



## CLASS SCHEDULE

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[www.eliteathleticsva.com](http://www.eliteathleticsva.com)

### Monday

4:30-5:15 Preschool  
4:30-5:30 Level 1 (5-7)  
4:30-5:30 Level 1 Boys Gymnastics  
4:30-5:30 Flip 4 All  
4:30-5:15 Lil Ninjas  
5:00-6:00 Level 1 (8+)  
5:30-7:00 Gymnastics Preteam  
5:30-6:30 Ninja Intermediate  
5:35-6:20 Lil Ninjas  
6:00-8:00 Cheer Prep: Eclipse  
6:00-7:30 Level 2  
6:30-7:30 Level 1  
6:30-7:30 Xtreme 1  
6:30-7:30 Xtreme 2

### Wednesday

4:30-5:15 Preschool  
4:30-5:30 Level 1 (5-7)  
4:30-5:15 Lil Ninjas  
4:30-5:30 Ninja Beginner  
5:20-6:20 Ninja Beginner  
5:30-6:15 Parent & Tot  
5:30-6:15 Preschool  
5:30-6:30 Level 1 (5-7)  
5:30-7:00 Gymnastics Preteam  
5:30-6:30 Tumbling B/C  
5:35-6:35 Xtreme 1  
6:25-7:25 Xtreme 1  
6:30-7:30 Tumbling A  
6:30-8:00 Level 2  
6:40-7:40 Ninja Beginner

### Friday

4:30-5:30 Ninja Beginner  
4:30-5:30 Xtreme 2  
5:00-6:00 Level 1 (8+)  
5:30-6:30 Ninja Intermediate  
5:35-6:20 Lil Ninjas  
6:00-7:00 Level 1 (5-7)  
6:30-8:00 Xtreme 3

### Tuesday

10:00-11:00 Preschool Open Gym  
4:30-5:15 Lil Ninjas  
4:30-5:30 Ninja Beginner  
4:30-5:30 Hotshots  
4:30-5:30 Level 1 (5-7)  
4:30-5:30 Trampoline & Tumbling  
5:30-6:30 Ninja Intermediate  
5:35-6:20 Lil Ninjas  
5:45-6:30 Preschool  
5:45-6:45 Trampoline & Tumbling  
6:20-7:20 Ninja Beginner  
6:30-7:15 Preschool  
6:30-7:30 Ninja Team  
7:30-8:30 Ninja Team Advanced

### Thursday

4:15-5:00 Parent & Tot  
4:30-6:00 Superstars  
4:30-5:30 Ninja Preteam  
4:30-5:15 Lil Ninjas  
5:15-6:00 Parent & Tot  
5:20-6:20 Ninja Beginner  
5:30-6:15 Preschool  
5:30-6:30 Level 1 (8+)  
5:35-6:35 Ninja Team  
6:00-7:00 Tumbling A  
6:15-7:00 Parent & Tot  
6:30-7:30 Hotshots  
6:30-7:15 Preschool  
6:45-7:45 Ninja Team Adv.  
7:00-8:00 Tumbling B  
7:00-8:00 Tumbling A  
8:00-9:30 Adult Open Gym

### Saturday

9:00-9:45 Lil Ninjas  
9:50-10:50 Ninja Beginner  
10:00-11:00 Level 1  
11:00-11:45 Preschool  
11:00-12:00 Ninja Intermediate

