling
4:45-5:30 Lil Ninjas
5:00-6:00 Ninja Beginner
5:30-6:30 Ninja Intermediate
5:45-6:15 Preschool
5:45-6:45 Trampoline & Tumbling
6:00-7:30 Gymnastics Preteam
6:30-7:15 Preschool

Wednesday

4:30-5:15 Preschool
4:30-5:30 Ninja Beginner
5:00-5:45 Lil Ninjas
5:00-5:45 Parent & Tot
5:15-6:15 Hotshots
5:30-6:15 Preschool
5:30-6:30 Level 1 (5-7)
5:30-6:30 Tumbling C
5:45-6:45 Ninja Beginner
6:30-7:30 Tumbling A
6:30-7:30 Tumbling B
6:45-7:45 Xtreme 1

Thursday

4:15-5:00 Parent & Tot
4:30-5:30 Flip 4 All
4:30-6:00 Superstars
5:15-6:00 Parent & Tot
5:30-6:15 Preschool
6:00-7:00 Tumbling A
6:00-7:30 Gymnastics Preteam
6:15-7:00 Parent & Tot
6:30-7:30 Hotshots
7:00-8:00 Tumbling B
8:00-9:30 Adult Open Gym

Friday

4:30-5:30 Ninja Beginner
4:30-5:30 Xtreme 2
5:00-6:00 Level 1 (8+)
5:30-6:30 Ninja Intermediate
5:45-6:15 Lil Ninjas
6:00-7:00 Level 1
6:30-8:00 Xtreme 3

Saturday

9:00-9:45 Lil Ninjas
9:00-10:00 Elementary Cheer
10:00-11:00 Ninja Beginner
10:00-11:00 Level 1
11:00-11:45 Preschool
11:00-12:00 Ninja Intermediate

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