



## ABOUT ANDRES BLANDON

Andres Blandon is a decorated U.S. Army Combat Veteran, accomplished IT Leader, and impactful Professional Speaker, holding both a bachelor's and master's degree in Information Technology. With a career spanning over two decades, Andres has served in key roles supporting national government agencies and top-tier academic institutions, driving innovation and operational excellence across mission-critical environments.

Born and raised in Miami, Florida by a Hispanic single mother lacking formal education, Andres faced significant adversity from an early age. These life challenges—including trauma, instability, and a lack of resources—became the foundation of his lifelong pursuit of personal growth, resilience, and breakthrough performance.

Determined to rise above circumstance, Andres dedicated over 20 years to studying Executive Athletes, elite performers, and top leaders across various industries. His search led to the development of transformative strategies designed to help professionals and students overcome limitations, conquer burnout, recover from trauma, and eliminate procrastination.

Today, Andres delivers powerful keynote talks that blend lived experience, practical insights, and performance psychology. His signature message challenges audiences to reframe their struggles and step into their potential—not just as a possibility, but as a destiny.

## PROFESSIONAL DEVELOPMENT TOPICS

- Effective strategies for success
- Moving past limitations or trauma
- Facing adversity and embracing change
- Overcoming burnout and procrastination
- Achieving high performance in uncertain times

## TO BOOK ANDRES

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