



Nazeing Pre-School, c/o Nazeing Primary School, Hyde Mead, Nazeing. EN9 2HS

Sun Safety Policy

Safeguarding and Welfare Requirement: Safety and Suitability of Premises, Environment and Equipment

Providers must take reasonable steps to ensure the safety of children, staff and others on the premises.

Health

The provider must promote the good health of children attending the setting.

Policy Statement

At Nazeing Pre-School we want children to enjoy the sun safely. We are committed to providing information and education about the risk posed by over exposure to the sun. We will work together with parents to achieve this by keeping children protected and educated about the dangers and risks of the sun.

Implementation of Policy

Education and Information

- All staff will talk to the children in group times and story times in the spring and summer term to make them aware of the importance of protection from over exposure to the sun's rays.
- Parents will be informed of the Sun Safety Policy through email, newsletters and Tapestry during the Spring Term.
- Parents will be advised how they can help us protect their children from over exposure to the sun's rays whilst they are at Pre-School.
- During the summer months we are aware that children are at a higher risk of sun burn as the sun is at its strongest. We will ensure that sun screen is available for all children attending getting permission from parents during the children's settle sessions.

'Sun Safe' Checklist:

- All parents of children who attend Nazeing Pre-School will be required to complete the Parental Consent form in order for staff to apply sunscreen during the day.
- All children should have a high factor sunscreen applied before coming to Pre-School (minimum factor 30), in the case of allergies, they should wear long sleeved clothing and have legs covered. Staff will re-apply sunscreen throughout the day.
- For any child who has an allergy to a sunscreen product, parents need to provide a suitable sunscreen (at least factor 30), which must be clearly labelled.
- All children are required to bring and must wear a sun hat whilst playing outside. (Spare hats will be kept at Pre-School).
- All children will wear suitable clothing i.e. shoulders and upper arms covered, for example by a t-shirt.

- Children must wear appropriate shoes, which are correctly fitting and allow safe running, jumping, climbing etc. Shoes with toe posts, flip flops and croc style shoes are not suitable as they pose a health and safety risk.
- Children will have access to fresh water throughout each day.

Outdoor Safety

Staff will amend plans and activities as necessary to ensure that children can play in shaded areas of the garden and do not have over exposure to the sun. These areas include:

Rainbow Garden

- Large trees
- Selection of tents and shelters for the children to use in their play

Pre-School Front Garden

- Marque to be put up over the Easter break (or earlier if required)

Outdoor Activities

Activities will be planned to ensure that children do not get overheated:

- Dens for reading or playing quietly
- Water trays will be placed in shady areas.
- Children who are getting over-heated or who have spent a lot of time outside will be encouraged to play quietly indoors.

Staff

Staff should ensure that they set an appropriate example of dress and sun safety. This includes:

- Appropriate clothing; shoulders covered, appropriate necklines, footwear and sun hat.
- It is wise to drink plenty of water when the weather is hot.

This policy was adopted by	Nazeing Pre-School	<i>(name of provider)</i>
On	<u>27th September 2024</u>	<i>(date)</i>
Date to be reviewed	<u>September 2025</u>	<i>(date)</i>
Signed on behalf of the provider	<u>Nicky Mainwaring</u>	
Job role	<u>Nazeing Pre-school Manager</u>	