



## CLASS SCHEDULE

(434) 525-4813

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www.eliteathleticsva.com

### Monday

4:30-5:15 Preschool  
4:30-5:30 Level 1 (5-7)  
4:30-5:30 Level 1 Boys Gymnastics  
5:15-6:00 Lil Ninjas  
5:00-6:00 Ninja Intermediate  
5:30-6:30 Level 1 (8+)  
6:15-7:15 Xtreme 1  
6:15-7:15 Xtreme 2  
6:30-8:00 Level 2

### Wednesday

4:30-5:15 Tumblin' Twos  
4:30-5:15 Preschool  
4:30-5:30 Ninja Beginner  
5:30-6:15 Lil Ninjas  
5:15-6:15 Hotshots  
5:30-6:15 Preschool  
5:30-6:30 Level 1 (5-7)  
5:45-6:45 Ninja Beginner  
6:30-7:30 Tumbling A  
6:30-7:30 Tumbling B/C  
6:30-7:30 Xtreme 1

### Friday

4:30-5:30 Ninja Beginner  
4:30-5:30 Xtreme 2  
5:30-6:30 Ninja Intermediate  
5:45-6:15 Lil Ninjas  
6:00-7:00 Level 1  
6:30-8:00 Xtreme 3

### Tuesday

10:00-11:00 Preschool Open Gym  
11:00-12:00 Homeschool  
4:30-5:30 Hotshots  
4:30-5:30 Level 1 (5-7)  
4:30-5:30 Trampoline & Tumbling  
4:45-5:30 Lil Ninjas  
5:00-6:00 Ninja Beginner  
5:30-6:30 Ninja Intermediate  
5:45-6:15 Tumblin' Twos  
5:45-6:15 Preschool  
5:45-6:45 Trampoline & Tumbling  
6:00-7:30 Gymnastics Preteam  
6:30-7:15 Preschool

### Thursday

4:15-5:00 Parent & Tot  
4:30-5:30 Flip 4 All  
4:30-6:00 Superstars  
5:15-6:00 Tumblin' Twos  
5:30-6:15 Preschool  
6:00-7:30 Gymnastics Preteam  
6:15-7:00 Parent & Tot  
6:30-7:30 Hotshots  
8:00-9:30 Adult Open Gym

### Saturday

9:00-9:45 Tumblin' Twos  
9:00-9:45 Lil Ninjas  
9:00-10:00 Elementary Cheer  
10:00-11:00 Ninja Beginner  
10:00-11:00 Level 1  
11:00-11:45 Preschool

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