

## Intake form

#### **CONFIDENTIAL PATIENT INFORMATION & HISTORY**

This questionnaire was designed to provide important facts regarding your medical history. `Please take the time to answer each question as completely as possible

| First Name: Last N  | Name:         | MI:         |  |  |
|---|---------------|-------------|--|--|
| Address:  |               |             |  |  |
| City/State:   |               |             |  |  |
| Home Phone: ()  |               |             |  |  |
| Email Address:  |               |             |  |  |
| Gender: $\square$ Male / $\square$ Female Date of E                     | Birth:/       | Age:        |  |  |
| Handedness (dominate hand use) ☐ Righ<br>Occupation:                    |               | IS          |  |  |
| Social Security#:   |               |             |  |  |
| Marital Status: ☐ Married ☐ Single ☐ Dive                               | orced 🗆 Widow | Height:     |  |  |
| Emergency Contact Name:   |               | Weight:     |  |  |
| Relationship:   |               |             |  |  |
| Emergency Contact Phone#:   |               |             |  |  |
| **************************************                                  |               |             |  |  |
| If yes, type of accident/injury:   Auto Accident   Slip & Fall   Other: |               |             |  |  |
| **************************  |               |             |  |  |
| Who referred you to our office?   |               |             |  |  |
| Pharmacy:   | Phone #       |             |  |  |
| Primary Care Physician:   | Phone #       |             |  |  |
| Preferred Imaging center:   | Preferred lab | o facility: |  |  |

| □ Neck pain □ Mid back pain □ Low back pain □ Arm pain                                      | □ Neck pain □ Mid back pain □ Low back pain | Reason for today's visit  | Draw your pain or symptom pattern/location |
|---|---|---|--|
| □ Arm or Leg numbness □ Brain Bleed □ Head injury □ Headache □ Hospital Follow up □ Post Op |   | <ul> <li>Neck pain</li> <li>Mid back pain</li> <li>Low back pain</li> <li>Arm pain</li> <li>Leg pain</li> <li>Arm or Leg numbness</li> <li>Brain Bleed</li> <li>Head injury</li> <li>Headache</li> <li>Hospital Follow up</li> <li>Post Op</li> </ul> |  |

#### Previous treatments for current symptom(s)

| Treatment type   | Effe       | ect on symptoms | 5       | Facility/ Frequency/Dates |
|------------------|------------|-----------------|---------|---------------------------|
| Physical Therapy | □ Improved | □ No change     | □ Worse |                           |
| Chiropractor     | □ Improved | □ No change     | □ Worse |                           |
| Medications      | □ Improved | □ No change     | □ Worse |                           |
| Injections       | □ Improved | □ No change     | □ Worse |                           |

#### Do you have any limitations to your activity of daily living (ADL) due to your condition?

| ¬ n                  | 1 1 1. 1 / - 1. | <b>.</b>         | <b> .</b>        |             |       |      |
|----------------------|-----------------|------------------|------------------|-------------|-------|------|
| ☐ Personal hygiene — | nathing/ch      | INWALING C       | rnnming nai      | icara and   | ınraı | rara |
|                      | Datillie/311    | IU W CI III E. E | si oonining, nai | i care, and | uuai  | carc |
|                      |                 |                  |                  |             |       |      |

- ☐ Dressing being able to make appropriate clothing decisions and physically dress and undress oneself.
- ☐ Eating the ability to feed oneself, though not necessarily the capability to prepare food.
- ☐ Maintaining continence being able to mentally and physically use a restroom and self cleaning oneself.
- ☐ Toileting: The ability to get on and off the toilet.
- $\Box$  Transferring/Mobility- being able to stand from a sitting position, as well as get in and out of bed. The ability to walk independently from one location to another.

## **NECK / CERVICAL Related Issues / Pain**

| When did symptoms start?       |   |
|--------------------------------|---|
| Timing of symptoms:            | constant • intermittent • mornings • nights • Other:                                      |
| Current pain level:            | /10 (0= no pain to 10 worse pain imaginable)  |
| Duration of symptoms:          | days • weeks • months • years   |
| Describe pain                  | Dull • achy • constant • burning • numbness • stabbing • pressure • cramping • heavy •    |
| Describe pairi                 | Pins & needles • sharp • Other:   |
| Does pain/symptoms radiate? If | YES • NO Right arm • Left arm • Right leg • left leg• down spine• up spine •to head       |
| so where?                      | Other   |
| What makes symptoms better?    | Rest • Ice • Heat • massage • medications (OTC • pain • narcotic) chiropractic • physical |
| what makes symptoms better?    | therapy • laying down • Other:  |
| What makes symptoms worse?     | Standing • walking • bending • twisting • lying flat • sitting • Other:                   |

## LOW BACK / LUMBAR Related Issues / Pain

| When did symptoms start?                 |  |
|--|--|
| Timing of symptoms:                      | constant • intermittent • mornings • nights • Other:   |
| Current pain level:                      | /10 (0= no pain to 10 worse pain imaginable)   |
| Duration of symptoms:                    | days • weeks • months • years  |
| Describe pain                            | Dull • achy • constant • burning • numbness • stabbing • pressure• cramping • heavy • Pins & needles • sharp • Other:    |
| Does pain/symptoms radiate? If so where? | YES • NO Right leg • left leg • both legs • up spine Other   |
| What makes symptoms better?              | Rest • Ice • Heat • massage • medications (OTC • pain • narcotic) chiropractic • physical therapy • laying down • Other: |
| What makes symptoms worse?               | Standing • walking • bending • twisting • lying flat • sitting • Other:  |

## **OTHER Related Symptoms / Problems**

| Describe Current symptom(s)              |  |
|--|--|
| When did symptoms start?                 |  |
| Timing of symptoms:                      | constant • intermittent • mornings • nights Other:   |
| Current pain level:                      | /10 (0= no pain to 10 worse pain imaginable)   |
| Duration of symptoms:                    | days • weeks • months • years  |
| Describe pain                            | Dull • achy • constant • burning • numbness • stabbing • pressure Pins & needles • sharp • cramping • heavy • Other:     |
| Does pain/symptoms radiate? If so where? | YES • NO (if yes, where?)  |
| What makes symptoms better?              | Rest • Ice • Heat • massage • medications (OTC • pain • narcotic) chiropractic • physical therapy • laying down • Other: |
| What makes symptoms worse?               | Standing • walking • bending • twisting • lying flat • sitting • Other:  |

## **Medical History**

| Past Medical History (current or ongoing med  | ical problems)                                |  |  |
|---|---|--|--|
| $\square$ I have no previous medical problems   |   |  |  |
| $\Box$ High blood pressure $\Box$ heart attack $\Box$ CAD $\Box$ pacemaker $\Box$ heart Stent $\Box$ high cholesterol $\Box$ Heart problems |   |  |  |
| ☐ COPD/ emphysema ☐ sleep apnea ☐ oxygen  | use 🗆 pulmonary embolism 🗆 asthma             |  |  |
| ☐ Diabetes ☐ Thyroid disorder ☐ Osteoporosis  | $\square$ GERD $\square$ reflux $\square$ IBS |  |  |
| $\square$ Frequent urinary infections $\square$ kidney stones $\square$   | prostate problems                             |  |  |
| ☐ DVT ☐ osteoarthritis ☐ rheumatoid arthritis   |   |  |  |
| $\square$ Stroke/CVA/ TIA $\square$ Seizures $\square$ aneurysms $\square$ b  | rain injury □ neuropathy □ multiple sclerosis |  |  |
| □ Cancer: □ lung □ breast □ prostate □ colon □  | lymphoma □ other:                             |  |  |
| $\square$ fibromyalgia $\square$ posttraumatic stress disorder  | (PTSD)  |  |  |
| $\square$ spine/back problems $\square$ previous back or necl   | k injury                                      |  |  |
| Others:   |   |  |  |
|   |   |  |  |
|   |   |  |  |
|   |   |  |  |
| Past Surgical History or ☐ No previous surg   |   |  |  |
| ☐ Appendix ☐ tonsils & adenoids ☐ Gallbla   |   |  |  |
| ☐ Knee replacement ☐ Brain surgery ☐ Hyster   | rectomy 🗆 Tubal Ligation                      |  |  |
| problems with anesthesia  |   |  |  |
| □ Neck or Back surgery Type:  |   |  |  |
| Other:  |   |  |  |
| Social History (☐ None of the below)  |   |  |  |
| ☐ Current or previous smoker/tobacco use. Page 1  | cks/day How many years?                       |  |  |
| ☐ Alcohol use: Drinks/day, Drinks/week_   | ·   |  |  |
| ☐ Recreational drugs use ☐ caffeine use   |   |  |  |
| Family History  | Stress level low - medium - mgn               |  |  |
| ☐ Back or Spine problems ☐ Bleeding disorde   | rs □ Heart Disease □Diahetes                  |  |  |
| ☐ Aneurysms ☐ Stroke/TIA ☐ Cancers  | 13 Hiteart Discuse Ediabetes                  |  |  |
| Father ageage if passed? Moth   | er age: age if nassed away                    |  |  |
| Other:  | age ii passea away                            |  |  |
| o the r   |   |  |  |
| Allergies: (please list)  | Please list reaction                          |  |  |
| ☐ No Known Drug Allergies   |   |  |  |
|   |   |  |  |
|   |   |  |  |
|   |   |  |  |
|   |   |  |  |
|   |   |  |  |
|   |   |  |  |

| Current Medications:  Please list ALL medications you currently take. Please include ANY vitamins, herbal supplements, over-the-counter medications as well as pain medications, muscle relaxers If you do not take any medications, please write "none". |  |  |  |
|---|--|--|--|
| $\square$ No changes from previous visit  |  |  |  |
|   |  |  |  |
|   |  |  |  |
|   |  |  |  |
|   |  |  |  |
|   |  |  |  |
|   |  |  |  |
|   |  |  |  |
|   |  |  |  |

| Review of Systems (please circle any current or ongoing problems listed below) |  |  |
|--|--|--|
| Constitutional   | Fevers*chills*weight loss*weight gain*fatigue*nights sweats  |  |
| Eyes   | Vision loss • double vision • blurred vision • glaucoma • cataracts • glasses  |  |
| ENT  | Hearing loss+ hearing aids + runny nose+hoarseness of the voice+swallowing problems  |  |
| Cardiovascular   | Chest pain irregular heart beat cardiovascular disorder swelling of the legs   |  |
| Respiratory  | Shortness of breath+ cough+ oxygen use   |  |
| Gastrointestinal   | Heartburn • abdominal pain • nausea • vomiting • dark or bloody in stool diarrhea • constipation • incontinence of stool                                   |  |
| Genitourinary  | Painful or burning urination • blood in urine • difficulty starting or stopping urination • urinary retention • incontinence of urine •increased frequency |  |
| Hematology   | Bleeds easy • Blood clots swollen glands or lymph nodes  |  |
| Endocrinology  | Heat intolerance • cold intolerance • excessive thirst • excessive hunger  |  |
| Neurological   | Headaches* problems walking* balance problems* loss of consciousness * muscle weakness* extremity numbness/tingling * tremors                              |  |
| Musculoskeletal  | Neck pain • thoracic pain • low back pain • extremity pain • decreased range of motion of joint(s) Joint swelling  |  |
| Skin   | Rash • non-healing sores • skin growth   |  |
| Reproductive   | Erectile dysfunction • decreased sexual drive• menopause   |  |
| Psychiatric  | Memory loss • depression • anxiety • post-traumatic stress disorder • restless sleep   |  |

## \*\*\*\*\*\*ACCIDENT RELATED INFORMATION\*\*\*\*\*\*

| Was your injury a result of:                           | ☐ Auto Accident ☐ Slip &                      | Fall 🗆 Other: |  |
|--|---|---------------|--|
| Accident Date:   | If Auto, amount of damage to your vehicle: \$ |               |  |
| Please describe how this accident happe                | ened:   |               |  |
|  |   |               |  |
|  |   |               |  |
| Vous Current Symptoms?                                 |   |               |  |
| Your Current Symptoms?                                 |   |               |  |
|  |   |               |  |
|  |   |               |  |
| Name of doctor(s) currently treating                   |   |               |  |
| you for this injury?                                   |   |               |  |
| Have you ever been treated for any previous accidents? | ☐ Yes ☐ No When?:_                            | <del></del>   |  |
|  | Physical Therapy                              | □ Yes □ No    |  |
|  | Chiropractic Treatment                        | ☐ Yes ☐ No    |  |
| Have you had any of the following                      | Traction                                      | ☐ Yes ☐ No    |  |
| treatments for your current injury?                    | E-Stim/TENS Treatment                         | ☐ Yes ☐ No    |  |
|  | Trigger Point Injections                      | ☐ Yes ☐ No    |  |
|  | Epidural Steroid Injections                   | ☐ Yes ☐ No    |  |
|  | Medications                                   | ☐ Yes ☐ No    |  |
| Do you have an attorney? ☐ Yes ☐ No                    | Attorney/Firm Name:                           |               |  |
| Contact person at firm & phone #                       | _   |               |  |



# MEDICAL RECORDS RELEASE FORM Patient: DOB: By signing this form, I authorize you to release confidential health information about me, by releasing a copy of my medical records, or a summary or narrative of my protected health information, to the physician / person / facility/ entity listed below: The information you may release subject to this signed release form is as follows: ☐ Complete Records ☐ History and physical ☐ Progress Notes ☐ Care Plan ☐ Operative Reports ☐ Treatment record ☐ Medication record ☐ Hospital Reports ☐ Other (specify) Release my protected health information to the following physician, person, facility, entity and/or those directly associated with my medical care: Name: Address:\_\_\_\_\_ City, State, Zip:\_\_\_\_\_ The purpose/reason for this release of information is as follows:

#### NeuroSpine

Signature of Patient or Personal Representative

Date

Signature

Patient Name