



Mensah Research Institute

Evolved Medicine for 21st Century Physicians

2019 Half-Day Conference & Banquet



**Wednesday, September 25, 2019
Seven Bridges Golf Club
Woodridge, Illinois**

Mensah Research Institute
would like to extend a special thanks to our
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DHA LABORATORY

Thank you for joining us today...

Welcome to the inaugural Mensah Research Institute conference and banquet, what we hope will be the first of many opportunities to bring people together to share and discuss the power and importance of natural healing methods, the development and emergence of new and exciting treatment protocols, and the importance of collaborating and bringing multiple disciplines together in developing effective support for mind, body and spirit.

Today's event actually started as a golf outing fundraiser, an opportunity to generate some start-up resources for the Mensah Research Institute so that we might develop research studies and other programs that explore, validate and promote nutrient therapy and other, non-pharmaceutical approaches to brain and body health. However, the more we talked to our patients and our colleagues, we found that there was much more interest in bringing people together, not for a social gathering on the golf course but rather to talk about the important issues facing the mental health and the natural healing communities. Thus, this conference has been convened to do just that - to begin what we hope will be an ongoing conversation about biochemical balance and mind/body health.

I want to extend a special thanks to all the people and businesses who have helped make this event possible, including our Platinum Event Sponsor DHA Labs, our other event sponsor Pure Compounding Pharmacy, the several team members at Mensah Medical, Mike Tait of SMT Events, Geoff Clam and the other great people here at Seven Bridges Golf Club, the generous businesses and individuals who donated prizes for our raffle and silent auction, and so many more that I don't have time or space to recognize here. I also want to thank our resource partners who are here today to share information with you about their incredible programs and other opportunities for collaboration, including AutismOne, Journey's Dream, and the Walsh Research Institute. Be sure to stop by their tables today and see what they can provide for you, and how you might collaborate with them.

Most importantly, thank you for being here today, and participating in our important conversation. I hope you leave today's conference with new information, new contacts, and renewed energy for the pursuit and promotion of mental health and holistic, natural healing.

DJ Wells
Executive Director
Mensah Research Institute



Conference Program

Welcome & Introductions

Mr. DJ Wells <i>Executive Director: Mensah Research Institute</i>	1:00 - 1:10
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OurSpeakers

Ms. Deb Sheesley Tokarz <i>Author: "I Cu Copper"</i>	1:10 - 1:30
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Dr. Judith Bowman <i>Physician & Co-Founder: Mensah Medical & Mensah Research Institute</i>	1:30 - 1:55
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Dr. Jamie Lynn Juarez <i>Author & Founder: Hope for Autism</i>	2:00 - 2:45
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Ms. Maryam Tafreshi <i>International Psychology Scholar</i>	2:45 - 3:10
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Dr. William Walsh <i>Nutrient Therapy Pioneer & Author: "Nutrient Power"</i>	3:15 - 4:15
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Dr. Albert Mensah <i>Physician, Co-Founder & President: Mensah Medical & Mensah Research Institute</i>	4:30 - 5:00
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Q&A Panel	5:00 - 5:30
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Banquet, Raffle, and Silent Auction	5:30 - 7:00
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Welcome to a conversation about the future, today...

We established the Mensah Research Institute to conduct, support, and present research efforts that provide scientific evidence of the efficacy of targeted nutrient therapy and other natural approaches to improving brain function, and to enhancing and optimizing mind/body health and balance. Despite the fact that nutrient therapy is still considered “alternative medicine,” thousands of patients each year are successfully treated using targeted nutrient therapy, an all-natural, non-pharmaceutical approach to addressing the imbalances that lead to mental and psychological conditions such as ADD/ADHD, Autism, Anxiety, Depression, Bipolar Disorder, Eating Disorders, Schizophrenia, Alzheimer’s Disease, and several others. Additionally, cutting edge, neurological treatments aimed at optimizing brain and body function are being evaluated by the doctors and researchers at MRI. These treatments target neurological concerns that include Dyslexia, Dyspraxia, Parkinson’s Disease, Visual and Auditory Tracking Disorders, and many others. MRI seeks to provide and present the evidence that moves these effective treatment techniques into the mainstream of medical practice.

Additionally, the researchers at MRI work to expand the boundaries of nutrient therapy beyond the treatment of cognitive/brain disorders, with the hope of identifying natural pathways to eradicating breast cancer and other cancers, autoimmune diseases, and several other body disorders. Our goal at the Mensah Research Institute is to explore, and eventually treat, the total human condition.

Your participation in today’s conference provides you with an opportunity to be part of, or at the very least listen in on, our important discussions about the future of medicine. The speakers that are here today are thought leaders and pioneers in the treatment and support of those facing cognitive challenges, and their past contributions coupled with their present-day insight should be an inspiration to us all as we work to advance medicine and explore cutting-edge modalities that reflect nature and biochemical balance. We invite you to be part of this important discussion. At Mensah Research Institute, we can clearly see that the future is exciting, the future is full of potential, and the future IS today! Hopefully, after today’s conference, you will see it too.

Albert H. Mensah, MD
President
Mensah Research Institute



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